

Kinesiology
is

—movement

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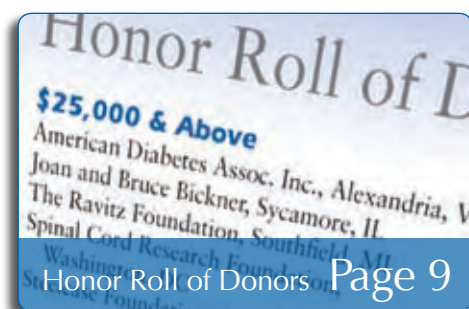
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to Build a Better World Page 2



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Honor Roll of Donors Page 9

Save the Date

August 21, 2006.....Movement for Life Golf Invitational
October 27, 2005.....Kinesiology Alumni Reunion



KINESIOLOGY

studying movement

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Energy, Progress, Positive Change.

In all its definitions, the word movement describes the dynamic state of kinesiology today. Movement encompasses the scientific study of human motion, the importance of activity on growth and development, the role of sport in society, the exploration of new directions, and emerging trends. **movement** brings you research findings and thoughtful insights on developments in kinesiology, as well as continuing updates on faculty, students, and your fellow alumni.

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movement

ment



Welcome to this edition of *Movement* magazine!

As I watch the activity in our classrooms and across campus it is evident to me that students are truly the lifeblood of the University. They are also the most transient segment of our campus, as they come to Ann Arbor for a few years and then go on to new challenges. We, the campus and community, are much richer for this time spent together, for the ways in which they challenge us to think deeper as they grow and learn, for the ways in which they go on to take their respective places in society, and for the ways so many retain their connections to the University as active, contributing alumni. This fall we were very excited to welcome another record-breaking number of talented, energetic new students. Approximately 160 freshmen enrolled in Kinesiology bringing our undergraduate total to over 800. These numbers reinforce two points. One, is the growing interest in and demand for the exciting career opportunities for which our programs prepare people, and the importance of these careers and our scholarship to the health and well-being of society. The other is the fact that Kinesiology is out of space! But, I am happy to report that we have good news to share on the space front.

For several years faculty and staff in Kinesiology have been working internally and with the Central Administration to find a solution to our space needs. A volunteer subcommittee comprised of **Jeff Horowitz**, **Kim Kiernan**, **Pat Van Volkinburg**, and **Bruce Watkins** developed an extensive review of the Division's needs and worked diligently with Einhorn, Yafee, and Prescott architects, campus planners, and the Provost's Office to identify the most feasible solution to our needs. In the spring of 2005 the Regents approved the Schematic Design for renovating Observatory Lodge (see the article on page 6). If all work goes as planned significant portions of our activity will move into this new location in the fall of 2007. For the time being, we will retain the majority of our research laboratories in the CCRB, along with several classrooms and some faculty offices.

If students are the lifeblood of the University, then doctoral students are its future. It is from their ranks that the majority of our faculty members emerge. After spending four to six years working an average of 60 hours a week taking classes, conducting research alongside their professors, helping to guide undergraduates through research opportunities, and helping to teach sections of our courses, they earn their PhD and take their places in universities and research centers around the world. These graduate students often arrive in Ann Arbor after having spent several years as professionals earning substantial salaries. But they give up the security of those careers (and the income) to follow a new path—one that enables them to help others in a new way, by helping them to obtain a higher education degree and by studying ways to solve the problems that the science of Kinesiology addresses. We are grateful to these folks for committing themselves to our future and encourage you to read more about some of them in the article on page 2 of this issue of *Movement*.

The diversity of career paths followed by the graduates of our PhD program is illustrated by a small group of alums that returned to Ann Arbor last June for a reunion. Among them and hailing from three countries, were several university faculty members, a university administrator, an Anglican Bishop, and the CEO of a human factors consulting firm. See photos and story on page 33.

Also in this issue of *Movement* we highlight our reception for 2005 academic award recipients and our graduation ceremony. We share a story about **Dr. Dale Ulrich's** research involving children with Down syndrome learning to ride bicycles—an important life skill for many in this population. You can also read about Kinesiology's co-sponsorship of Al Gore's campus presentation on the importance of preserving our environment.

We are especially proud to recognize in this issue our honor roll of donors. We thank all of you for your generous contributions, for your loyalty, and for being part of the Kinesiology family.

With best wishes for a happy, healthy, and active academic year!

Beverly D. Ulrich

Dr. Beverly D. Ulrich
Professor and Dean



Doctoral students Chia-Lin Chang and Beth Smith with Dean Beverly Ulrich in the Motor Development Laboratory, Center for Human Motor Research.

Kinesiology Doctoral Students Work with Faculty to Build a Better World

Cheryl Israel

Why would you leave a financially stable income to return to school and live frugally? Why would you leave a promising career to spend long hours studying and working in a laboratory? Why would you immerse yourself in research that often, with every answer, prompts another question?

Why would you become a Kinesiology doctoral student?

There are clear answers to these questions. Kinesiology doctoral students have a passion for research, a thirst for higher level knowledge, and a passion for improving the quality of life for people. **Dean Beverly Ulrich's** vision is that Kinesiology graduates will go out and make the world a better one than exists today. Our doctoral students plan to do just that.

Graduate education has become increasingly valued in the United States, and across the globe, as our economy shifts to a stronger emphasis on services and information, according to research by the American Psychological Association. The depth of knowledge provided by higher education allows us to uphold our leadership position and voice in the world.

The Kinesiology doctoral program is taking its place among the leaders, as one of the top ranked programs in the nation. **Dr. Bruce Watkins**, sport management professor, and chair of the graduate committee for over ten years, is pleased to be part of Dean Ulrich's vision. He is clearly invested in the welfare of the program, as he describes its early history.

Created in 1938, the first PhD degrees were awarded in 1940. The main source of funding at that time was for graduate student instructors to teach physical education courses. "The program produced many fine teachers, but due in part to the activism in the 1960s, the University stopped making PE mandatory. The funds dried up, and the program became virtually non-existent," said Watkins.

From the 1980's until approximately six years ago, the majority of the Kinesiology doctoral students were part-time, and working to support themselves. "It wasn't a healthy environment for the program," said Watkins. "When students can only work an



Dr. Greg Cartee with doctoral student Katsu Funai in the Muscle Biology Laboratory, Center for Exercise Research.

KINESIOLOGY DOCTORAL STUDENTS

DIANE ADAMO
JOAQUIN ANGUERA
CHIA-LIN CHANG
GERRY CONTI
ANDREA CORNFORD
ELIZABETH CRANE
DANIELA DEMAN
ANTOINETTE DOMINGO
KATRINA FOGLEMAN
KATSUHIKO FUNAI
DANIEL GOBLE
HEIDI HARRIS
CHRISTOPHER HERMAN
MIN HUANG
HYUN SEOK HWANG
PEI-CHUN KAO
NICHOLAS KNUTH
MEGHANN LLOYD
JULIA LOOPER
SANDRA MCKAY
GREGORY SAWICKI
SIMON SCHENK
BETH SMITH
SCOTT TAINSKY
CHAD TIERNAN
ELIZABETH WUORINEN

equivalent of one day per week on their doctoral work they are unable to progress at a reasonable rate.”

