



Summer 2006

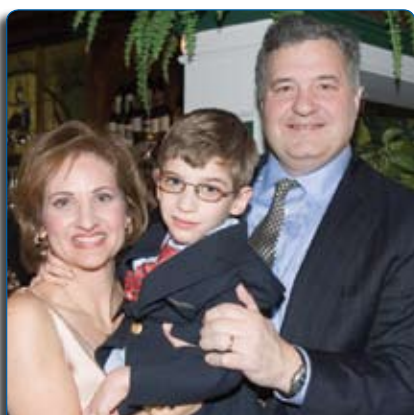
KINESIOLOGY
studying movement

Kinesiology

is

—movement

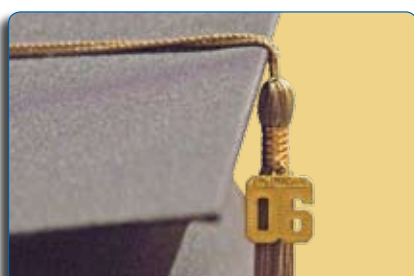
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Energy, Progress, Positive Change.

In all its definitions, the word movement describes the dynamic state of kinesiology today. Movement encompasses the scientific study of human motion, the importance of activity on growth and development, the role of sport in society, the exploration of new directions, and emerging trends. **movement** brings you research findings and thoughtful insights on developments in kinesiology, as well as continuing updates on faculty, students, and your fellow alumni.

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Dr. Beverly D. Ulrich, Professor and Dean
Jim McIntyre, Director of Development, Editor
Shelly Kovacs, Director of Alumni Relations
and Director of Student Services
Pat Materka, Contributing Writer
Ken Arbogast-Wilson, Designer
Editorial Assistant, Kristen Evans
Observatory Lodge Photography, Jean Hunt

Division of Kinesiology Office
(734) 764-4472
Development Office
(734) 615-4272
Office of Alumni Relations
(734) 647-2696
U-M Alumni Association
(734) 764-0384
<http://www.kines.umich.edu/>

movement

ment

Welcome to this edition of *Movement* magazine.

Every alumnus should take time to return to campus at least once for the Kinesiology Commencement Exercises. As you will see in this issue's feature on this wonderful event; our students, their families, and friends joined in the revelry of this great academic tradition. We as faculty, appreciate this celebration because it helps all of us on campus reaffirm our mission as educators and scientists. This year, 188 undergraduates were conferred bachelor degrees in movement science, physical education, athletic training, and sport management. Some of these students earned dual degrees or were double majors. A few returned for second degrees. Seven master's students from Minnesota, New York, California, and Michigan earned degrees in sport management or movement science. We also conferred doctoral degrees on *Simon Schenk* and *Sandra McKay*.



Simon is from Brisbane, Queensland, Australia where he received a bachelor's degree in applied science, human movement studies. He earned his master's degree from the University of Texas at Austin in exercise physiology. Since coming to U-M in 2002, he has worked with *Dr. Jeff Horowitz* in the Substrate Metabolism Laboratory. This spring he received the prestigious 2006 National Research Student Award from the American College of Sports Medicine (ACSM) and the 2006 Student Research Award from the Nutrition Interest Group of the ACSM. Since graduation, he has accepted a post-doctoral fellowship in Endocrinology and Metabolism in the School of Medicine, University of California-San Diego. He will be working with *Dr. Jerrold Olefsky* on studying the role inflammation plays in the etiology of insulin resistance in obesity.

A native of Perth, Ontario, Sandra came to U-M Kinesiology to study under *Rosa Angulo-Barroso* in the Center for Motor Behavior and Pediatric Disabilities. She has returned to Toronto as a post doctoral research fellow at the Centre for Studies in Aging (CSiA), a research group housed within the Sunnybrook Health Sciences Centre, affiliated with the University of Toronto. As a member of the balance and mobility team at CSiA, Sandra's primary focus has been the control of postural balance and movement, as it pertains to the changes that occur in older adults and the increased risk of falling that is associated with aging. She is working under the direction of *Dr. Brian Maki*. Their research has been aimed primarily at understanding the specific nature of age-related balance impairment; specifically, investigating the role of visual attention and gaze behavior in the control of balance-recovery reactions in older adults.

As we see this generation of graduates move on, we also are anticipating with equal enthusiasm in welcoming the Class of 2010 and the new cohorts of master's degree students and doctoral candidates. We like to think they are among the best young scholars in the world of movement science and sport management.

Our desire is to attract more outstanding students to become *the leaders and best*. The competition continues to become more intense as Kinesiology evolves as a scientific discipline. Graduate and undergraduate financial assistance is the difference in ensuring the margin of excellence between us and other institutions. We want to be able to ensure that the most highly qualified students will attend the University of Michigan and once here, they receive the best education possible. We expect to meet that challenge by working closely with the Kinesiology Alumni Society Board to offer students highly-valued internships throughout the country and offer a wide-range of study abroad opportunities for all.

Kinesiology continues toward its goal to be *the leaders and best* in the study of movement while changing lives of people in society. We join in celebrating the accomplishments of the Class of 2006 and look forward to preparing future scholars who will help shape the study of movement and shaping lives for decades to come. I encourage you to return to campus before long to share in another commencement exercise, that of the newest edition of your fellow Kinesiology alumni. We are confident you will join their families and friends in reveling in the celebration of scholarly achievements of this part of our future generation of *leaders and the best*.

With best wishes for a happy, healthy, and active summer.

Beverly D. Ulrich

Beverly D. Ulrich
Professor and Dean

Surprise Birthday Gift is New Hope for Disabled

Jo Mathis, Ann Arbor News, Tuesday, February 21, 2006

Mike and Diane Leoni were expecting a quiet birthday dinner with a couple friends when they walked into the West End Grill the other night. Instead, the restaurant was filled with 90 friends and relatives who had come to celebrate Mike's 48th birthday. And not in a small way. Rather than neckties or tie clips or yet another Michigan sweatshirt, the group took up a collection. To the oh-so-lovely tune of \$150,000.

The money will be used to establish an endowment in honor of the Leonis' six-year-old son, Nick. The annual income from the Nicholas Leoni Research Endowment will be used to provide seed funding to researchers in the University of Michigan's division of kinesiology to launch new motor behavior studies for people with physical disabilities.

'A big, big heart'

"Mike has a big, big heart and does a lot for a lot of people," said **Tim Patton**, one of the friends who arranged the evening. "We thought it was time to do something for him." Football fans may remember Mike Leoni as an offensive tackle for the University of Michigan Wolverines from 1976 to 1979. For the past 20 or so years, the Superior Township resident has worked on many fundraising projects in Washtenaw County, including Special Olympics, St. Francis of Assisi Catholic School and Church, U-M, and its kinesiology division.

Special Delivery

Nearly seven years ago, long after her husband became involved in Special Olympics, Diane Leoni gave birth to twins. One has cerebral palsy.

As difficult as the news was at the time, the Leonis say Nick has brought a lot of joy to the family, including his twin sister, Olivia, and brothers Dominic, 13, and John, 11.

"Children with special needs constantly give you the gift of themselves," said Diane. "It keeps us very humbled and very grounded. Not only will we be affected forever and look at lives differently, but my children's lives will be affected hopefully in a good way, that it'll help them be better people."

"Nick is not an issue, or a problem," said her husband, who owns a trucking company. "He's an asset."

A Surprise Entrance

When the couple left the house that night, Nick was in his pajamas in his baby sitter's care. As yet another surprise, he walked into the restaurant all dressed up in a suit and tie, leaning on his little walker, as **Anita Bohn** sang "You'll Never Walk Alone."

"Walk on through the rain," she sang. "Though your dreams be tossed and blown. Walk on, walk on with hope in your heart."

"I just broke down and cried," said Mike. "I've never felt so emotionally connected with my son."



Top: **Diane and Mike Leoni** hold son **Nick** after his surprise entrance to the surprise party.

Above: **Mike Leoni** is truly caught by surprise when he entered Ann Arbor's West End Grill.

Right: **Mike Leoni** with his son, **Nick**.





Left: The Leoni family with the dinner planning committee, from left: **Tim Patton**, **Tim Wadhams** (AB '70, MBA '73), **Joanne Leoni**, **Bill Dufek** (BSED '79), Mike, Diane, Nick, and Bill Leoni.

Below: **Bev Ulrich** and **Shelly Kovacs** visit with Angie and **Rick Leach**.

"There wasn't a dry eye there," said Mike's good friend and former teammate, **Bill Dufek**.

The evening was a tribute to the Leonis' commitment to parenting, said Bohn, the music director of St. Mary's Student Parish and a family friend.

"It was probably the best thing you could have done for Mike and Diane, to honor their son," said Bohn, who also sang "The Wind Beneath My Wings" to Diane.

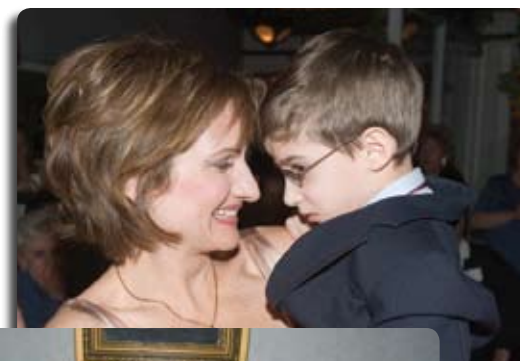
Dufek attends a lot of fundraisers, but said the surprise party was one of the best.

While much focus is paid to curing or preventing disabilities, this new endowment will support research to identify new therapies to improve the quality of life for people with disabilities.

Beverly Ulrich, dean of U-M's Division of Kinesiology, who presented the Leonis with the check that night, said this kind of research can lead to new ways in which physicians, occupational therapists and physical therapists treat people with disabilities.

"The thing that was so incredible about that evening," said Diane, "is that there was such an overflow of love."

"I don't think we'll ever forget it."



Diane Leoni with **Nick**.



Dinner guests **John and Mary Cueter** with **Doug and Kristine Busch**.

"We Can Get Important Things Done"

Donor Support is Vital to Kinesiology Research Initiatives

The Leoni Research Endowment is just one of several Kinesiology research areas supported by donors. Other examples include:

Associate Professor **Susan Brown**, Kinesiology's associate dean of research and director of its Motor Control Laboratory, and **Dr. Edward Hurvitz**, U-M associate professor and chair of the Department of Physical Medicine and Rehabilitation UMMS, recently received a three-year, \$500,000 grant from the Department of Education National Institute on Disability and Rehabilitation Research to support their innovative Upper Limb Training and Assessment (ULTrA) Program to better understand and treat motor deficits in adults with hemiplegic (upper limb) cerebral palsy. The 10-week, home-based training and assessment initiative is linked via Internet to researcher/therapists in Brown's laboratory. ULTrA addresses the issue of aging with disability and provides adults with CP specialized therapeutic techniques. Often considered a non-progressive condition, CP can continue to cause a decline in motor skills long after childhood. Brown credits modest gifts from early individual donors with providing the foundation for the ULTrA NIDRP grant, one of just 29 awarded nationally.