When Dean Ulrich first came to Kinesiology in January of 1999, there were only a few students in the doctoral program. She worked with the faculty to strengthen the research component, and she lobbied for funding to renovate and create modern laboratories with state-of-the-art equipment. The program flourished, and for the last several years it has annually averaged 18–20 full-time, fully-funded Kinesiology doctoral students.

Those students work with our scientists on a wide range of societal issues that will, as Dean Ulrich stated, make this world a better place. They conduct research on issues that include evaluating methods to improve the motor skills of children with disabilities, and methods to improve the rehabilitation of spinal cord injury and stroke victims. They evaluate athletic training methods as they relate to sport injury. They research the effects of exercise on diabetes, appetite suppression, and cardiovascular disease, and they study brain structure-function relationships relevant to motor control, learning, and aging. They study effective teaching methods, and they analyze the economics of sport as it affects the world.

The lofty research goals of our faculty require an exceptional group of students, who are chosen because they have research interests that meld with those faculty. They observe and assist their mentors with research, while conducting their own studies, which enriches both areas of research. “Our doctoral students are bright and passionate about their research, and they are chosen because of that passion,” said Watkins. In fact, that passion is reflected in their faces visibly when they talk about their research...

Beth Smith's eyes widened and a smile spread across her face as she described the dynamic systems theory which studies motor control from the aspect of interactions between the task, the environment and the organism. “I just love the richness of it,” she said. She went on to describe the difference for children who are blind, autistic, have Down syndrome or spina bifida, and the possibility of using this theory to make the quality of life better for those populations.

Meghann Lloyd expressed pure delight as she described her study on whether a simple kicking intervention designed for infants with Down syndrome used by parents in the home will increase kicking, and if increased kicking will have an impact on subsequent motor development. “I love these kids, and I love my babies; they are what my research is all about,” she said.

Sandra McKay stretched out her arms, clasped her fingers together, and one could almost see the invisible ankle as she animatedly described her research that involves attaching a



Greg Sawicki in the Neuromechanics Lab, Center for Human Motor Research.

vibrator motor to the Achilles tendon of typically developing children to test responses that influence the central nervous system while they are standing and walking.

Diane Adamo, Chia-Lin Chang, Antoinette Domingo, Dann Goble, Min Huang, Julia Looper, and Chad Tiernan are trained in physical therapy and/or occupational therapy. They joined the program because they are strongly compelled to learn the most effective ways to help people rehabilitate. Although I spoke with them individually, they unanimously agreed that they are thrilled to use proven, scientifically tested methodologies.

The majority of the doctoral students leave established careers to enter the Kinesiology program, taking a substantial financial cut. They spend four to six years conducting research, testing, analyzing data, and writing papers. Of course, there is class time, and many of them teach during some part of their program. Additionally, some have family responsibilities.

Day or night, any day of the week—there are Kinesiology doctoral students in the building, at work. **Nick Knuth** and **Simon Schenk** may be running experiments related to diabetes under the supervision of **Dr. Jeffrey Horowitz**, Substrate Metabolism Laboratory Director. **Antoinette Domingo** and **Pei-Chun Kao** may be in the Neuromechanics Laboratory testing a subject or analyzing data related to spinal cord injury under the supervision of **Dr. Daniel Ferris**, Neuromechanics Laboratory Director.

Our doctoral students enter the program with a high energy and enthusiasm for their work. They could rest on the laurels of their master's degrees and enjoy a more relaxed lifestyle. Rather, they make personal sacrifices to pursue their passion for research and invest in their future.

“The doctoral program is of great value to the science of Kinesiology,” said Dean Ulrich, “and we enter into these partnerships with great enthusiasm and dedication.” Kinesiology also enters into the partnerships with a strong financial commitment.



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MAKING A DIFFERENCE

"Plan to be better tomorrow than today, but don't plan to be finished."
—Dr. Carol Tomlinson, US Educator



Doctoral student
Julia Looper
with a research
study participant

The Doctoral Program is Critical to Kinesiology Research

When you ask Kinesiology scientists why the doctoral program is critical to Kinesiology research, their initial reaction is equivalent to a long, deep breath. To them, the answer is intuitive, although multi-faceted.

The Future: The Kinesiology doctoral program is the future of Kinesiology research. Today's doctoral students are tomorrow's generation of teachers, researchers and leaders in the field. "We are training our replacements so that they can carry on our work, and advance the field of kinesiology with new research findings of their own," said **Dr. Marvin Boluyt**, Director of the Laboratory for Molecular Kinesiology

As a 1990 PhD graduate, Boluyt should know. He studied here with **Dr. Tim White**, who is now the President of University of Idaho. After graduation, Boluyt held a post-doctoral fellowship at the National Institutes of Health for five years, then two years as a senior staff fellow. He studied the effect of aging on the heart. He returned to Kinesiology in 1997 as a visiting fellow, and in 2000 he became an assistant professor.

Leaders and Best: Dr. Cartee, who is also Director of the Muscle Biology Laboratory, points out that one of the defining factors between a flagship school and a high level institution is the quality of the graduate program. Kinesiology doctoral students help us to maintain our position among the leaders and best in several ways.

- They collaborate with faculty members to write articles on state-of-the-art research findings. They have served as first authors and/or co-authors in prestigious journals such as *Human Movement Science*, which is distributed to scientists who research biological movement; *Motor Control*, which provides a multidisciplinary examination of human movement across the lifespan; the *Journal of Biomechanics*, the *American Physiology Journal*, and *Experimental Brain Research*, to name a few. Publications such as these are highly respected, widely read, and bring Kinesiology to the forefront of the field.

Doctoral Student Funding

Doctoral students are typically in residence four to six years. It costs approximately \$40,000 to cover in-state and \$50,000 to cover out-of-state residents to provide them with health care, tuition, and a modest living stipend. It is necessary to draw from a variety of resources to fund a student through the program:

- Fellowships are sometimes awarded
- Graduate student instructor positions to teach in the undergraduate curriculum
- Graduate student research assistant positions to work in the laboratories
- Funding through various faculty grants and awards
- Endowment funds

The Ruth Harris Endowment provides some doctoral student funding. **Dr. Ruth Harris**, Professor Emerita, was a movement science faculty member from 1946 to 1987, who recognized the need for doctoral student funding. She made a generous cash contribution, which is supplemented by donors who support Dr. Harris. Dr. Harris passed away last June (see page 17).

Dr. Harris' generous contribution provides the only assured, stable funding available for our doctoral students. That is why one of the major campaign goals for Kinesiology is to obtain an endowment that will fully fund four doctoral students. With such endowments, Kinesiology can avoid the severe decline of the doctoral program in times of drastically reduced funding as happened in the 1980s, and enable faculty to recruit the very best students to join us at Michigan.

"Full-time, resident students are critical to the rigor of the doctoral program, and to achieve the ultimate intellectual vibrancy," said Watkins. **Dr. Greg Cartee**, Director of the Center for Exercise Research, agrees. "The period of time required for laboratory experiments is lengthy," he said, "and in order to produce optimum results, those experiments should be conducted with minimal interruptions by full-time, devoted doctoral students."



Doctoral student
Beth Crane with
Dr. Melissa Gross
in the Anatomy Lab
after Beth's class
instruction.



l to r: Doctoral students Simon Schenk, Nick Knuth, Amanda Cornford and Dr. Jeffrey Horowitz in the Substrate Metabolism Laboratory, Center for Exercise Research.