Dan Ferris, an assistant professor of both Movement Science in Kinesiology and Biomedical Engineering, worked with the U-M Orthotics and Prosthetics Center to create a pneumatically powered lower-limb robotic brace, a prototype training device to help people suffering from strokes or spinal cord injuries draw their own muscles back into service during gait rehabilitation. Supported through a recently concluded two-year, \$150,000 Christopher Reeve Foundation Grant, research with the devices demonstrates that patients do not become so overly reliant on the mechanized support that they become unable to recruit and reactivate the muscles needed to walk. The study, Ferris said, supports the production of this advanced therapy tool for widespread application.

Starting in the mid-1980s, Ann Arbor donor **Richard Sarns** began to aid the work of Movement Science Professor **Dee Edington**, a specialist in employee wellness to maximize productivity and temper spiraling healthcare costs. "It was Richard Sarns who provided the seed," Edington said. "Without his early support, this never would have grown." Edington's Health Management Research Center promotes consumer lifestyle awareness, encouraging people to make better decisions about what they eat and to get more exercise. "Health is free," he said. "It's our intent to encourage businesses...to control healthcare costs." The stakes are high, and failure to keep employees healthy will result in increased insurance costs, elimination of employee healthcare coverage, lower productivity, or the transfer of jobs overseas. Today, Edington's work is backed with a \$1 million grant from the Centers for Disease Control and Prevention and \$3.4 million from 19 corporate sponsors, including General Motors Corp., Progressive Insurance Co., JPMorgan Chase and Delphi.

Friends of Diane and Mike Leoni

Pay to the Order of Nicholas Leoni Research Endowment
One Hundred Fifty Thousand Dollars & 00/100



U-M Kinesiology
401 Washtenaw Avenue
Ann Arbor, MI 48109-2214

*Mike Leoni credits many friends for the success of the Nicholas Leoni Research Endowment's fundraising effort. Of special note are organizers **Tim Wadhams** (AB '70, MBA '73), former Wolverine teammate **William F. Dufek** (BSED, CERTT EDUC, '79), both of Ann Arbor, and Saline, Michigan's **Timothy Patton**. Their generosity, Leoni said, provides an essential base for Kinesiology's overall research initiatives.*

"There are a lot of people out there showing that we can get important things done. But there is a lot more work to do, and we can all help."

Excerpted from article
in *Leaders & Best* magazine
by Paul Gargaro.

Kinesiology Internship Opportunities Expanding with Alumni Assistance

Over the last two decades, organizations have increasingly relied on giving young people a chance to prove themselves as potential employees through short term internships. This has never been more evident than with professional sports organizations and the entertainment industry.

Working in partnership with alumni and friends of the University of Michigan, U-M Kinesiology is increase career opportunities for sport management and movement science graduates by expanding the Kinesiology Internship Placement Program (KIPP). In launching the Sport Industry Internship Initiative, the Kinesiology Internship Placement Program will seek 40 internship opportunities with some of the nation's most important and progressive organizations in sport business today.

The Sport Industry Internship Initiative provides potential employers the opportunity to strategically invest time and effort in identifying outstanding young professionals by seeing them at work firsthand before offering them a career position.

Kinesiology alumni across the country have already been involved in assisting sport management and movement science students through the annual Career Network hosted by the Office of Student Services each fall and by being guest career lecturers throughout the academic year. Alumni are being asked to become involved in this initiative by becoming involved in one of the following teams:

Sport Industry Internship Initiative Advisory Board—Advisory board members will provide Sport Management faculty and staff on the future direction of the sport management profession and the sports and entertainment industry. They will assist in recruiting organizations through the Sport Industry Corporate Partners program.

Sport Industry Recruitment and Placement Team—These team members are involved in helping sports organizations learn more about U-M sport management undergraduates, how firms can benefit by placing internships within the organizations.

Community Support Network Team—These team members assist Kinesiology interns in getting established in the community, i.e., housing, transportation, and connections.

Sport Industry Corporate Partners—Sport Industry Corporate Partners are organizations that contribute \$5,000 annually for each sport marketing intern placed with their organization. The intern receives \$4,000 as a stipend to cover internship expenses. The balance is used to support expansion of the Sport Industry Internship Initiative. This includes an annual conference related to the sport industry and careers in sport management.

Many Changes in Store for the 2006 Kinesiology Homecoming

Returning to campus for Homecoming will be rewarding as well as memorable for Kinesiology alumni as a result of changes in the Kinesiology Alumni Reunion Weekend schedule.

For alumni who can only get to campus the day of the U-M versus Northwestern football game, Saturday, October 28, the Kinesiology Alumni Society, in partnership with the U-M Alumni Association will co-host the 2006 Go Blue Tailgate.

The Go Blue Tailgate features a pre-game buffet including hamburgers, hot dogs, barbecue chicken and a delicious assortment of salads. For the early arrivals, there also will be breakfast fare including french toast sticks, eggs, fresh fruit, and a coffee bar serving cappuccinos, lattes, and espresso!

The pre-game party includes the Men's Glee Club. The Michigan Dance Team, the Michigan Marching Band and cheerleaders will once again lead us in a rousing chorus of "The Victors" before heading off to the Big House.

Tailgate tickets are only \$15 and available through the U-M Alumni Association: http://alumni.umich.edu/events/homecoming_tailgate.php

A limited number of U-M versus Northwestern tickets have been reserved for Kinesiology Alumni. To purchase tickets, contact the U-M Athletic Department Ticket Office: (734) 764-0247 or (866) 296-6849.

NEW

Kinesiology Alumni Society Board Members

Jessica C. Berman

Jessica graduated from the University of Michigan with a BA in Sport Management 1999. In 2002, she graduated from Fordham University's School of Law. For three years she practiced labor and employment law at Proskauer Rose LLP. She is currently a director at Smythe, Master-son & Judd. Jessica is a member of the Alumni Association of Fordham Law School and continues to be active in New York City Bar Association activities. She currently resides in New York City with her husband Brad. She enjoys hiking, watching sports, and traveling.

Robert Haddad

Robert graduated from the University of Michigan with a BA in Sport Management in 1998. Since then, he has worked with the NBA and now works for MLB Productions as a producer. Last year he produced "Maximum MLB," which aired on Spike TV. Two of his works have also been submitted for Emmy nominations. One of Robert's hobbies is to travel, which he gets to do a lot of due to his job. Robert currently lives in Jersey City, NJ. He continues to be a strong supporter of U-M football and likes to get back to Michigan at least four times a year.

1950s

Paul Lepley, (BS '55, Phys. Ed.), retired as Professor of Health, Sport & Leisure Studies, from Northeastern University, Boston, MA in 1996.

Liga (Zirnitis) Ruperts, (BS '55 Phys. Ed., AM '57 Ed., Ph.D '73 Ed.), is working part-time as a therapist through Ionia County, MI Dept. Human Services, Children's Protective Service. She spends her summers in Latvia conducting seminars for professionals whose work involves families.

1960s

Ben Abramson, (BSED '60, Educ., AM '62, Phys. Ed.), retired in 2004 after 34 years of coaching and teaching. He now plays tennis six days a week in sunny Boynton Beach FL. He follows the Wolverines in all sports. With six children, two of them living in Florida, he keeps busy and hopes to get to Ann Arbor to see the football team play this fall.

Cecil Norde Jr., (BS '66, Phys. Ed.), has worked with the Detroit Public Schools system since 1966 and is currently the Principal at Crosman Alternative High School where he has been since 2001. He also is an adjunct mathematics teacher at Oakland Community College since 1982.

David Jacobs, (BSED '69, Phys. Ed.), lives in Big Canoe, GA with his wife Jacque and has three children, Jon, David, and Meghan. He is a senior account executive for the Hartford Life Insurance Co. in its Group Benefits Division. He and his wife enjoy their jobs. They love to travel, golf, hike, and fish.

1970s

Solomon Espie, (BS '70, Phys. Ed.), is the physical education instructor at Lisbon Elementary School in Dallas, TX and Director of the Lisbon Elementary School "Character Counts" Dance Company. He also serves as President of The Dance Council of North Texas. During the summers, he teaches Creative Movement at "Camp Thunderbird," an enrichment program for special needs children.

Craig Wrisberg, (AM '73, Education, Ph.D. '74) Education, completes his term as President of the Association for the Advancement of Applied Sport Psychology (AAASP) in September of 2006. One of his previous studies has been recognized and will be published along with only 22 others in the upcoming edited volume of "Key Studies in Sport and Exercise Psychology" (McGraw-Hill).

Mary Betz, (BSED '79, Phys. Ed.), recently celebrated her 20th anniversary with PNC Bank where she is Assistant Vice President and relationship manager for the Private Client Group in Princeton, NJ. Her oldest son Matthew is a junior at Miami University, Oxford, OH and her youngest son is a freshman in high school.

Judith Bischoff, (Ph.D. '79, Phys. Ed.), is retired living in Green Valley, AZ and plays golf year round. She also spends four months a year at Priest Lake, ID.

1980s

Sheila (Doran) Calhoun, (BS '81, Phys. Ed.), has been with Pfizer in Ann Arbor for 15 years and now is the Associate Director of Amenities.

Peg (Fisher) Tewksbury, (BS '86, Kin., MS '88 Phys. Ed.), after working in the fitness field for 10 years, has dedicated her time to being a full-time mom. She is returning to the profession since being certified by ACE as a lifestyle and weight management consultant.

1990s

W. Todd Plate, (AB '90, Sport Mgt.), is product manager for Ryerson Corporation, Chicago and preparing to enter the executive MBA program at either the University of Chicago or Northwestern University, Evanston, IL.

Heather (Chrisman) Douglass, (BS '91, Kin., BSN '96), currently is with the U-M Hospital as an RN in the cardiothoracic vascular unit, where she has been for four years. She spent a year and a half building a house with her husband Mike.

Shawn Johnston, (BS '91, Kin.), is one of four physician owners of the Alaska Spine Institute, Anchorage, AK. He has two children with wife Laura and spends his spare time with outdoor activities.

Becky Richardson, (BS '91, Kin.), joined the pharmaceutical sales team at Gilead Science, San Diego, CA in 2005. It is a biotech company that produces treatments for HIV and hepatitis B. She and her partner of 11 years, Patty, had twin daughters in 2003. Shea and Ally turned three years old in July.

Michael Hoehn, (BS '92, Mov. Sci., MS '96, Kin.), is Director of Cardiopulmonary Rehabilitation at Mary Rutan Hospital, Bellefontaine, Ohio. He also is Coordinator of Employee Health and Wellness at the Hospital where he has worked since finishing his MS in '96. He has been married for five years and has one child with another due in August.

Marc Jacobson, (AB '92, Sport Mgt.), has been Senior Vice-President of Investments, UBS Financial Services, St. Petersburg, FL for 10 years. He also serves as Vice-Chairman, Board of Directors for All Children's Hospital Foundation. He and his wife Lisa have two boys, ages 7 and 3.

Amy Longcore, (BS '92, Mov. Sci., MS '94 Nutr. Sci.), is a clinical scientist with Pfizer, Cardiovascular Drug Department, Ann Arbor. She and her husband Dr. Jim Pribble keep busy with their two children.

John Woodlock, (AB '92, Sport Mgt.), lives in White Lake, MI with his wife Lynne. Their first baby is on the way and is due in August. He works for The Hantz Group, Southfield, MI as an employee benefits specialist.

Andrew Brandner, (AB '93, Sport Mgt.), is moving to Northbrook, IL with his wife.

Steve Miller, (AB '94, Sport Mgt.), has been promoted to Assistant General Manager of DeVos Place in Grand Rapids, MI.

Catherine Serrin Niekro, (AB '94, Sport Mgt.), is Vice President, Marketing and Communications for the Alumni Association of the University and Michigan. She and her husband Ron welcomed daughter Mallory in August of 2005.

Jonathon Paley, (AB '95, Sport Mgt.), is in his sixth year with DCODE a New York advertising agency where he currently is Group Director of its Curious Pictures division. He and **Debra**, (AB '96 Comm.), had a son, Justin in March.

James Blake, (AB '96, Sport Mgt.), lives in Houston, Texas where he is Vice President of Private Banking at Encore Bank.

Jacqueline Concaugh-Gruendel, (BS '96, Mov. Sci.), was married in November of 2005, is a physician assistant in the ER and continues to volunteer with the Fire Department in Burke, VA. She also continues to run competitively.

Greg Kowalewski, (AB '96, Sport Mgt.), is Director of Operations, General Sports & Entertainment Meetings & Events, Rochester Hills, MI. He has been married to his wife Tara since 2004 and has a one-year old baby girl named Erin.

Andrew Pudduck, (AB '96 Sport Mgt.), currently is Creative Director, Passage Events, Seattle, WA, and has opened "Coastal," a surf boutique on Alki Beach with his wife Christy.

Andrew Schoelch, (BS '96 Mov. Sci.), has completed dental school and residency in PA, and now works at Professional Endodontics with seven partners in metropolitan Detroit.

Marlon Wright, (AB '97, Sport Mgt.), currently is working for WDIV Local 4, Detroit.

Brad Bertnstein, (AB '98, Kin.), just signed a two-year contract as one of three field producers for the new syndicated show, "Rachel Ray" featuring the Food Network host by the same name. The show will air September 2006.

Anthony Drew, (BS '98 Mov. Sci.), is returning to the University of Michigan with his wife Sarah as a lecturer in Kinesiology.

Anne (Kampfe) Sievers, (AB '98, Sport Mgt., AM '99, Kin.), resides in St. Louis, MO with her husband and 1 ½ year-old daughter Katherine. She currently is the aquatics director at the YMCA, St. Louis.

Michael Tilmann II, (BS '98, Phys. Ed.), is completing his master's degree in counseling while teaching K-12 physical education, running his steelhead fishing guide business, and running two charter boats on the Manistee River. He will host three television shows on fishing in the Bahamas for the Outdoor Channel.

Mark Vann II, (BS '98, Mov. Sci.), after graduating, spent four years at Wayne State University's School of Medicine and currently is doing his residency at Howard University in Washington DC where he lives with his wife whom he married in April of 2004. He plans to return to the University of Michigan for a one-year fellowship in foot & ankle reconstructive orthopedics.

Shavannia Williams, (AB '98, Sport Mgt.), resides in Washington, DC and is the Sponsorship Services Manager at Washington Sports & Entertainment. He is responsible for managing marketing partnerships between clients and the Washington Wizards (NBA), Washington Capitals (NHL), Washington Mystics (WNBA), and the Verizon Center.

Michael Ball, (AB '99, Sport Mgt.), is Vice President/COO, Des Moines Buccaneers, an affiliate of the USHL (USA Hockey's top tier one Junior A league). Previously, he was Director of I.C.E. Arena in Mt. Pleasant, MI, assistant manager of Yost Ice Arena at U-M, and facility & event manager for the University of Detroit-Mercy Athletics.

Alyssa Kant, (BS '99, Mov. Sci.), recently received her doctorate in professional child and school psychology from New York University and works for a school district in Westchester, NY.

Gina Rogers, (AB '99, Sport Mgt.), is a procurement associate for Pfizer Global Research and Development in Ann Arbor. She is happily married to Ronald Rogers and has two children: Jackson and Harrison. They currently reside in Ypsilanti Township, MI and spend most of their free time chasing the children, traveling, and working on charity projects.

Anna Napolitano, (BS '98, Mov. Sci./Ath. Tr.), is a certified athletic trainer for Wyandotte Roosevelt High School. She is returning to college for a teaching certificate for secondary education. Anna has lived in Dearborn Heights, MI for the last three years since purchasing her home. During the summer she runs speed and agility training camps for downriver athletes.

Aaron Noordmans, (BS '99, Mov. Sci.), is a general practice dental resident with the Naval Hospital, Camp Pendleton, CA. He currently resides in Oceanside, CA with his wife.

Antony Scalia, (BS '99, Mov. Sci., MS '02 Kin.), is in his second of three years of Physician Assistant School at the University of Detroit-Mercy.

Shradha Shah, (BS '99, Mov. Sci.), is in her first year of residency for Emergency Medicine at Detroit Receiving Hospital, Wayne State University School of Medicine.

Bridget Sullivan, (BS '99, Mov. Sci.), is Health Enhancement and Membership Manager at the Midland Community Center, Midland, MI where she lives with her two daughters.

ALUMNI ON THE MOVE

Michael Watson, (AB '99, Sport Mgt.), is Athletic Administrator at Rochester High School and is completing his MS in Sports Administration at Ohio University, Athens, OH.

2000s

Mackenzie (Reichbach) Lurie, (BS '00, Mov. Sci.), is a physician assistant in a cardiology office in Flagstaff, AZ, where she lives with her husband and new dog.

Jill (Caputo) Feudi, (BS '01, Mov. Sci.), is the supervisor of youth sports for the Ann Arbor Public Schools. She married Joe Feudi in November of 2005 and enjoys spending time at the lake with her husband and two dogs.

Bakara (Lewis) Robinson, (BS '01, Ath. Tr.), teaches health and physical education at Heskett Middle School, Bedford Heights, OH and has been coaching track and volleyball for four years. She married Marc Robinson in July of 2003 and has a one-year old daughter, Laila.

Robyn Scherr, (BS '01, Mov. Sci.), recently was appointed Assistant Women's Basketball Coach at Portland State University, Portland, OR.

Justin Toman, (BS '01, Mov. Sci., AM '03) Sport Mgt., is completing the final year for his MBA at the Ross School of Business, UM. He has an internship with Pepsi-Cola at its headquarters in Purchase, NY.

Rob and Heidi (Merrill) Bobeda, (BS '02, Phys. Ed. and BS '04 Mov. Sci.), were married, Jan. 2004 and live in San Jose, CA. Rob is a PE teacher and varsity baseball coach at Washington High, Fremont, CA. Heidi teaches PE at Sunnyvale Middle School. Together they are coaches for the San Jose State Cheerleading Team as of 2005-06.

Deitan Dubuc, (AB '02, Sport Mgt.), is a member of the Edmonton Eskimos, which recently won the Grey Cup, the super bowl-equivalent of the Canadian Football League. He resides in Edina, MN with wife Jenna. They are expecting a daughter in September.

Kathleen Haley, (BS '02, Mov. Sci.), recently moved to Charlotte, NC to work as a research associate on the strategic consulting teams for The Lash Group.

Carey Larabee, (AB '02, Sport Mgt.), is a guest services representative for Disney's Wide World of Sports. He also is the Disney Sports Community Projects Manager and helps coordinate sports projects with the United Way and Sports Community Outreach Experience (SCORE) in Central Florida. He was selected to the board of directors for the Center for Independent Living in Central Florida.

Quentin Love, (AB '02, Sport Mgt.), an account executive at Moroch, has recently been working with NBA Entertainment and Attractions. He continues to enjoy life, take risks, and make it happen.

Shawn Truax, (AB '02, Sport Mgt.), was a producer for NFL Films for three years where he won an Emmy Award in 2004 for his work on HBO's "Inside the NFL." In 2005, he joined NASCAR Images in Charlotte, as a senior producer. He has also been nominated for two Emmy Awards, for "NASCAR: Beyond the Wheel" (weekly show category), and for the Dick Schaap Award for Outstanding Writing in Sports Television for "NASCAR Championship Chase." He and his wife Sandra now have three kids: eight-year old daughter Brittany, three-year old son Carson, and Cody, who is now two.

Robyn Katz, (BS '03, Mov. Sci.), is a sixth grade science teacher in Austin, TX. She received her Masters in Sports Management from the University of Texas and hopes to return for law school.

Erin (White) Lane, (AB '03, Sport Mgt.), is the distance track coach and assistant cross country coach at Olivet College, Olivet, MI.

Elise Thornell, (BS '03, Mov. Sci.), will earn her doctor of physical therapy (DPT) degree Dec., 2006 from Armstrong Atlantic State University, Savannah, GA.

Dana Brody, (BS '04, Mov. Sci.), is completing her master's degree in occupation therapy at Rush University, Chicago, IL.

Kenya Hunter, (BS '04, Mov. Sci.), recently was awarded an internship with the New York City Department of Health and Mental Hygiene.

Jill Kadish, (BS '04, Mov. Sci.), has been accepted into the School of Medicine and Health Sciences Doctor of Physical Therapy Program, George Washington University, Washington, D.C. She will begin classes this fall.

Krystal (Baggs) Martin, (BS '04, Mov. Sci.), is in her second year of the University of Michigan-Flint's Doctor of Physical Therapy Program. She has recently married and plans to pursue medical school for neurology or physical medicine after she graduates in 2007.

Jessica Rose, (BS '04, Phys. Ed.), has finished her second year as a sixth grade health and physical education teacher. She is the field hockey coach for the Donegal School District, Lancaster Co., PA and the junior high student council advisor.

Adrienne Hortillosa, (AB '05, Sport Mgt.), is a management trainee for Cintas Corporation.

Amanda Ludwa, (BS '05, Mov. Sci.), will begin physician assistant school at Western Michigan University this fall.

Lindsay Rinaldi, (BS '05, Mov. Sci.), just finished her first year of doctoral study in physical therapy at Northwestern University

Adam Rubin, (AB '05, Sport Mgt.), just completed his first year of law school at the University of Detroit-Mercy School of Law.

Edgar Tablia, (BS '05, Ath. Tr.), is in the graduate athletic training program at San Jose State University and will receive his masters in 2007. He also is a teaching assistant at SJSU and has a graduate assistantship at Stanford University working with their football and men's gymnastics teams.

Jessica Zebracki, (AB '05, Sport Mgt.), is working for the New Products Development and Implementation Team for the Alumni Association at the U-M.

GIVING TO THE FUND IS ONE OF THE MOST IMPORTANT WAYS YOU CAN SUPPORT KINESIOLOGY. Fund support allows the Dean to use funds where they are needed most. The cost of higher education continues to rise, and the support of alumni and friends is vital to our growth. Because of your generous contributions, we are able to continue offering the education and facilities that our students need to be "leaders and the best." We ask that you consider giving a gift to Kinesiology before the end of 2006. You may use this form, or use the online giving option on our website at: www.kines.umich.edu. You may also telephone Jim McIntyre, Director of Development at (734) 615-4272 for information about giving opportunities.

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Top (l to r): Roger Harvey, '91 BS Kin. and Adam Hirsch, '99 AB, Sport Mgt.

Bottom (l to r): Jared Pick, '96 BGS, Shelly Kovacs and Jon Shulman.

Right (l to r): Kinesiology students Ali and Lindsey Faivus, Nic Berger '01 AB Sport Mgt., and Melinda Lowell.