- They collaborate with faculty to present papers and posters at national and international conferences in locations that include Australia, Italy, Scotland, Spain, the Netherlands and New Zealand. For example, doctoral students from the Motor Development Laboratory and the Center for Motor Behavior in Pediatric Disabilities made several presentations at international conferences about research involving infants and children with Down syndrome. (faculty mentors **Dr. Beverly D. Ulrich** and **Dr. Dale Ulrich**, respectively)

Students from the Neuromechanics Laboratory present at the Society of Biomechanics and International Society of Biomechanics Biannual Congress and the International Society of Biomechanics Biannual Congress, the most prestigious gathering in that field of study. **Keith Gordon** was awarded the Young Investigator Award and the Best Poster Presentation Award, by those organizations, respectively. (faculty mentor **Dr. Daniel Ferris**)

Students from the Motor Control Laboratory presented at the annual Neuroscience meeting, the largest professional conference of neuroscientists. Several of those students presented at an aging conference sponsored by the Wayne State University Institute of Gerontology, the University of Michigan Institute of Gerontology and the Michigan Alzheimer's Disease Research Center. (faculty mentor **Dr. Susan Brown**)

- Kinesiology maintains its status among the leaders and best as our doctoral students go on to conduct post-graduate work and accept professional positions. They spread the word about the quality of our program with the quality of their work. They share their knowledge with doctors, surgeons, therapists, educators, scientists, teachers, and professionals in other organizations.

The doctoral students provide Kinesiology with increased visibility, and a stronger voice in the academic and scientific world. They help faculty mentor undergraduate students. Graduate students often teach as part of their doctoral program, as well.

"The doctoral students play a critical role in planning, conducting, analyzing and presenting research. They also galvanize the

faculty with new ideas, energy, and enthusiasm," said **Dr. Rachael Seidler**, Director of the Neuromotor Laboratory.

Building a Better World with Lifelong Partnerships

Our doctoral students also benefit from many advantages, such as their lifelong association with a world class university.

They establish lifelong friends, and they have the opportunity to be part of a community while they are here. Many of the doctoral students participate in sports together—baseball, broom-ball, and football are among them. They occasionally shoot hoops in the gym. "I am on all of the teams because they are so much fun," said **Joaquin Anguera**. "We hang out in the labs, and on the field," said **Simon Schenk**.

They receive a lifelong partnership with faculty, who are proud of their doctoral students. "Faculty mentors become neighbors, friends, motivators and, often, counselors," said Watkins.

They receive sophisticated training from experts in the field. Dr. Cartee said that the faculty trains the doctoral students to constantly question their results. "In essence, we teach them to understand that the more educated they become, the more they will realize what they don't know, that they must always be willing to think that there is more," he said. They learn to ask "why?" in an infinite loop of repetition—at the beginning of their research, and after every apparent conclusion.

Dr. Dale Ulrich and **Dr. Dan Ferris** spoke of mentoring students to generate new scientific knowledge through research, and to disseminate that information to others in the field. "One of the most important things that we teach our graduate students is the importance of sharing their knowledge," said **Dr. Marvin Boluyt**. And they will...

Greg Sawicki will continue his research on exoskeletons and share his knowledge to help stroke victims rehabilitate. **Julia Looper** will work with orthotics and share her knowledge to help Down syndrome children improve their walking skills. **Liz Wuorinen** will share her knowledge in the area of appetite suppression and female hormones as a faculty member and scientist. **Chad Tiernan** will share his knowledge in the area of adapted physical education. **Katsu Fanai** will share his knowledge in the area of insulin signaling and glucose metabolism in the skeletal muscle. And that names only a few of our doctoral students who will go on to achieve Dean Ulrich's vision for the program.

Congratulations are due to the Kinesiology faculty. Together they have created a graduate program of people who are eager to learn, who will share their knowledge with others, and who will help build a better world than the one that exists today.



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Observatory Lodge, the new Kinesiology Home.



Light fixture detail.



The Observatory Lodge weathervane features a squirrel eating a nut, which can be seen for miles.

Historic Observatory Lodge to be the New Kinesiology Home

Pat Materka

The U-M Board of Regents has approved \$11.5 million for the renovation of Observatory Lodge as the new Kinesiology Building on central campus.

The regal exterior of the 75-year-old Tudor Revival-style building will be preserved, but the interior space will be completely reconstructed, netting Kinesiology 18,000 additional square feet of classroom, office, and research space. Most of Kinesiology will relocate to the new facility in fall, 2007, when the renovations are slated to be completed.

“First and foremost, the new building will help remedy the overcrowding we have experienced for the past six years, as our enrollment and research productivity has grown dramatically,” said Dean Beverly Ulrich. “This will allow Kinesiology to have its own dedicated academic space, as do all other academic units at Michigan.”

The new quarters will allow the school to consolidate most of its activities within Observatory Lodge. In addition to teaching and research areas, Observatory Lodge will include small group meeting and study space for students, and expanded space for career planning and placement services.

The 30,600 square-foot building sits one block to the north east of the current Kinesiology Building at the corner of Observatory and Washington Heights, across from the Mosher-Jordan residence hall. Close to the Medical School and the School of Public Health, the location “is excellent for our needs,” Dr. Ulrich noted. “It will facilitate research collaborations and put us closer to faculty and student interests. Yet we will still be close to the CCRB, where our wet labs and other extensive research space will remain.”

“Observatory Lodge provides us with visibility—a ‘front door’ to our scholarly research enterprise that is separate from recreational facilities,” she continued. “It will enhance our recruitment efforts at all levels.”

Stepping Through Time

“The ornament of the house is the guest who adorns it.”

So reads the inscription above the arched stone mantel of the Tudor-style fireplace, sending a message of welcome to everyone who enters.

The 50 guests who gathered in the Observatory Lodge lobby for an enthusiastic preview of Kinesiology’s new home on October 7, 2005, just prior to the alumni reunion, included alumni, faculty, staff, and other friends. This space features wood beams supporting a vaulted wood-strip ceiling embellished with period light fixtures. A glazed tile patterned floor echoes the colors of exterior brick, and decorative tiles are set in the plaster gable above the exterior door.

Observatory Lodge has been described as an architectural masterpiece well deserving of restoration and new life.

OBSERVATORY LODGE

The Lodge was built in 1929–30 as an apartment building to serve faculty and staff working at University Hospital. The University purchased it in 1966 and used it for family housing from 1987 to 2001, when it was vacated. The building has not had a systematic upgrade since it was originally constructed. The architects plan a total interior renovation of mechanical, electrical, plumbing, and life safety systems. The gothic exterior of the building will be preserved in its entirety, as will the gabled lobby.

“Observatory Lodge is getting closer to becoming the new Kinesiology home,” said business administrator Kim Kiernan. “The architects are completing the construction drawings, and it is becoming more real as we begin to visualize it.” The areas of preservation and restoration will be the exterior, the lobby, and some architectural features in the Dean’s suite. The remainder of the space will be completely updated with modern classrooms, labs, and office spaces.

Kathy Bodary, facilities coordinator, adds, “I like the idea of entering the building through the preserved space of an earlier time and then stepping through that portal into a high tech environment. The contrast will be really special.”