A Fun Evening in the Big Apple

Nearly 50 Kinesiology alumni and friends gathered for a festive evening at the Park Avenue Country Club in New York City on January 26. Participants learned about the new Kinesiology Internship and Experiential Learning Programs being introduced in partnership with the Kinesiology Alumni Society Board. *Shelly Kovacs*, Alumni Relations Director, and *Jim McIntyre*, Development Director, hosted the reception and outlined the programs. These programs help ensure that Kinesiology graduates are prepared for the work force and have a competitive edge in their first career positions.



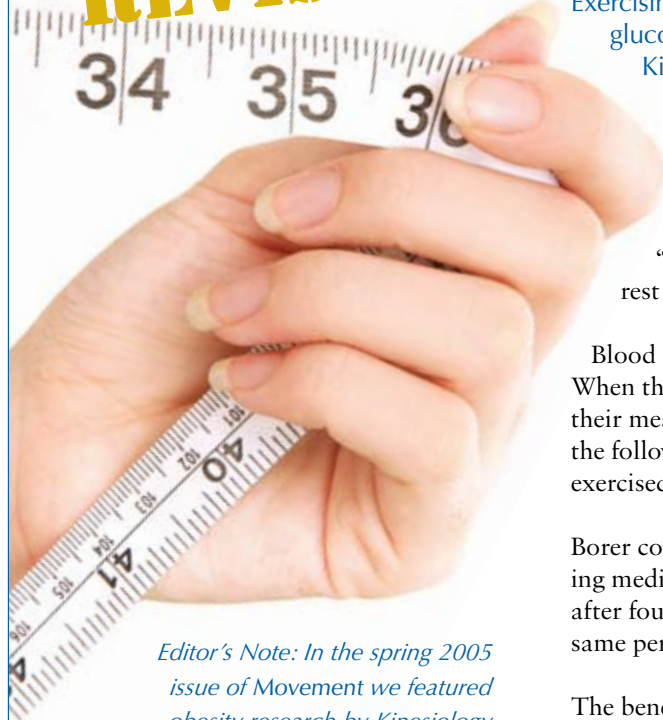
Top (l to r): Alumni Relations Director Shelly Kovacs with Karl and Marilyn Pick.

Bottom (l to r): Jessica Cohen Berman, '99 AB Sport Mgt., Joey Gartner, '03 AB Sport Mgt., Brad Spiegel, '03, Sport Mgt., Seth Klempner, '03, Sport Mgt., and Liz Manigan.



KINESIOLOGY
studying movement

Obesity Research REVISITED



Editor's Note: In the spring 2005 issue of Movement we featured obesity research by Kinesiology faculty and graduate students. One year later, two of the research teams have released findings on studies that were underway.

For people who would rather exercise than be dependent on taking medication for the rest of their lives, this could be very good news

Can Exercise Before Eating Regulate Blood Sugar as Well as Glucose Lowering Drugs?

Exercising before eating can regulate blood sugar levels almost as well as two common glucose-lowering drugs, a research study by **Katarina Borer** and **Liz Wuorinen**, U-M Kinesiology's Exercise Endocrinology Laboratory, research shows.

Katarina Borer, professor of kinesiology and a member of the Center for Exercise Research, studied the body's response to exercising on an empty stomach versus a full stomach.

"For people who would rather exercise than be dependent on taking medication for the rest of their lives, this could be very good news," Borer said.

Blood sugar naturally rises and falls as we eat and then the body processes food for fuel. When the participants exercised before eating, their blood glucose rose significantly higher after their meals than when they exercised after their meals. However, between meals and during the following night, blood glucose was about 18 percent lower than when they ate first, then exercised.

Borer compares the effects of exercising on an empty stomach to two common glucose-lowering medications, Metformin and Pioglitazone. Metformin lowers blood sugar about 19 percent after four months of use, while Pioglitazone lowers glucose about 22 percent after the same period.

The benefit of exercise comes the same day as the workout and lasts for 24 hours.

Borer says her research focuses on post-menopausal women in part because women are understudied. And hormone fluctuations of the menstrual cycle are not involved. Further studies are needed to see whether the results apply to men and type II diabetics.

She said this preliminary study does involve a high level of exercise—four hours in one day—and she wants to do follow-up studies to look at whether less exercise gives the same sort of benefits.

Additionally, the level of insulin in the blood of the participants who exercised while hungry was almost twice as high after they ate. With these kinds of benefits, perhaps people with mild diabetes would have the motivation to try even a demanding exercise regimen, rather than having to take medication, Borer said. She wants to find out if pre-diabetic or type II diabetic patients respond the same way.

Borer's collaborators on the research were **Elizabeth Wuorinen**, formerly a graduate student at U-M and now an assistant professor at Norwich University, and **Charles Burant**, an associate professor of internal medicine, endocrinology and metabolism, and molecular and integrative physiology at U-M. He has an adjunct appointment in Kinesiology.

"There are a lot of reasons that we eat and it's not all caloric," Borer said. For example, she is looking to see if exertion or volume of food consumed in a day trigger a desire to eat.

Why Do Some People Gain Weight When Others Don't?

Do you have that friend—the one who can eat endless hot fudge sundaes and never gain weight? Or do you sometimes feel that even if you worked out three hours a day and ate nothing but celery sticks, you couldn't lose weight?

Jeff Horowitz, assistant professor of kinesiology received a five-year, \$2.1 million grant from the National Institutes of Health to look at what may be causing different people to gain or lose weight when they appear to eat and exercise the same amount.

“When you gain or lose weight, it has to be due to an energy imbalance,” Horowitz said. Although losing weight for most people is far from simple, the regulation of body weight boils down to simple math: calories eaten minus calories burned equals weight gained. If people gain weight at different rates despite eating the same number of calories, there must be a difference in how much energy is expended.

For Horowitz's new study, participants spend two weeks in the hospital with their diet and physical activity closely monitored. Volunteers get 2,000 calories more than they need each day while Horowitz's team studies how quickly they gain weight and body fat.

After two weeks, volunteers go on a calorie-restricted diet, and the researchers look at how quickly the extra weight and body fat come off.

The primary aim of their study is to uncover what about the person's biology and metabolism differs to make some prone to gain a lot of weight and others more resistant.

The inspiration for this project came when Horowitz was conducting a study on low-carb diets. It was important to that specific research project that volunteers maintain a steady weight. This worked for most participants, but there were a few people who seemed to lose weight no matter how many additional calories were added to their diets.

One of Horowitz's collaborators, **Ariel Barkan**, a professor of internal medicine and of neurosurgery at the U-M Medical School, noted that he'd seen a similar reaction in a rodent study, with the same diet causing some to gain much more weight than others, despite similar activity levels. It turned out that animals with high levels of growth hormone were resistant to gaining weight.

Growth hormone spikes and falls a few times throughout the day. Those who lost some weight on the diet that should have kept their weight stable had higher spikes, not just consistently high hormone levels.

If the researchers see that giving additional growth hormone alters weight gain, it could mean that it is an effective treatment for people who struggle with obesity.

The bad news is, there's a linear decline in growth hormone as we age, so if Horowitz's theory is right, this could be one reason we gain weight as we get older—it's part of our body chemistry. Gaining weight reduces growth hormone, too, so you can get caught in a vicious cycle.

The good news is, exercise boosts growth hormone, so those with milder weight control issues might simply find that enough physical activity to generate more growth hormone could help manage weight—separate from the calories the exercise burns.



If the researchers see that giving additional growth hormone alters weight gain, it could mean that it is an effective treatment for people who struggle with obesity.

Steve Sargol, Mov. Sci. '06, performs hip-hop moves as part of the Bodies in Motion class group project. Reflective markers placed at specific body landmarks are "captured" with high speed video cameras allowing the software to track their three-dimensional locations.



NEW COURSE CAPTURES BODIES IN MOTION

With support from the U-M Whitaker Fund for Improvement of Teaching, **Dr. Melissa Gross** and **Professor Andy Kirshner**, assistant professor in the School of Art & Design, developed *The Body in Motion: Applications of Motion Capture for the Arts and Sciences*, an upper level undergraduate course offered by both Kinesiology and the School of Art & Design.

The goal of the course is to enable students to both quantitatively and creatively visualize human movement using motion capture technology.

The course represents an interdisciplinary approach to the study of the human body in motion, providing a unique opportunity for undergraduate students to use motion capture technology in their investigations of scientific and artistic problems.

The goal of the course is to enable students to both quantitatively and creatively visualize human movement using motion capture technology. By working in interdisciplinary teams on scientific and artistic problems, students learn the biomechanical principles that underlie the quantification and visualization of human movement, exploring the profound artistic implications of this rapidly developing—and increasingly ubiquitous—technology.

The sophisticated rhetoric of digital visual communication, which is the stock and trade of artists, designers, and performers, is also of great interest to scientists; communicating data coherently and succinctly is as important as conducting experiments. Students learn the fundamentals of motion capture and then apply their knowledge to biomechanical and artistic projects.

Projects range from the animation of a simple skeleton with motion capture data to integrating a complex virtual actor into a world of human performers. By working in interdisciplinary teams, students are exposed to different perspectives on the human body while learning a common language for describing human movement. Students from Movement Science, Art & Design, Dance, Engineering, and Performing Arts and Technology enroll.

The course was presented at the International Digital Arts and Media Conference in April 2006.



“Montage,” one of the Bodies in Motion class group project teams, choreographed the motion capture session shown below. The six members of the team investigated the creative and scientific aspects for skilled and unskilled dancing. Team members were undergraduates from Movement Science, Dance, and Performing Arts Technology. The team produced original choreography, an original soundtrack, an animated video and a biomechanical analysis of skill in hip-hop dancing.

Left: *Dr. Melissa Gross* (center), and *Kota Takashashi* (Mov. Sci.) (right), place reflective markers on *Steve Sargol*, (Mov. Sci., '06) before taping the project.



Center series: *Scott Tolinski* (Perf. Arts. Tech.) (rt.) instructs *Steve Sargol* in the fine art of hip-hop.

Above: “Montage” team members block out the dance moves for their class group project. From left, *Scott Tolinski*, *Kota Takashashi*, *Kristin Fosdick* (Perf. Arts Tech.), *Nicole Jamieson* (Dance) and *Steve Sargol*.

Left: *Nicole Jamieson* choreographs one of the dance series for *Steve Sargol*.

Two Faculty Inducted as AAKPE Fellows

Greg Cartee and Dale Ulrich were inducted as AAKPE fellows by the American Association of Kinesiology and Physical Education at its 2005 conference.

Greg Cartee earned his Ph.D. in exercise physiology, at the University of Texas-Austin in 1985, followed by a post-doc at the Washington University Medical School in St. Louis. Subsequently he was appointed assistant professor in the Department of Kinesiology at the University of Wisconsin, being promoted to associate professor in 1994 and professor in 1998. From 2001 to 2003, Dr. Cartee served as chair of the Kinesiology Department at Wisconsin. In January 2004 he joined the faculty in the Division of Kinesiology at the University of Michigan.



From left: *Gilmour Reeve* (Texas Tech), immediate past president, AAKPE, Professor *Greg Cartee*, *Bev Ulrich*.