Observatory Lodge was built with exceptional attention to detail, including patterned multi-colored bricks, stained glass windows and plaster relief work. Among the unique interior features are dozens of decorative tiles featuring humorous faces of animals and people. Squirrels are a common theme. They appear in the bas relief panels and in an unusual weathervane on the gabled roof featuring a squirrel eating a nut, which can be seen from miles around. “It shows a sense of humor and a sense of whimsy that I find enchanting, and one that we don’t often see in modern architecture,” says Bodary.

A Long Sought Solution

Kinesiology has been working with U-M’s Central Administration since 2002 to increase the quality and quantity of its workspace. It has been relocated in CCRB since 1977, after the demolition of Barbour and Waterman Gyms. Over the next quarter decade, new academic programs were added and the faculty and enrollment outgrew its allocated space.

Additional offices and labs were configured from exercise rooms, and are now scattered across four floors of the CCRB. Many are located alongside locker rooms and gymnasias. Instructors compete with the crashing sounds from weight rooms located directly above the classrooms. As a temporary solution, Kinesiology spends \$100,000 a year to rent external space to house 12 faculty and two research centers.

Meanwhile, Kinesiology’s annual Federal Funding has risen dramatically since 1999, from \$174,000 to nearly \$2 million

At the Observatory Lodge Reception...

l to r: Nicole Forrester,
Butch Woolfolk,
Pete Kempf, and
Chris Parker (rear) study
the floor plans
at the Observatory
Lodge reception.



l to r: Dr. Katarina
Borer, Diane Whetland,
Shelly Kovacs, Pat Van
Volkinburg, and
Kim Kiernan.

l to r: Scott Jeffer,
Pete Kempf, Richard
Honig, and Patty
Donohue-Ebach.



in 2005. Nonfederal external funds have also increased 82 percent, reflecting strong foundation and corporate support. Faculty publications and presentations increased 86 percent as well.

The PhD program has grown from two full-time students in 1999 to nearly 20 full-time, fully-funded students today. Undergraduate student enrollment stands at 775—the highest ever—with record levels of applications, Ulrich noted.

“Our goal is to maintain undergraduate enrollment at about 730 while continuing to increase value. This includes new educational opportunities and support services such as a ‘study Kinesiology abroad’ program, minority mentoring, and internships,” the Dean noted.

“Observatory Lodge will give us the space we need to house these efforts. It sets the stage for continued growth in our scholarship and contributions to society.”



DEVELOPMENT

Thank You, Kinesiology Alumni and Friends



My first year as Development Director has been very rewarding because I have had the opportunity to meet many of our Kinesiology alumni and friends. I hope to contact or hear from more of you as time progresses. I am impressed by the commitment, loyalty, and enthusiasm that so many of you have exhibited.

We are proud to recognize you in the Kinesiology Honor Roll on the following pages. You will notice that this year we have provided you with a more enhanced honor roll, one that indicates our donors by graduation class year, then by giving level, and by geographic area. We hope that you will find this information interesting, and even useful.

Perhaps you will find someone from your class year, from your home town, or from an area that you are interested in, that you would like to reach. Please let us know. We would be glad to obtain the proper permissions, and begin an email dialogue with alumni and friends who are interested in communicating with each other, or with us, on a more regular basis. You can contact me, or Cheryl Israel at cisrael@umich.edu or (734) 647-2689.

I want to personally, and on behalf of the Kinesiology faculty and staff, thank all of you who have supported Kinesiology this year and in the past. We appreciate each and every one of your contributions. You allow us to support our faculty at a higher level, and provide them with better resources to conduct research, and to teach and mentor students. You allow us to support our students at a higher level, and provide them with educational opportunities that they would otherwise miss. Your contributions help to strengthen our Kinesiology visibility and credibility.

Your contributions help us send professionals into the corporate and academic world as superior Kinesiology representatives. Our alumni speak fondly about the difference in their education compared to degrees earned at other colleges and universities. You help us to provide a superior education, which produces Kinesiology alumni who are among the leaders and best in their profession.

Your contributions are Making a Difference in Kinesiology.
From all of us in Kinesiology, thank you,

Jim McIntyre
Director of Development
mjmcinty@umich.edu | (734) 615-4272

GIVING TO THE FUND IS ONE OF THE MOST IMPORTANT WAYS YOU CAN SUPPORT KINESIOLOGY. Fund support allows the Dean to use funds where they are needed most. The cost of higher education continues to rise, and the support of alumni and friends is vital to our growth. Because of your generous contributions, we are able to continue offering the education and facilities that our students need to be "leaders and the best." We ask that you consider giving a gift to Kinesiology before the end of 2005. You may use this form, or use the online giving option on our website at: www.kines.umich.edu. You may also telephone Jim McIntyre, director of development at (734) 615-4272 for information about giving opportunities.

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Yes, I/we would like to make a gift to the
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By credit card: ☐ Visa ☐ Mastercard ☐ Discover ☐ American Express

Account number: _____ Expiration date: _____

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Gwendolyn Tan, Chula Vista, CA
Catherine and Frederick Tank,
Traverse City, MI
Lawrence Thaler, New York, NY
Mr. and Mrs. Robert Thomas, Hanson, KY
Mildred and Alfred Thomas,
Mount Pleasant, MI
Lynn and Tom Thomas, Bloomfield Hills, MI
Betty Thurston, Leverett, MA
Gail Timm, Lansing, MI
Phillip Timm, Garden City, MI
Lynette and Leo Toomajian, Troy, MI
Brian Townsend, The Plains, OH
Virginia and John Townsend, Ann Arbor, MI
Matthew Trevor, Ann Arbor, MI
Denise and Geoffrey Trombley, Grosse Ile, MI
Dewey Turi, Goshen, NY
Diane and Robert Uhlig, Boalsburg, PA
Phyllis and Sidney Ulreich, West Hartford, CT
Emily and Todd Utter, Manassas, VA
Claire and Theodore Vassil, Harleysville, PA
Frank and Catherine Velasquez, Pittsburgh, PA
Charlene and Richard Volk, Glen Arm, MD
Dennis Wadhams, Arlington Heights, IL
Katherine Wainio, Marquette, MI
Amy and James Walsh, Wake Forest, NC
Dr. and Mrs. Ronald R. Wangerin,
Fort Atkinson, WI
Michelle Watson, Saint Louis, MO
Michael Watson, Oxford, MI

Jane and Price Watts, Traverse City, MI
Mary and Thomas Weadock, Grand Blanc, MI
Diana Weber, Ypsilanti, MI
Audrey and Michael Weiss, Beachwood, OH
Philip Welch, Dundee, MI
Julie Wendling, Northville, MI
Susan Wengenroth, Brunswick, MD
Kimberly and Peter Wentworth,
Hendersonville, TN
Vicki and Wayne Wentz, Scottsdale, AZ
James and Ellen Wilhite, Shelburne, VT
Betty and Jack Williams, Grand Blanc, MI
Shavannia Williams, Washington, DC
Sylvia and Alfred Williams, Fort Myers, FL
Alecia Willie, Cambria Heights, NY
Terri and Jeffrey Wohl, Canton, MI
Mr. and Mrs. Stephen Wolfe, Tipton, MI
Anne and Robert Woolley, Belle Mead, NJ
Alana Yavers, New York, NY
Murray Yoffee, Bloomfield Hills, MI
Shih-An and Ya-Shiou Yu, Ann Arbor, MI
Frank Zelinski, Sylvania, OH
Jonathan Zemke, Lakeland, MI
Craig Ziolkowski, Grosse Pointe Woods, MI
Diana and Thomas Ziolkowski,
Grosse Pointe Woods, MI

LET US HEAR FROM YOU!