Professor Cartee studies the effects of exercise, diet, and aging on cellular mechanisms that regulate glucose uptake in muscle, and thus diabetes. Recently he showed, for the first time in skeletal muscle, that both insulin and contractile activity lead to activation of a newly identified protein (Akt substrate of 160 kDa) that has been

implicated in controlling glucose transport. Dr. Cartee has published over 63 research papers and chapters in top journals, such as *Diabetes*, *American Journal of Physiology*, and *Journal of Applied Physiology*, six of which have been cited over 100 times. He has been PI on three NIH RO1s since 1992, co-investigator on four NIH grants, has been funded by the American Federation for Aging Research, the American College of Sports Medicine (ACSM), and several foundations and corporations.

Dr. Cartee is associate editor of *Exercise and Sport Sciences Reviews*, past associate editor for the *Journal of Applied Physiology* and served on the editorial board of the *Journal of Gerontology: Biological Sciences*. He is an invited reviewer for 26 research journals and funding agencies. In 1987 the National Institute of Diabetes and Digestive and Kidney Diseases awarded him their National Research Service Award. In 2002 he was a Werner-Gren Center visiting scientist at the Karolinska Institute in Stockholm; in 2003 he served as a research fellow for the Japan Society for the Promotion of Science.

Greg was nominated by *Bev Ulrich*, dean, U-M Kinesiology, *George Brooks* (MS '68, Ph.D., '70), professor, Kinesiology, University of California, Berkeley, and *William Morgan*, professor emeritus, University of Wisconsin.

Dale Ulrich earned his Ph.D. from Michigan State University in 1981. Professor Ulrich has held faculty appointments at Southern Illinois University, Indiana University, and since 1998 he has been at the University of Michigan. He is currently professor of kinesiology, where he has a dual appointment in Movement Science and Physical Education, and directs the Center for Motor Behavior in Down Syndrome. Professor Ulrich enjoys a national and international reputation in the field of adapted physical education.

His signal contribution to the field has been the development of a test of gross motor development, an important tool in assessing motor difficulties of children. Professor Ulrich has garnered consistent external funding to support his research, and has an extensive list of journal articles and chapters. He has presented at symposia and as a keynote speaker at conferences and universities, nationally and internationally. In 1993 he received the G. Lawrence Rarick Research Award from the National Consortium on Physical Education and Recreation for Individuals with Disabilities. In 2003, he was the Research Consortium Scholar Lecturer. In 2004, he was Gambrius Fellow at the University of Dortmund in Germany. Professor Ulrich was elected to the board of directors of the International Federation of Adapted Physical Activity, and serves on Adapted Physical Activity Quarterly's editorial board. Dale Ulrich has made substantial contributions to kinesiology and physical education, both through his scholarship and leadership. He is an outstanding nominee to be a fellow of the Academy.



From left: *Gilmour Reeve*, *Dale Ulrich*, *Michael Wade* and *Bev Ulrich*

Professor Ulrich was nominated by *Michael Wade*, professor, University of Minnesota; and *John Dunn*, provost and vice chancellor, Southern Illinois University.

Tom and Sarah Templin Establish Award to Honor Shirley Howard Cooper

Tom and Sarah Templin have established an expendable fund in honor of **Shirley Howard Cooper**, U-M physical education professor emerita in the School of Education. A physical education faculty member from 1961 to 1983, Professor Cooper was known among her graduate students for her special attention to their development as scholars and support of research throughout their dissertation development.

The Shirley Cooper Fund will support the Shirley Cooper International Research Presentation Fellowship, an annual award given to Kinesiology doctoral students to assist them in furthering their research or scholarship through international travel to other institutions or international scholarship seminars.

Shirley received her Ph.D. in education and master's degree in physical education from the University of Iowa and completed a Post-Doctoral Fellowship in 1972 at the University of Miami, Florida in Educational Psychology. Her bachelor's degree is from Illinois State University in physical education and math. She taught K–12 movement education for nine years at Bent J.H.S. in Bloomington IL, the University of Iowa Lab School, and LaDue Public Schools in St. Louis County before coming to the University of Michigan in 1961. A curriculum development specialist who taught and administered the teacher preparation program, Prof. Cooper was known for her innovative approach to teaching and her commitment to work with U-M's physical education doctoral candidates. During her career she developed an outstanding Curriculum Materials Center in Physical Education. In the 1970s as a member of the Curriculum Committee of the School of Education she attracted attention both locally and at the state level in part for developing the initial draft for the Physical Education Performance Objectives for the Michigan Department of Education.



Dr. Tom Templin, speaking at the 2004 Kinesiology Commencement ceremony.

Following retirement, Professor Cooper owned and managed Green Valley Resort near Branson, MO for a number of years. After moving to Springfield, MO, she established and operated the area's first dog daycare center. She has now teamed up with Patsy Kollen (AM '65, Ph.D. '81) one of her former students collaborating on the development of an online professional development program for teachers to be found at learningfirstinc.com.

Dr. Cooper's graduate students also include **Yevonne Smith** (Ph.D., '81) Associate Professor, Sport Sociology, Pedagogy, Department of Kinesiology and Associate Dean, The Graduate School, Michigan State University, **Nancy Wessinger** (BSED '67, Ph.D., '88), Associate Professor, Department of Education in Physical Education (ret.), College of Education and Social Services, University of Vermont, **Dr. Judith A Bischoff** (Ph.D., '79), Green Valley, AZ, Prof. and (ret.), Northern Illinois University.

Dr. Templin earned his Ph.D. in Physical Education in 1978. He is professor of Kinesiology, at Purdue University and was the 2004 Kinesiology Commencement speaker and is scheduled to present to Kinesiology students, faculty and alumni, February 17 as part of the Kinesiology Seminar Series supported in part through contributions to the Kinesiology Fund.

Stephen Galetti, Professor Emeritus Passes Away

Stephen J. Galetti, Professor Emeritus, Sport Management, died, July 20, 2006 at Huron Woods, Ann Arbor at the age of 76. He was the first chairman of Kinesiology's Department of Sports Management and Communication. His retirement in 1988 capped over 30 years of devoted service to the youth as a teacher, coach, administrator, and a leader of statewide efforts to promote physical fitness and health.

Born March 12, 1930 and raised in New York City, Prof. Galetti attended Bowling Green State University on a basketball scholarship graduating in 1953. He spent two years in the military in Special Services and then earned a master of science degree in 1956 from the University of Michigan. Following positions as teacher, coach, and vice principal in Mahasset, NY, he returned to U-M as Coordinator of Student Teaching and Director of the Summer Youth Fitness Program. Later he became the Coordinator of Undergraduate Preparation for Men and Women. In the mid-1980's he went on to develop the Division's new Sports Management and Communications undergraduate program.

Steve held various offices including president of the Michigan Association of Health, Physical Education, Recreation and Dance (MAHPERD) and was active in other national organizations. For ten years, he chaired the Michigan Council of Physical Fitness and Health by the Governor's appointment (1976–1985). Other awards include the Distinguished Service Award from the MAHPERD and from his division, the Lifetime Achievement Award. He also was honored by being selected to be an honorary member of the "M" Club. Upon his retirement in 1988, the Division established the Stephen J. Galetti Award that annually honors an undergraduate student.

He leaves his wife of 51 years, Jeannine, his sister Marie Seigel, Fort Lee, NJ and a sister-in-law, Julia Westerhold, York PA and Lowesville, VA and her family. In lieu of flowers, donations may be given to the Stephen J. Galetti Award, U-M Kinesiology, or charities of choice.



Palmieri Receives Perrin Doctoral Dissertation Award

Dr. Riann Palmieri, assistant professor, athletic training, and adjunct assistant professor, movement science and orthopaedics, received the inaugural David H. Perrin Doctoral Dissertation Award from the NATA Research and Education foundation in 2005. The award is presented in honor of **David H. Perrin**, PhD, ATC, who has made a significant contribution to research and education in athletic training. Dr. Palmieri is a certified athletic trainer whose primary research interest is aimed at understanding the neuromuscular consequences of joint injury. More specifically, she is interested in understanding the functional limitations and biomechanical adaptations that occur as a result of arthrogenic muscle inhibition (AMI) as well as the involvement of neural networks in initiating AMI. Dr. Palmieri is also interested in the role of traumatic knee injury in the development of degenerative joint disease.

Riann Palmieri (right) with David Perrin.

Presentations and Publications

Dr. Kathy Babiak, assistant professor, sport management, made two presentations at the 2006 North American Society for Sport Management Conference in Kansas City.

Dr. Marvin Boluyt, assistant professor, movement science, made two presentations at the 2006 national meeting of the American College of Sport Medicine (ACSM). Marvin also had two research papers published in *Proteomics* and two articles in *Pharmacol*. He had four research papers published in *Molecular and Cellular Biochemistry*.

Dr. Dan Ferris, associate professor, movement science, gave presentations with his graduate students at the International Conference on Rehabilitation Robotics in Chicago, IL, and the International Society of Biomechanics Biennial Congress in Cleveland, OH. Dan was awarded a grant from the National Science Foundation to fund undergraduate researchers in his laboratory and a grant from the Christopher Reeve Paralysis Foundation to begin a collaborative project with Professor Paul Zehr from the University of Victoria in Canada. He also published research papers in the *Journal of Applied Physiology*, *Experimental Brain Research*, *Journal of Applied Biomechanics*, *Motor Control*, *Topics in Spinal Cord Injury Rehabilitation*, *Journal of Neuroengineering and Rehabilitation*, *Gait and Posture*, and the *Journal of Biomechanics*, and *Exercise and Sport Sciences Reviews*.

Dr. Melissa Gross, associate professor, movement science, presented her new work on bodily expression of emotion at the Emotion Pre-Conference of the Society of Personality and Social Psychology in Palm Springs. She published articles in the *American Journal of Epidemiology* and *Journal of Gerontology: Medical Sciences*.

Dr. Jeff Horowitz, associate professor, movement science, published articles in the *Journal of Applied Physiology*, the *Journal of Clinical Endocrinology & Metabolism*, the *American Journal of Physiology Endocrinol Metabolism*, and the *American Journal of Physiology*.

Dr. Vic Katch, professor, movement science, co-authored "Essentials of Exercise Physiology: Third Edition," published by Lippincott Williams & Wilkins. The text provides the fundamental aspects of exercise physiology and integrates the basic concepts and relevant scientific information to provide a foundation for understanding nutrition, energy transfer, and exercise training.

Dr. Riann Palmieri, assistant professor, athletic training and adjunct assistant professor, movement science, was published in *Foot and Ankle International*, *Knee Surgery Sports Traumatology and Arthroscopy*, and the *International*

Journal of Neuroscience. Riann also had two research studies published in the *Journal of Sport Rehabilitation*.

Dr. Rachael Seidler, assistant professor, movement science, made three presentations at the Cognitive Neuroscience Society's 2006 annual meeting in San Francisco, CA and two presentations at the 2005 Society for the Neural Control of Movement annual meeting, Key Biscayne, FL. Rachael had two research papers published in the *Brain Research Bulletin*, one in the *Experimental Brain Research Bulletin* and one in *Motor Control*. She was invited to be a chapter reviewer for the *Encyclopedia of Gerontology*.

Dr. Beverly D. Ulrich, professor and dean, was invited to make a presentation on neuroplasticity to the medical staff of Chelsea Community Hospital, Chelsea, MI. Bev had a poster presentation at Progress in Motor Control V: A Multidisciplinary Perspective. She also was invited to make a presentation at the III Step Conference: Linking Movement Science and Intervention; sponsored by the Neurology and Pediatrics Sections of the American Physical Therapy Association, and three presentations at the Dynamic Walking Workshop. Bev had three articles published in the *Journal of Motor Behavior* and research papers published in *Infant Behavior and Development*, *Gait and Posture*, *Infant and Child Development*, and the *Research Quarterly for Exercise and Sport*.

Dr. Dale Ulrich, professor, movement science and physical education, along with **Dr. Rosa Angulo-Barroso** and post-doctoral research scholar **Wu Jianhua** were invited to present at the North American Society for Psychology of Sport and Physical Activity 2006 Annual Meeting 2006, Denver, CO. Dale also made two presentations at the Norwegian School of Sports Sciences in Oslo, Norway in February. He made the keynote address at the IV International Conference on Development in Down Syndrome, hosted by the University of Portsmouth & the Down Syndrome Educational Trust. He, Rosa, and Jinhua also delivered a poster presentation at the Progress in Motor Control V Conference. Dale published research papers with Bev, Rosa, Jianhua, and doctoral student **Julia Looper**, in the *Journal of Motor Behavior* and *Archives of Physical Medicine and Rehabilitation*.

Pat Van Volkinburg, academic program coordinator and assistant professor, physical education, was invited to make a presentation at the 2006 American Association of Health, Physical Education, Recreation and Dance Convention in April. Pat also was invited to make a presentation at the 2005 Michigan Association of Health Physical Education, Recreation and Dance convention in Traverse City.

Making a Difference in Kinesiology



U-M alumni have been hearing or reading about some very large gifts through the Michigan Difference Campaign in recent years. Kinesiology has been the beneficiary of a select number of these commitments. They include:

- **Joan and Bruce Bickner** ('68 JD Law), Sycamore, IL, have given more than \$2 million for a variety of initiatives in Law and Kinesiology.
- **Peter Kinyon** ('52 BSED Ed., Cert. Ed., '56 MS Ed.) and his wife **Jean** ('52 ABED Ed., Cert. Ed., '60 AM Ed.), Rolla, MO have established a charitable remainder trust of more than \$1 million that will establish an endowment for a dean's discretionary fund in Kinesiology.
- **Penny Stamps**, ('66 BS Des. SOA, '66 Cert. Ed.) and her husband **E. Roe Stamps, IV**, Miami, FL, have given \$3 million to establish a scholarship program to recruit 18 outstanding freshmen to the University of Michigan each year for the next seven years. Kinesiology will match the Stamps gift to provide two fully-funded scholarships to two incoming students.
- **Steelcase Foundation**, Grand Rapids has contributed \$325,000 to the Center for Motor Behavior and Pediatric Disabilities for a number of clinical studies that benefit infants with Down syndrome and their families.
- **The American Diabetes Association** gave \$410,000 to support the research in the Substrate Metabolism Laboratory directed by **Dr. Jeff Horowitz**. The findings of this research are reported in "Obesity Research Revisited" (page 10).

While less frequently applauded, but equally valued are the hundreds of gifts received each year from our alumni, parents and friends. Kinesiology has been fortunate to have been the beneficiary of these, as well.

In special cases, people join together to make a difference. For example, last winter, family and friends of **Mike and Diane Leoni** surprised them with a birthday party for Mike and a commitment of \$150,000 (now \$255,000) for an endowed research fund in honor of their son **Nick** (see the story on page 2).

The *Making a Difference in Kinesiology Campaign* is at 47% of its goal. We have made significant strides in garnering support for research for the Center for Motor Behavior and Pediatric Disabilities and the Center for Exercise Research. We are optimistic we will continue to build our endowment that will help us attract the most promising young faculty and outstanding students.

Our highest priority continues to be establishing an endowed professorship and four post-doctoral fellowships. These endowments will always position Kinesiology to anticipate new horizons as it relates to exercise physiology and sport management and invest resources that will put U-M at the forefront of this research.

Equally important is what we can do for our undergraduates. Over the next year, we will introduce programs that will assist students in landing their first career positions through internships. We will introduce a new study abroad initiative that will both enrich the quality of a Michigan education and provide students with a deeper understanding of kinesiology in a global community.

When we provide our annual development report for 2005–06 in our next issue of *Movement*, we will include more details about one of the most successful fund raising years in Kinesiology. Our preliminary reports show that we have received nearly \$890,000 from more than 800 alumni, friends and organizations.

It all adds up. Whether the gift is a major commitment that will support one of our campaign objectives, a scholarship, fellowship or internship, the Movement for Life Invitational, Kinesiology Fund or U-Move Fitness, or an annual gift to the Kinesiology Fund, it all is vitally important to our future and our success.

Thank you for your support.

Jim McIntyre, Director of Development

Keep it Simple be Humble and *Keep*

Commencement 2006

Atanas Ilitch (AB '85, LSA) encouraged the class of 2006 to follow the wisdom provided by his father Mike, founder of Ilitch Holdings, LLC. "Keep it simple, be humble, and keep moving." During his remarks Mr. Ilitch recounted the lessons learned from his parents, Michael and Marion Ilitch, and his own college career at the University of Michigan.

The Ilitch family enterprise owns the Detroit Tigers, the Detroit Red Wings, Fox Theatre Detroit, Olympia Entertainment, Hockeytown Café, Second City Theatre and Olympia Development. It also manages the Joe Louis Arena and is considered one of the major downtown Detroit development organizations.

Of the nearly 190 undergraduates earning bachelor degrees, more than 150 walked through the 2006 Kinesiology Commencement Exercises conducted at Hill Auditorium, Friday evening, April 28. This year, degrees were conferred on four doctoral students:

Daniela Knoll, Ph.D., Mov. Sci., "Arm movement analysis before and after birth: A comparison of non-diabetic and diabetic pregnancies."

Sandra M. McKay, Ph.D., Mov. Sci., "Altered sensory information during posture and gait: A developmental perspective"

Simon Schenk, Ph.D., Mov. Sci., "Effects of exercise on lipid-induced insulin resistance"

Jason Scibek, Ph.D., Ath. Tr., "Shoulder kinematics in patients with full thickness rotator cuff tears following a subacromial injection"

Master degrees were conferred on five sport management students and two graduate students in movement science.



2006 Kinesiology commencement speaker **Atanas Ilitch** (AB '85), president, Olympia Development, LLC, Detroit.

Moving



On the Move: The Class of 2006

Elizabeth Alderman, (BS, Mov. Sci.), is studying physical therapy at Oakland University.

Matthew Baumer, (BA, Sport Mgt.), plans to pursue a master's degree in communications at Washington State in September.

Bianca Bonney, (BA, Sport Mgt.), is working for Global Business Consultants and plans to attend graduate school to study business.

Elizabeth Boyle, (BA, Sport Mgt.), is studying psychology at Arkansas State University.

Kristen Browski, (BS, Mov. Sci.), will attend the University of Illinois's College of Optometry.

Khalilah Burt, (BA, Sport Mgt.), will study Urban Planning and Real Estate Development at U-M.

Rhett Butler, (BS, Mov. Sci.), is pursuing a doctorate in Chiropractics at Parker College.

Michael Carl, (BA, Sport Mgt.), will pursue a master's degree in Sport Management at U-M.

Members of the Class of 2006 pass before the Ingalls Mall fountain on their way to Hill Auditorium for the Kinesiology commencement exercises.

Julia Carp, (BS, Mov. Sci.), is a research assistant at the Henry Ford Hospital Department of Orthopaedics. She plans to attend Wayne State University's School of Medicine.

Dan Faden, (BS, Mov. Sci.), will attend Boston University School of Medicine.

Heather Griffie, (BS, Mov. Sci.), is studying physical therapy at Boston University.

Rachel Gunther, (BS, Ath. Tr.), will attend Elon University for her Doctorate in Physical Therapy beginning January of 2007.

Janet Hauck, (BS, Phys. Ed., Health), is studying adapted physical education at Ohio State University.

Cassandra Hornick, (BS, Phys. Ed.), is studying physical therapy at the University of Illinois Chicago.

continued on next page...



Left: **Dr. Sandra McKay** (center), Toronto, Ontario, beams with excitement as **Shelly Kovacs** (left), director of student services and alumni relations and **Dr. Susan Brown** (right), associate dean for research prepare Sandra's Ph.D. hood.

Above: **Dean Beverly Ulrich** applauds the parents and family members for their support of the graduating Class of 2006.



CLASS OF 2006 ON THE MOVE



Left: **Jamie Kane** (BA, Sport Mgt.), Bloomfield Hills, addresses the commencement audience as the spokesperson for the Class of 2006.

Above: **Dr. Tom George** (right) commencement master of ceremonies, awards **Robyn Odzark** (left), Algonac, and **James Harasin** (center), Saginaw, the Stephen J. Galetti Award for sport management students.



Brittany Lupu, (BA, PE) Shelby Twp., leads the Class of 2006 and commencement guests in the national anthem.

On the Move: The Class of 2006 (continued)

Randielle Humphries, (BS, Ath. Tr.), is an assistant athletic trainer at Purdue University's Department of Sports Medicine. She will study health and fitness at Purdue University in the fall.

Peter Hwang, (BS, Mov. Sci.), is studying physical therapy at the University of Illinois-Chicago.

Keely Kopp, (BS, Mov. Sci.), is studying to be a physician assistant at the University of New England, Westbrook, ME.

Jennifer Kreinbrink, (BS, Mov. Sci.), is a research associate at the U-M Health System, Department of Orthopaedic Surgery.

Caitlin Krembs, (BA, Sport Mgt.), is a marketing coordinator for Octagon's Division of Athletes & Personalities.

Shannon Kruger, (BS, Mov. Sci.), will study physical therapy at Northwestern University this September.

Joanna Laethem, (BS, Mov. Sci.), is enrolled at the U-M School of Dentistry.

Lauren MacMillan, (BS, Mov. Sci.), is studying physical therapy at Boston University.

Jeffrey Malach, (BA, Sport Mgt.), will attend Chicago-Kent College of Law.

Joe McCarthy, (BS, Mov. Sci.), is a research lab specialist at the U-M Kinesiology's Motor Control Laboratory. He plans to attend graduate school in the near future.

Randall McDaniel, (BA, Sport Mgt.), is attending The Thomas M. Cooley School of Law.

Allison McIntyre, (BS, Mov. Sci.), is studying occupational therapy at Eastern Michigan University.

Ryan Mertz, (BS, Mov. Sci.), is pursuing his doctorate in Physical Therapy at Northwestern University.

Anna Moore, (BA, Sport Mgt.), is assistant director of the Lake Bryn Mawr Camp, PA.

Lindsey Moore, (BA, Sport Mgt.), is a corporate sales account manager for the Grand Rapids Griffins.

Nicole Moundros, (BS, Mov. Sci.), is studying physical therapy at Duke University.

Gabrielle Nguyen, (BS, Mov. Sci.), is studying physical therapy at Boston University.

Heather Putney, (BS, Mov. Sci.), is studying occupational therapy at Boston University.

Mundana Rashidy, (BS, Mov. Sci.), is a clinician at Biotronic, Ann Arbor.

Stacey Richardson, (BS, Mov. Sci.), began her graduate studies of prosthetics/orthotics at Eastern Michigan University this past January.

Lindsay Salliotte, (BA, Sport Mgt.), is studying leisure services at Oklahoma State University in September.

Benjamin Schottenfels, (BA, Sport Mgt.), is a sales representative for the Charlotte Bobcats (NBA) in Charlotte, NC.