Tell us about your recent activities so we can share it with other alumni through *Movement* magazine. You may contact Cheryl Israel at (734) 647-2689, via email at cisrael@umich.edu, or contact Shelly Kovacs at (734) 647-2696, via email at skovacs@umich.edu. If you wish to mail this form, send it to Cheryl Israel, U-M Kinesiology, 401 Washtenaw Avenue, Ann Arbor, MI 48109-2214

Name: _____

Degree and Year: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Business Address: _____

City: _____ State: _____ Zip: _____

Email: _____ May we share with alumni?

☐ Yes ☐ No

Home Phone: _____ Business Phone: _____

Please let us know about any changes in your life or career below. If you need more space, attach a separate sheet.



KINESIOLOGY
studying movement

HONOR ROLL

Honor Roll of Donors By Graduation Year

30s 1930s

1938

Sally K. Griswold, BS '38

1939

John J. Heering, Jr., BS '39, MA '64
Virginia M. Stark, BS '39

40s 1940s

1940

Alfred Melov, BS '40

1941

Donald B. Canham, BS '41, MA '48
Hercules G. Renda, BS '41, MS '49

1942

Jacquelyn G. Fielding, BS '42
Evelyn S. Munson, BS '42
David M. Nelson, BS '42
Alfred S. Thomas, BS '42, MA '46

1944

Genevieve A. Isaacson, BS '44
Phebe M. Scott, BS '44

1945

Barbara M. Lindsay, BS '45

1946

Mary Collins Beacom, BS '46
Newton C. Loken, MS '46, EdD '56
Ernest J. Petoskey, BS '46, MA '47, PhD '79
Patricia Ann Swanson, BS '46

1947

Virginia R. Bierwirth, BS '47
Earl M. Katz, BS '47
Alice L. Smyth, BS '47,

1948

Phyllis E. Colville, BS '48
Rodney J. Grambeau, MA '48, EdD '59
Janet Osgood Lawson, BS '48
Charles N. Poskanzer, BS '48,
PhD '63 Pub. Hlth.

1949

Gloria M. McClay, BS '49
Marilyn A. Sheldon Fowler, BA '49 LSA,
MA '51

50s 1950s

1950

Vivian A. Frazier, BS '50
David Horning, BA '50
Beverly J. Sebastian, BS '50
Irvin C. Wisniewski, BS '50

1951

William Jay Bailey, BS '51, MA '53
Eleanor A. Doersam, BA '51, MA '57
Donald E. Dufek, BS '51, MA '61
John F. Hayes, BA '51, MA '55
Alexander T. Hetzeck, BS '51
Leo R. Koceski, BS '51
Charles H. Ortmann, BS '51
Verna Mae Valley, BS '51, MA '55

1952

Peter C. Kinyon, BS '52, MS '56
Dorothy J. Rapp, BS '52
Monroe K. Rowland, BS '52, MA '55,
PhD '60

1953

Donald M. Hurst, BS '53, DDS '60 Dent.
Wayne F. Melchiori, BS '53, MA '57

1954

Claudia Brantley Council, BS '54
Richard M. Leach, Sr., BS '54, MA '58
William M. Moore, PhD '54
Raymond Pavichevich, BS '54
Margaret A. Penney, BS '54, MA '57
Charlotte R. Rose, BS '54

1955

John E. Codwell, Jr., BS '55
Paul M. Lepley, BS '55
William Winkler, Jr., BS '55, MS '61

1956

Patricia A. Bubel, BS '56, MA '63,
PhD '83 (NYU)
Charlotte A. Duff, MA '56
Francis J. LeMire, BS '56, MA '59
Marion Charvat Melody, BS '56
Norman A. Niedermeier, BS '56, MS '58
Margaret E. Parrott, MA '56

1957

Barbara E. Forker, PhD '57
Andrew J. Kozar, Sr., MA '57, PhD '61
Janet A. Shatusky, BS '57
Betty Veres Thurston, BS '57, MS '61
Ronald R. Wangerin, PhD, MA '57, PhD '66
Phyllis S. Weikart, MA '57
Patricia L. Westerhof, BS '57
Jack D. Williams, BS '57
Judith Hofstra Winkler, BS '57

1958

Mary Bennett Drake, BS '58
Michael R. Shatusky, BS '58, MA '60
William E. Thurston, BS '58, MS '62

1959

Constance O. Shain, BS '59
William A. Hoffman, BS '59
Ann J. Mapes, BS '59, MA '64
Dorothy Myhre-Donahue, BS '59
Douglas K. Oppman, BS '59
Diana M. Weber, BS '59, MA '63

60s 1960s

1960

Ermin W. Crownley, BS '60, MA '61
Herbert W. Deromedi, BS '60, MA '61
Dorothy A. Fehring, BS '60
Catharine Mizhir, BS '60
Jane Sprague Watts, BA '60

1961

Patricia Boyd, BS '61
Jean Coleman, BS '61
Thomas G. Kerr, BS '61, MS '62
Barbara A. Passmore, BS '61
Douglas E. Paul, MA '61
Daniel A. Snow, BS '61
Catherine Tank, BS '61
John G. Wilhelm, BS '61

1962

Dennis E. Floden, BS '62, MA '63
Linda Schweizer, BS '62
Kenneth G. Simmons, MS '62
Jon C. Urbanchek, BS '62
Thomas Ralph Weadock, BS '62

1963

Carol L. Cross, BS '63, PhD '97
Gerald Dubie, BS '63
E. Arnold Engster, Jr., BS '63
Jon K. Hall, BS '63, MA '66
Richard L. Honig, BS '63, MA '66
Susan G. Neller, BS '63

1964

Sandra Jean Coleman, BS '64
William A. Dodd, BS '64, MA '65
John F. Marcum, Jr. BS '64
Wayne Henry Miller, BS '64
Nancy Ridout, BS '64
Jane Ellen Sexsmith, BS '64
George A. Wade, BS '64, MS '66, MD '77

1965

Daniel J. DiNunzio, BS '65
Cynthia A. Marquard, BS '65
Michael Alan Pointer, BS '65

1966

Thomas A. Cecchini, BS '66, MA '69
Nancy L. Erickson, BS '66
Mary Jane Garlick, BS '66, MA '70
Judith E. Gass, MA '66
Micki King, BS '66
Sue Ellen Lockwood, BS '66
John R. Magel, PhD '66
Katherine Mary Wainio, BS '66, MA '69

1967

Howard A. Brundage III, BA '67
Joan E. Farrell, PhD '67
Gordon R. Harvey, BS '67
Joan A. Philipp, PhD '67

HONOR ROLL

Phyllis M. Ulreich, BS '67
Nancy B. Wessinger, BS '67, PhD '88
Stephen K. Wolfe, BS '67

1968

George A. Brooks, MS '68, PhD '70 Rack.
Fred R. Brown, Jr., BS '68
Helen Stewart Carty, PhD '68
Robert J. Degange, BS '68
George Lancaster, Jr., BS '68
Anna M. Robbins, BS '68
Robert W. Thomas, BS '68
Gail P. Timm, BS '68
Richard R. Volk, BS '68