Melissa Schultz, (BS, Mov. Sci.), is studying physical therapy at the University of Colorado.

CLASS OF 2006 ON THE MOVE



Nora Maloy (right) congratulates Brette Woessner (BA Sport Mgt.), Empire, on receiving the Barnard P. Maloy Memorial Writing Award.



Left: sport management graduates from left: *Jimmie Westbrook*, Saginaw, *Aaron Seabron*, West Bloomfield, and *Alma Davila-Toro*, New York, NY.

Aaron Seabron, (BA, Sport Mgt.), is an analyst for Lehman Brothers Investment Banking Division.

Jessica Shanahan, (BS, Mov. Sci.), is studying physical therapy at Emory University.

Christopher Skazalski, (BS, Ath. Tr.), will attend Grand Valley State University for his doctorate in physical therapy.

Josh Stack, (BA, Sport Mgt.), is studying law at the University of Toledo.

Matthew Tapping, (BA, Sport Mgt.), is studying athletic administration and education at the University of Southern California School of Education.

David VanSlambrouck, (BS, Mov. Sci.), is attending the U-M School of Dentistry.

Jennifer Vassil, (BA, Sport Mgt.), is program coordinator for Meeting Logistics, LLC, New Providence, NJ.

Emily Weiss, (BS, Mov. Sci.), is studying physical therapy at New York University.

Jimmie Westbrook, (BA, Sport Mgt., African-American Studies), is vice president of operations of Simple & Plain Clothing Store.

Jason Wexler, (BA, Sport Mgt., Economics), is an underwriter trainee for The Hartford Group's Division of Commercial Property & Casualty.

Lindsay Wise, (BS, Mov. Sci.), is attending the University of Detroit Mercy.



2006 athletic training graduates from left: *Angela Mierzwiak*, Petersburg, *Ivant Burkett*, League City, TX, *Randielle Humphries*, Shelby Twp., *Stephanie McCann*, Battle Creek, *Danielle Lemus*, Belleville, *Kathryn O'Connor*, Hartland, WI, *Rachel Gunther*, St. Johns, *Christopher Skazalski*, Farmington Hills, and *Kathleen Malley*, Madison Heights.

Jimmy Wisinski, (BA, Sport Mgt.), is an assistant golf professional at The Highlands Country Club, Grand Rapids, MI.

Rebecca York, (BS, Mov. Sci.), is studying physical therapy at the University of Southern California.

2006 Kinesiology Honors Reception

The 2006 Kinesiology Honors Reception was held March 19 in Palmer Commons, as proud parents, family friends, and Kinesiology faculty and staff recognized and congratulated students earning University and departmental awards.



University Honors recipients.

About the Kinesiology Awards

The Laurie Campbell Award is presented to an outstanding co-ed in Physical Education. Dr. Campbell taught in the Department of Physical Education for Women from 1929–59. 2006 Recipient: *Katelyn Cecchini*, Ann Arbor.

The Stephen J. Galetti Award was established to honor the leadership of *Stephen J. Galetti*, Associate Professor Emeritus, who was a faculty member from 1969 to 1988. The award honors first-year students who show exceptional industriousness and potential. 2006 Recipients: *James Harasin*, Saginaw; *Robyn Odzark*, Algonac.

The Paul A. Hunsicker Award recognizes one graduate and one undergraduate student who has demonstrated

superior scholarship, professional zeal, and promise. 2006 Recipients: *Edwards “Andy” Pitchford* (Undergraduate), Kalamazoo; *Greg Sawicki* (Graduate), Ann Arbor.

The Stan Kemp Award was established in 1994 by friends of the late *Stanley S. Kemp*, (BS ‘67), football official and business and civic leader. It is designated for students who display Mr. Kemp’s dedication, integrity and idealism. 2006 Recipients: *Karen Anderson*, Needham, MA; *Beth Crane*,

Ann Arbor; *Shannon Kruger*, Pinckney; *Lindsey Moore*, St. Clair; *Edward “Andy” Pitchford*, Kalamazoo; *Matthew Tapping*, Saline.

The Bernard Patrick Maloy Award for Excellence in Writing honors the memory of Professor *Bernard Patrick Maloy*, a scholar and dedicated teacher who inspired his students to take an interest in real-world issues of sport and public policy, and particularly encouraged them to express their thoughts through clear and concise writing. The award is given to an undergraduate student in Sport Management whose paper is judged to be the best at addressing an issue of public policy in intercollegiate or professional sports. 2006 Recipient: *Brette Woessner*, Empire.

The Phyllis Ocker Scholarship is named for Assistant Professor Emerita *Phyllis Ocker*, Associate Director of Athletics for Women, 1978–90. It is presented to a female varsity athlete who has distinguished herself in academics and athletics. 2006 Recipient: *Rebekah Milian*, Grand Blanc.

Marcia Kemp with Stanley Kemp Award Winners:
Back Row (l to r): *Karen Anderson*, *Lindsey Moore*, *Andrew Pitchford*, *Matthew Tapping*.
Front Row (l to r): *Shannon Kruger*, *Beth Crane*,
Kinesiology Alumni Society Board Chair *Patty Donohue-Ebach*, *Marcia Kemp*.





Phebe Martha Scott Award: *Katherine Rose Jackson* (l.) with *Pat Van Volkinburg*.

The Phebe Martha Scott Achievement Award was established in 1996 by Virginia Crafts in honor of her friend and colleague, **Phebe Martha Scott**, (BSED '44, PE) former chair, Department of Physical Education, Illinois State University. It is given to outstanding women who are outgoing, friendly, helpful, involved in campus and sport activities, and beginning their senior year in physical education or a related field. 2006 Recipient: **Katherine Jackson**, Grosse Ile.

The Lucile M. Swift Award was created by **Lucile M. Swift** (BS '39 PE) to recognize superior scholarship and professional promise in an undergraduate or graduate student. Ms. Swift passed away in 2003 at the age of 86. 2006 Recipients: **Lawrence Mosurak**, Fort Gratiot; **Michele Sarb**, Dearborn; **Dann Goble**, Ann Arbor.

The Rachel G. Townsend Memorial Scholarship is given to a female student in Physical Education with high academic achievement and a strong commitment to and involvement in physical education and/or athletics. 2006 Recipient: **Leah Ketcheson Farrell**, Belleville, ON.



Angell Scholars: Back row (l to r): Student Services Director *Shelly Kovacs*, Kinesiology Dean *Beverly Ulrich*, *Andrew Petraszko*, *Lindsey Moore*, *Lindsey Cottrell*, *Katherine Hamilton*, *Jeremy Antar*, *Andrew Pitchford*, Kinesiology Alumni Society (KAS) Board member *Jerry Meter* (in back), *Patty Donohue-Ebach*, KAS Board member *Elise Buggs*. Front row (l to r): *Ryan Kaufman*, *Christy Waechter*, *Christina Saindon*, *Pat Van Volkinburg*, *Katy Jackson*.

About the University Awards

Angell Scholars

are students who earn between A- and A+ for two consecutive terms taking on a minimum of 14 credits each term; 12 of the credits must be graded.

The Branstrom Award

is for freshmen in the top five percent of their class (based on at least 14 graded credits at Michigan). A book with an inscribed name plate is presented to each student and a notation is made on the student's transcript.

University Honors

are awarded to Kinesiology students earning a 3.5 grade point average with a minimum of 14 course credits including 12 credits on a graded basis.



Branstrom Scholars: **Bryan Benson** (second from l) and **Philip Wendland** with (from l to r): *Dean Ulrich*, *Jerry Meter*, *Shelly Kovacs*, *Pat Van Volkinburg*, *Patty Donohue-Ebach*, and *Elise Buggs*.

Rachael Townsend Award: **Leah Ketcheson Farrell** (l.) and Academic Program Coordinator *Pat Van Volkinburg*.



KINESIOLOGY
studying movement

Scholarship Winners for the 2006 Freshman Class

Five academically outstanding freshmen have enrolled in Kinesiology thanks to two University scholarship societies and an expendable scholarship by a U-M alumnus and benefactor.

Two incoming students are receiving scholarships from the Sidney J. and Irene Shipman Society. Two freshmen will be awarded Penelope W. and E. Roe Stamps Scholarships. A first-year student is the recipient of the Eugene and Emily Grant Scholarship.



Kimberly Ogg

Shipman Scholars

Jenny Tao, Atlanta, GA and **Kimberly Ogg**, Howell, MI received Sidney J. and Irene Shipman Society Awards. Jenny Tai will pursue a Sport Management degree this fall. While in high school, Jenny was recognized with a Georgia Certificate of Merit,

Outstanding Key Club Member Award, and the Outstanding Academic Achievement in Business Law. She also is a published author and her poetry was printed in the American Library of Poetry. Kimberly Ogg plans to study Movement Science. In addition to being honored as Summa Cum Laude from the Howell High School Class of 2006, and receiving the President's Education Award for academic achievements, Kimberly was captain of the Howell Highlanders track and field teams, MVP of the equestrian team. She found time for the Livingston County 4-H equestrian clubs, volunteering as a horseback riding teacher, playing volleyball, and working at Coldstone Creamery, Howell.



Tyrone Winfrey, Jr.

Tyrone Winfrey, Jr., Detroit, will major in Sport Management. His accomplishments include the University of Rochester Fredrick Douglass and Susan B. Anthony Awards, *Detroit News* Student of the Week, First Honors, Scholar Athlete Award and he has served as Big Brother, Student Senator, and volunteer for the senior service project. He is a graduate of the University of Detroit Jesuit High School.



Cameron Crokek

Eugene and Emily Grant Scholar

The Eugene and Emily Grant Foundation Scholarship was given to an out-of-state candidate that has the highest academic merit. **Cameron Crokek**, Champaign, IL., is a National Merit Semifinalist and Illinois State Scholar, Silver Medalist for the Eight-Person Team—Parkland College Math competition and numerous other activities from high school such as the boys' basketball, cross country, and track teams. **Eugene Grant** (AB '38, LSA) is President of Eugene M. Grant and Company, New York.

If you are interested in developing a scholarship for Kinesiology students please contact **Alicia Marting** at (734) 615-9678 or amarting@umich.edu.



Sara Marlega

Stamps Scholars

The Penelope W. and E. Roe Stamps Scholarship winners are some of the most outstanding applicants of the 2006 entering class. **Sara Marlega**, Des Plaines, IL, was awarded her high school's science, social studies, and Spanish awards, Pi Sigma Pi Social Studies Honor Society, Rube Goldberg Competition National Qualifier, National Honor Society, Student Council, and Habitat for Humanity. She plans to major in Athletic Training.

Martin Luther King Jr. Day Celebrated by Kinesiology



Back row (l to r): Ari Liner, Kyle Bassman, Michael Rykse, Katelyn Cecchini, Nicole Chambers, Melanie Grant, Philip Duvall, and Katie O'Connor.
Front row (l to r): Jeff Herman and Timothy Martin.

On Monday, January 16, The Kinesiology Student Government (KSG) commemorated Martin Luther King Day by sponsoring a panel discussion focusing on racial bias from several cultural perspectives. The event was a phenomenal success with a standing room only audience in Bickner Auditorium. The five featured speakers were:

- **Leah Hayes**—Research for the Greater Flint Health Coalition regarding health disparities in infant mortality. School of Kinesiology alumnus.
- **Patricia Coleman-Burns, PhD**—assistant professor and director, Office of Multicultural Affairs—University of Michigan School of Nursing.
- **Douglas Woll, MD**—medical director, Blue Care Network of Michigan.
- **Edward Goldman**—associate vice president and deputy general counsel, Office of the General Counsel University of Michigan.
- **Ellen Rabinowitz**—Washtenaw County Health Department.

STUDENT FALL DOCKET 2006

SEPTEMBER

Monday, September 4

Kinesiology Peer Mentor Training

Tuesday, September 5

First Day of Fall Term

Thursday, September 7

Mentor Kick-Off

September 12–December

(various dates)

Resumania!

Sunday, September 17

Tutor Training

OCTOBER

Sunday, October 8

The Inaugural Kinesiology Walk/Run

October 16–17

Fall Break

October 20–22

Parents Weekend

Friday, October 20

Welcome to Kinesiology
Parents, 2–4 p.m., Bickner Auditorium

Sunday, October 22

Open Tutoring Hours

October 23–26

Investing in Abilities Week
Kinesiology-Sponsored Activities

Monday, October 23

Fit for Life, 3–4 p.m.
Lower Conference Room
East Ann Arbor Health Center

Tuesday, October 24

They Shall Walk
12–1 p.m. Mott Auditorium
C.S. Mott Children's Hospital
4–5 p.m. Boulevard Room
Pierpont Commons

Wednesday, October 25

Dr. Dan Ferris
Spinal Cord Injuries, 11 a.m.–12 p.m.
Kalamazoo Room, Michigan League

Thursday, October 26

Dr. Dale Ulrich
Bicycle Camp, 11:30 a.m.–12:30 p.m.
Kalamazoo Room, Michigan League

Friday, October 27

Alumni Career Networking
3:30–5:30 p.m., Great Lakes Room
North and Central Palmer Commons

Alumni Reception

5:30–7 p.m., Atrium 4
Palmer Commons
Complimentary reception, light refreshments will be served.

For more information on any of these events, please contact **Martha Reck**, (734)647-2697 or mrreck@umich.edu.

Saturday, October 28

Kinesiology/Alumni Association
2006 Go Blue Tailgate
9 a.m.–12 p.m., Louis Elbel Field

NOVEMBER

Sunday, November 12
Open Tutoring Hours

November 22–26

Thanksgiving Break

DECEMBER

Sunday, December 3
Open Tutoring Hours

Wednesday, December 13
Last Day of Classes

Sunday, December 17
Fall Commencement

New Faces in Kinesiology



Alicia Marting

Assistant Director of Development

Alicia Marting is a veteran development professional with ten years experience in non-profit marketing, management and development. For the past year, Alicia has been the manager of the United Way of SE Michigan, Women's Initiative. The Initiative is a fundraising program that has raised more than \$520,000 in annual gifts of \$1,000 to \$10,000 from its constituency of nearly 5,000 woman executives in the three-county region served by the UWSEM.

Prior to that she was the director of the Bridges to the Future Before & After School Project for four years, a collaboration between the Genesee County Intermediate School District and the United Way; one year as Development Director for Childsplay, Inc., in Tempe, AZ, and marketing director for the Flint Youth Theatre for two years. The Bridges to the Future program was recognized in 2003 by the National Community Education Association as the country's outstanding after-school program. Alicia received the United Way's Midwest Regional Future Leader Award in 2005.



Michelle Bard

Annual Giving and Stewardship Director

Joining Kinesiology October 1 as Annual Giving and Stewardship Director is **Michelle Bard**, currently the administrative assistant to U-M Vice President for Development, **Jerry May**. Michelle will be responsible for coordinating the direct mail and U-telefund program on behalf of the Kinesiology Fund. She also will oversee the stewardship and donor relations programs for Kinesiology.

This will include coordinating the Kinesiology Internship Initiative with the Office of Student Services, facilitating the Study Abroad program and serving as the executive secretary to the Kinesiology Alumni Society Board. Michelle will also coordinate public relations and communications for Kinesiology. Michelle has been with U-M Development since January 2005 and earned a bachelor's degree in journalism from Indiana University in 2003.

Kinesiology Ambassadors Sponsor Walk/Run

Early registration
postmarked by Sept. 28 \$12

Late registration
postmarked by Oct. 5 \$15

Race Day registration..... \$18

For more information and a registration form, visit the U-M Kinesiology Events web page.

Kinesiology Ambassadors, a student organization that helps introduce prospective and incoming students and the university community to U-M Kinesiology will host its first-ever community event, the Kinesiology Walk/Run, Sunday, October 8 at Nichols Arboretum.

Proceeds from the event will be shared with the Muscular Dystrophy Association (MDA) and Kinesiology research in motor behavior and development for those with physical disabilities.

The event will include a 5-K competitive run and a two-mile walk. The 5-K run is a well-maintained route, with packed dirt or grass terrain that has smooth footing. Flat for much of the first half, the course is rolling in the second mile and offers runners one prominent rise. A flat and downhill last mile promotes a fast finish. The two-mile walk is a flat and scenic course that follows the Huron River and traverses the Arboretum Meadow area. Both the race and the walk will begin and finish near the Lower Parking Lot, (M29) for Nichols Arboretum. Prizes will be awarded for the top male and female competitors in open and masters divisions as well as awards for various age groups.



Observatory Lodge Update

The U-M is moving forward with renovation and historic preservation of Observatory Lodge, a 75-year-old building on Central Campus that will become the new home of Kinesiology.

A.Z. Shmina, Inc., Brighton was awarded the contract to renovate the 30,600-square-foot facility on the corner of Observatory Street and Washington Heights. Kinesiology expects to gain about 18,000 net square feet of classroom, office and research space when construction is completed in fall 2007.

The new space allows Kinesiology to consolidate its activity within Observatory Lodge and two laboratory areas that will remain at CCRB. In addition to classrooms, offices and research areas, Observatory Lodge will enable kinesiology to add small group meeting and study space for students; expand space and services focused on career planning and placement.

Observatory Lodge is a five-level apartment building built in a Tudor revival style in 1930 with 34 units for students, faculty, staff and retirees. It operated for 36 years as a private facility until the University purchased it in 1966. It was part of Family Housing from 1987 until it closed in 2001 when it was vacated.

The building is undergoing a total interior renovation of mechanical, electrical, plumbing and life safety systems, as well as architectural changes to support its new use as an academic home for Kinesiology. The lobby and exterior of the building are being preserved in their entirety, with appropriate repair and restoration.

Remodeling is expected to be completed for the fall 2007 term.

25

Kinesiology's Health Management Research Center hosts 25th annual Wellness in Workplace Conference

In 1978, the HMRC began wellness assessment and programming and health management evaluation, using its health risk assessment approach. Corporations that have worked with the center to examine the health of their employees and the effects on productivity include Bank One, Xerox, Steelcase, and Detroit Diesel.

Just a few years later, the center began hosting annual events looking at causes and consequences of healthy behaviors, both for the employer and the individual.

The 2006 conference, *Beyond Individual Risks and Behaviors*, included the presentations *Creating the Culture to Support a Healthy Work Environment* by **Judd Allen** of the Human Resources Institute and *Reviewing the Stage for Health Management as a Serious Business Strategy* by Dee Edington, director of the Health Management Research Center.

Annual PE Workshop Slated for December 1, 2006

U-M Kinesiology's annual PE Workshop will be Friday, December 1, in the Kinesiology Building. **Kerry Winkelseth**, PE instructor and director of U-Move Fitness, coordinates the workshop. Proceeds from the workshops assist in underwriting student participation in the annual MAHPHERD conference.

KINESIOLOGY ON THE MOVE

U-M Kinesiology Hosts Delegation of Chinese Educators

Bev and Dale Ulrich hosted members of the Chinese delegation in Ann Arbor for the Michigan-China University Leadership Forum, May 13–17.

Special guests were **Mr. Luo Weidong**, chair of the University Council, University of Science and Technology, Beijing, and **Mr. Qu Zhenyuan**, chair of the University Council, China Agricultural University, Beijing along with **Ms. Lijing Yang**, a Ph.D. student in higher education, who served as interpreter.

During the two weeks of presentations and conversations, representatives from 20 universities and five academies and ministries of higher education in the People's Republic of China, met with the leadership of U-M to gain a better understanding of higher education in China and the University of Michigan. It is expected that the University will build upon the relationships initiated during the Forum.

The Forum included presentations and discussions ranging from strategic planning to improving professional and graduate education and technology transfer.

Joining Dean and Professor Ulrich in honoring Kinesiology's guests of honor were **Dee and Marilyn Edington**, **Melissa Gross**, associate dean-designate for research, **Greg Cartee**, professor of movement science, and **Jinhua Wu**, postdoctoral scholar, Kinesiology.



l to r: Dale Ulrich, Ph.D., Mr. Luo Weidong, Beverly D. Ulrich, Ph. D., Mr. Qu Zhenyuan, and Ms. Lijing Yang, Ph.D.

LET US HEAR FROM YOU!

Tell us about your recent activities so we can share them with other alumni through *Movement* magazine. You may contact **Shelly Kovacs** by calling (734) 647-2696, or sending email to skovacs@umich.edu. You may also mail this form to:

U-M Kinesiology
Attention: Shelly Kovacs
401 Washtenaw Avenue
Ann Arbor, MI 48109-2214

Name: _____

Degree and Year: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Home Phone: _____ Business Phone: _____

May we share with alumni? ☐ Yes ☐ No

Please let us know about any changes in your life or career below.
If you need more space, attach a separate sheet.

The Letter that Changed Your Life...



Michigan may be a long way from where you are today, but it's a very short distance from who you are.

You've done well in life... and leaving a legacy for future generations at Michigan is one way you can give back.

Remember those college yesterdays by remembering Michigan in your estate planning.

Whether you leave \$5,000 or \$500,000, you can choose the school or college, endowment, or other fund that will benefit from your gift.

Contact the Office of Development for more information about ways of giving to the University.

To learn more... Call us toll-free at 1-866-233-6661,

or email us at giving2@umich.edu,

or visit our website at www.giving.umich.edu and select the "How to Make a Gift" option.

Remember Michigan...live forever

M UNIVERSITY OF MICHIGAN

Stay in Touch

Alumni Relations/Development

Shelly Kovacs skovacs@umich.edu (734) 647-2696
Jim McIntyre mjmcinty@umich.edu (734) 615-4272
Alicia Marting amarting@umich.edu (734) 615-9678
Michelle Bard bardma@umich.edu (734) 647-2689

Career Networking

Martha Reck mrreck@umich.edu (734) 647-2697

Kinesiology Alumni Awards

The Kinesiology Alumni Society Board is pleased to present the Alumni Awards every year, and welcomes you to nominate your fellow alumni.

Self-nominations are also accepted.

The award criteria are listed on the Kinesiology web site, <http://www.kines.umich.edu>.

If you have questions, telephone Shelly Kovacs (734) 647-2696 or skovacs@umich.edu.

Learn More About Today's Kinesiology

Check out our website at <http://www.kines.umich.edu>. Or, better yet, join us for one of our organized activities—golf invitational, alumni networking, alumni reunion—or for an informal visit and tour.

Our welcome mat is always out!



The Regents of the
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University of Michigan
Division of Kinesiology
401 Washtenaw Avenue
Ann Arbor, MI 48109-2214

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