1969

Judith A. Cottingham, BS '69
Philip Garth Gross, BS '69
Marian E. Kneer, EDS '69, PhD '72
William F. Krug, BS '69, MA '75
Robert Forte Shannon, Jr., BS '69, MA '73
James R. Wilhite, BS '69

70s 1970s

1970

William J. Harris, BS '70, MA '77
Frederick A. Mulhauser, PhD '70

1971

Cheryl D. Barkovich, BS '71
William F. Canning, BA '71 LSA, MA '73
Marnie Culligan Parrott, BS '71
Lani J. Loken, BS '71
Cathy Mancino, BS '71
Paula Pierson-flatley, BS '71, MA '72
Lance G. Scheffler, BS '71
Christine F. Schneider, BS '71

1972

Lois Ann Dohner, BS '72
Carol L. Love, BS '72
Ann A. Meranda, MA '72, MS '87
Herbert W. Olson, PhD '72
Murray Bennett Plotkin, BS '72, MS '74
Charles W. Quebbeman, BA '72
James M. Rankin, BS '72

1973

Thomas D. Ferchau, BS '73, MS '75
Albert H. Green, BS '73
Annie Lee Jones, PhD '73
Melissa J. Lange, BS '73
John B. Shea, MA '73 LSA, PhD '74
Alfred L. Williams, MA '73

1974

John D. Concannon, BS '74, MA '76
Michael C. Hollway, BS '74, MA '75
Jarrett Theophus Hubbard, BS '74
Pamela J. Kloote, BS '74, DDS '78 Dent.
Daniel Q. Minert, BS Gen. Stud. '74 LSA,
MS '77
Denise Jo Baron Parr, BS '74
Sheryl M. Szady, BS '74, MA '75, PhD '87

1975

Gary W. Appel, MS '75
Clare Canham-Eaton, BS '75,
MALS '76 Sch. Inf
Constance P. Hill, BSN '75 Nurs., MS '86
Susan E. MacConnie, MA '75, PhD '85
Catherine P. Moorehead, BA '75 LSA, MS '85

1976

Mary Elizabeth Borst, BS '76
Julie Else Kantz, BS '76
Jeffrey W. Reed, MA '76
Lloyd C. Schinnerer, BS '76
Denise Z. Staudt, BS '76, MS '84

1977

Cathy A. Kalahar, BS '77, MA '81
Claudia J. Menacher, BS '77
Cathy S. Nachman, BS '77
Carol Ann Ray, BS '77
Robert D. Ricketts, MA '77
Curtis J. Stephenson, BS '77
Dennis Wadhams, MS '77

1978

Victor Lamar Bowman, BS '78
Gregory K. Grambeau, BS '78
David L. Johnson, MS '78
Susan M. Madley, PhD '78
Robert William Mills, BS '78
Kenneth L. Shapiro, MS '78
Thomas Jay Templin, PhD '78

1979

Judith A. Bischoff, PhD '79
Kathleen Hollway Ferrer, BS '79
Susan H. Jenio, BS '79, MA '81,
BSPT '86 Phys. Th.
Laura Denman Kolberg, MS '79
Laurie G. Murphy, MS '79
Stella Natalya Voreas, MS '79

80s 1980s

1980

Marilyn K. Freda, BS '80
David P. Ingram, BS '80
Martha Redding Laughna, BS '80
Patrick Leoni, BS '80

1981

Marvin J. Boluyt, MS '81, PhD '90
Karen Sue Bruinsma, BS '81, MS '84
John Lyman Spring, EDS '81

1982

Douglas E. Clementz, BS '82
Daniel R. Harber, BS '82, MS '84
Janet E. Rimar, MS '82
Daniel S. Rooks, MS '82
Dominick A. Taddonio, PhD '82
Karen N. White, PhD, BS '82 LSA, MS '85,
MS '90 Pub. Hlth., PhD '94
Harold E. Woolfolk, BS '82

1984

Jay H. Basten, BA '84, MS '93, PhD '02
Gregory R. Moriarty, BS '84

1985

Sally Thomas Buck, BS '85, MS '87
Patricia Donohue-Ebach, BS '85, MS '86
Julie D. Fenster, BS '85
Suzanne J. Golz, BS '85, MS '86
Mike W. Mallory, BA '85
Mark A. Mees, BS '85, MA '89
Scott A. Murray, BS '85, MS '86
Dayna S. Ryan, BS '85
Stephen B. Smith, BA '85

1986

James S. Mans, BS '86
Therese M. Rieger, MS '86
Patricia L. Steinmuller, RD, MS '86
Jodi A. Stoddard, BA '86
Gail E. Tait, MS '86

1987

Zhonqxin Gong, MS '87, MS '91 Pub. Hlth.
Salvador J.A. Guajardo, BS '87
Peter R. Handley, MD, BS '87
Peter A. Wentworth, BA '87

1988

M. Daniel Becque, PhD '88
Christopher J. D'Esposito, BS '88
Caren Frutig Hatton, BS '88
Michael A. Jolly, BA '88
Gregory C. Molzon, BA '88
Scott A. Read, BS '88
Steven W. Sarns, MS '88
Terri A. Wohl, BA '88

1989

Claud G. Allaire BS '89
Stephen L. Burns, BS '89 ENG, MS '98
John Randall Johnson, BS '89
Karen M. Mincavage, BS '89
Anthony L. Mitchell, BA '89
Michelle N. Simoff-Krings, MS '89

90s 1990s

1990

Tammie M. Adduci, BS '90
Sally N. Berzinsky, MS '90,
MS '90 Pub. Hlth.
Michael J. Bezdek, BA '90
Tom E. Dohring, BA '90
Amy J. Hill, BA '90
Craig F. Koppelman, BA '90
Richard S. Novak, BS '90
James C. Peters, BS '90
David P. Seamans, MS '90
Marc Aron Spencer, BA '90
Amy J. Walsh, BS '90
Michelle L. Watson, BS '90

HONOR ROLL

1991

Suzie C. Baker, BS '91
Amy C. Bohn, BS '91
Kimberly C. Heaman, BS '91, MS '95
Maria D. Heck, BA '91
Rebecca L. Richardson, BS '91
Melinda S. Schmidt, BS '91
Brian L. Townsend, BA '91, BS '97
Matthew J. Walters, BA '91

1992

Lisa M. Brooks, MS '92 ENG,
Martin J. Davis, BA '92
Pamela C. Davis, MS '92, MD '99 Med.
Lisa M. Doherty, BA '92
Darold Gholston, BS '92
Sabrina Guadagnino, BS '92
Scott A. Hanel, BA '92
Amy T. Longcore, BS '92,
MS '94 Pub. Hlth.
Laura K. Phy-Daly, BS '92
Christine S. Rawak, BA '92
Charles R. Smith, BA '92
Leo R. Toomajian, BS '92
Henry M. Watts, BA '92

1993

Brian R. Bierley, BA '93
Van S. Cowan, BA '93, MS '96
Randolph M. Ebert, BS '93
John P. Foley, BA '93
Marc E. Gold, BA '93
Charles E. McClinton, Jr., BA '93
Andrew F. Miller, BA '93
Timothy J. Paske, BA '93, BS '97
Katherine P. Rogers, BS '93
Marcy A. Sznewajs, BS '93
Frank J. Velasquez, Jr., BS '93
Brian T. Weldon, BA '93

1994

Robin Breed Beals, BS '94
Kristin L. Benit, BS '94
Joel A. Blankenship, BA '94
Noel A. Cimmino, BA '94
Scott S. Jeffer, BA '94
Stephen T. Miller, BA '94
Karin Allor Pfeiffer, BS '94
Coren J. Shakarian, BA '94
Krista K. Soroka, BA '94
Patricia R. Townsend, BA '94

1995

Matthew E. Idoni, BA '95
Kenneth F. Perpich, BA '95

1996

Deborah E. Band, BA '96
James H. Blake, BA '96
Peter B. Blank, BS '96
Scott P. Doyne, BA '96
Wendy L. Marshall, BS '96
Mary Jane Michaels, BS '96
Jon C. Nichols, BS '96
Stephen M. Rinke, BS '96
Daniel C. Schwab, BA '96
Brian M. Sopata, BA '96

1997

Bree A. Arvai, BS '97
Karin M. Brinkman, MS '97
Kristin Hartmann Burda, BS '97
Robin D. Bush, BS '97
Christina M.C. Eysers, BS '97
Joanna Ford, BA '97
Andrew D. Hoch, BA '97
Marni T. Kanze, BS '97
Jennifer J. Luciow, BS '97
Christian S. Parker, BA '97
Sarah L. Plum, BA '97, BS '97
Andrea P. Portocarrero-Eisele, BA '97
Tomika M. Roberts, BS '97
Emily J. Stevens, BS '97
Emily M. Utter, BS '97

1998

Bradley S. Bernstein, BA '98
Angela M. Crotser, BS '98
Mary F. Delzer, BS '98
Joseph M. Elston, BA '98
Michael V. Jamison, BA '98
Kimberly A. Johnson, BA '98
Amy S. Kelman, BS '98
Alana M. Morse, BS '98
Sonya D. Payne, BA '98, MSW '02 Soc. Wk.
Karen G. Roos, BS '98
Anne P. Sievers, BA '98, MA '99
Brandi N. Taylor, BA '98
Shavannia S. Williams, BA '98

1999

Brian J. Aparo, BS '99
Cinzia Bianchi, BS '99
Jennifer R. Buckingham, BS '99
Heather S. Cohen, BA '99
Monica L. Cohen, BS '99
Amy M. Gerdes, BS '99
Douglas R. Gnodtke, BA '99
Deodge M. Hill, BS '99
Jeanine M. Kurpeikis, BA '99
Thomas A. Malchow, BA '99
Megan F. Petersen, BS '99
Gina A. Rogers, BA '99
Leigh S. Smoker, BA '99
Shelly L. Solem, MSPT, BS '99
Lawrence B. Thaler, BA '99
Andrew Tran, BA '99
Michael Watson, BA '99
Philip J. Welch, BS '99

00s 2000s

2000

Deollo A. Anderson, BA '00
Channing C. Bennett, BS '00
Ron J. Bitman, BA '00
Amy J. Campbell, BS '00, MS '01
Amanda G. Graves, BS '00
Cara R. Lyons, BS '00
Ryan J. Matthews, BS '00
Laura Morgan, BA '00
Holly G. Pettipher, BS '00

Brian A. Roth, BA, '00
Frank A. Sestito, BS '00
Jonathan M. Zemke, BA '00

2001

Nick Berger, BA '01
Kristie K. Bonner, BS '01
Jenny Bross, BA '01
Scott W. Erskine, BA '01
Michelle L. Kammer, BS '01, BSN '04 FHPS
Kiarra A. King, BS '01
Lee Perez, BA '01
Cason D. Scott, BA '01
Alecia O. Willie, BS '01

2002

Erik J. Brabo, BA '02
Jennifer S. Graf, MS '02
Cathy A. Larson, PhD '02
Colt C. McCutcheon, BA '02
Sarah L. North, BA '02, MA '04
David A. Oxfeld, BA '02
Michael J. Randall, BS '02
Carla J. Rondeau, BS '02
Todd M. Schafer, BA '02
Michael J. Spath, BA '02
Shawn C. Truax, BA '02
Andrea C. Walsh, BS '02
Alana R. Yavers, BA '02
Craig A. Ziolkowski, BA '02

2003

Joseph M. Gartner, BA '03
Janessa M. Grieco, BS '03
Karen J. Kubota, BS '03
Timothy J. Leveque, BA '03
William L. Roose, BA '03
Lucien F. St. Gerard, BA '03
Lauren A. Sunness, BA '03
Phillip D. Timm, BS '03

2004

David B. Remias, BS '04
James M. Schafer, BA '04
Matthew J. Trevor, BA '04
Julie L. Wendling, BA '04

Two Former Kinesiology Professors Pass Away



Ruth Harris

Ruth Harris, professor emerita of kinesiology, died May 27 at the Ann Arbor Hospice. She was 85.

Harris taught in the Division of Kinesiology from 1946–87. She continued her affiliation with the division after her retirement as an ex-officio member of the Kinesiology Alumni Society (KAS) Board. She received the KAS Lifetime Alumni Achievement Award in 1999, which is given to an individual whose service to Michigan

Kinesiology has enhanced and changed the division over time.

“Ruth cemented her link with the Division Kinesiology when, upon her retirement, she established a Merit Award Fund for outstanding doctoral-level graduate students, which has grown into the Ruth Harris Endowment Fund and has supported many deserving and grateful students,” said Dean Beverly Ulrich.

Throughout her career, Harris received numerous honors related to education, to her service with the American Red Cross, and to her work with the underprivileged. She served on the governing boards of several professional organizations, including the American Alliance for Health, Physical Education, Recreation, and Dance, and the National Association for Physical Education

of College Women. She was a charter member of the International Society of Biomechanics, and she was active with the American Red Cross.

Harris received her bachelor of arts degree from Brown University in 1941; a master of science from Wellesley College in 1943; and a doctorate from New York University in 1970.

A memorial service was held June 1 at the First Baptist Church in Ann Arbor.

Jan Shatusky, Ruth’s former student and longtime friend, said, “The words to ponder are ‘if you have knowledge let others light their candles on it’. Ruth held out her candle. Scores of students have lit their fire from her flame.”

Dean Beverly Ulrich gave several examples of anecdotes that Ruth’s former students had shared. “During her many years at Michigan Ruth taught and influenced thousands of students. I know from my interactions with many of our alumni that Ruth earned her students’ respect for her dedication, her spirit, and her willingness to do whatever it took to help them learn the science of human movement. Her dedication was with compassion and she touched lives, rather than just impacted them. She was a very special friend to many and we, I, will miss her dearly,” she said.

Survivors include two brothers, Walter Harris of St. Simons Island, Ga., and Herbert Harris, Jr. of Tequesta, Fla.; several nieces and nephews, and grand nieces and grand nephews; and her housemate of 50 years, Professor Emerita Joan Farrell.



Joseph Vaughn

Joseph Vaughn, professor emeritus of kinesiology/physical education, died July 16 in Wilmington, NC. He was 81.

Vaughn taught for the Division of Kinesiology/Physical Education from 1970–84, when he retired and was given emeritus status. He went on to serve as chair of the physical education department at Grambling State University before returning to U-M. From 1986–96 he held appointments

with the Department of Gerontology, School of Education, Physical Education and LSA.

Vaughn made many contributions to the Ann Arbor community, among other things, with his work on the Ann Arbor School Board. He was an active participant in several state and

national organizations, including the American Alliance for Health, Recreation, Physical Education and Dance, the American Association of Leisure and Recreation, and the American Public Health Association.

Kinesiology Professor Dee Edington says Vaughn was an outstanding leader in physical education in the area of recreation for the handicapped and physical activity for the aged. His many interests and leadership activities laid the foundation for several departmental programs.

Vaughn received a bachelor of science degree from Fisk University in 1948, a master of arts from Columbia University in 1949, and a doctorate from Springfield College in 1968.

Vaughn is survived by his wife, Frances H. Vaughn; children Laura Lynn Vaughn-Allen of Wilmington; Joseph E. Vaughn III and Celeste Brown of Las Vegas; Kenneth Vaughn of San Diego; and five grandchildren.



KINESIOLOGY
studying movement

BICYCLE CAMP

Children with Down Syndrome Bicycle Together

Cheryl Israel

Learning to ride a two-wheel bicycle is a rite of passage for many children. There is that sudden surge of power, the inevitable look back, and the thrill of realizing that you are balancing the bike all on your own. It is a life-changing experience that is extraordinary to observe.

After riding a two-wheeler outside, Erik grinned widely, put both thumbs in the air and shouted, "I am good!" Erin gave a high five, screamed with delight, and then broke into a dance after riding a two-wheel bicycle several feet. Andrew was less emotional, but smiled as he rode a two-wheeler around the exhibit hall for the first time. That night he went into his room, brought out three pennies and asked his mother to buy him a bike. These are typical reactions in the world of bike riding—but Erik, Erin, and Andrew face an atypical challenge.

They are all children with Down syndrome, a disability which causes varying degrees of developmental delays and problems with balance control. Last June several children with Down syndrome took the ride of their life.



Kinesiology undergraduate Cassandra Hornick works with a bicycle camp participant.

The riding took place during a five-day Bicycle Camp at the Berlin Fairgrounds in Grand Rapids, MI. A second camp was held in Macomb County, MI the following week. Sixty-three children participated in the camps, sponsored by the University of Michigan, Division of Kinesiology. The camps were held as part of a research study under the direction of faculty member

Dr. Dale Ulrich, who is internationally known for his research on children with Down syndrome. The National Down Syndrome Society, the Down Syndrome Association of Western Michigan, Samuel Westerman Foundation, and the Edward Ravitz Foundation provided funding for the camps, which will be held again in 2006.

"Only 10 to 12 percent of people with Down syndrome learn to ride a bicycle without training wheels. Teaching children to ride a bicycle independently increases their balance control, self-confidence, and self-esteem," said Ulrich. He contracted with **Dr. Richard E. Klein**, founder of Rainbow Trainers, Inc. and the Lose the Training Wheels Program™ to provide the instruction. Klein is a mechanical engineer and professor emeritus from the University of Illinois.



Dr. Dale Ulrich with a bicycle camp participant.

Dr. Klein invented an adapted bicycle for children with disabilities, with the ultimate goal of helping them ride a two-wheel bicycle. "If we can send a rocket to the

moon, we can certainly get a child with Down syndrome across the gym on a bike," he said.

The adapted bicycle has a handle at the back that allows the trainers and parents to control the bike when necessary without affecting the rider's grip on the handlebars. The bike has varying sized rollers rather than a back wheel. As the numbers (1–8) increase, the contour of the roller gets more slender and less stable, which requires the rider to exert more balance control.

Learning to Ride

"This is an emergent learning system," said Dr. Ulrich. The learning emerges over the five days of the camp. As the riders gain confidence, the bike rollers may be changed, a different gear level may be used, a weighted or over-sized front wheel may be used, all in response to the needs of the rider—and leading up to the ultimate goal of riding a two-wheel bicycle. "One of the most important steps for the children is to overcome their fear of riding," said Ulrich.

"Get your camera, we have our first rider!" announced trainer **Elaine McHugh**. Esther rode the two-wheeler amid cheers from everyone in the exhibit hall. She stopped the bike and put her head down, overwhelmed by the experience, and the short stop. Esther had control of the bicycle, but took until the middle of the next session before she overcame her fear to ride the two-wheeler again. She eventually gained complete confidence and rode the bicycle outside.

Training the Riders

The trainers are skilled at helping the riders overcome their fears. When they stop fast or fall from a bike the riders are encouraged with phrases such as “Good catch!” “Way to put your foot down!” “That was great!” The motivational words help take the focus away from the fall and let the riders know that someone is with them.

“Look up, Alisha—watch where you are going,” said trainer Robbin. Verbal cues encourage the riders to observe their environment and to continue peddling as they round a corner, both of which help them gain control of the bicycle.

The trainers watch for participation in steering, a lighter grip on the handlebars, and the position of the rollers, among other factors.

“Hillary is leaning well into the turns,” said trainer *Sue Herrington*, “and we should take her up to a seven roller.” That means that Hillary will make a pit stop so that the bicycle doctor, as Dr. Klein refers to himself, can upgrade her bicycle. Dr. Klein uses special equipment to adapt the bicycle quickly and accommodate the changes. Marjorie Klein works with her husband, Richard, to keep detailed records of the adaptations for each rider. The riders adjust to each step in the system—or they return to a more comfortable step. Hillary was upgraded to a seven roller in the middle of the 75-minute session, but toward the end of the session she was less able to concentrate, and returned to a lower-level roller.

Several of the trainers use humor to bond with the children. When Katie stopped her bike suddenly, trainer Nancy put her forehead to Katie’s forehead and said loudly, “What happened, Miss Katie?” Katie laughed, put her feet back on the peddles and went around again. Molly was riding slower and slower. Trainer *Jay Thatch* hopped on the seat, his long legs extended at right angles as he pumped the small bike, and asked Molly to guide him for a change. She laughed, followed him for a few minutes, and eventually a much-more animated Molly got back on the bike.

“It helps with training to be a professional child,” said Jay.

The majority of the children bonded with the trainers and came to each session excited to ride. “If Erin had a tail, it would be wagging,” said her mother.

Dr. Joseph Hornyak from the Physical Medicine and Rehabilitation Department at the U-M Hospital uses a skinfold caliper to measure the skin fold in the tricep and calf area.



Sixty-three children participated in the bicycle camps and 34 were participants in Dr. Ulrich’s research study at the University of Michigan.

Research Description

Dr. Ulrich’s study is a randomized clinical trial that will look at the effectiveness of the bicycle camp on the improvement and development of balance and health parameters of the camp participants. Their statistics are compared with the control group members who did not participate in the bicycle camp this year. They will participate in the 2006 bicycle camp.



Bicycle camp participant “rides with the wind outside” on a two-wheel bicycle.

They used a physical activity monitor for seven consecutive days. Several measurements—body mass index (BMI), hip and leg strength, height, weight, and balance control measurements were taken in June and August. Those measurements will be taken again in 2006 to compare the results.

Doctoral students *Meghann Lloyd*, *Julia Looper*, *Beth Smith*, and *Chad Tiernan* assisted with the research study. They also assisted with the pre-camp measurements and data gathering. Four undergraduate students assisted with the study as well.

Initial Conclusions Set Milestones

By the end of the camps over 68% of the participants had ridden a two-wheeler at least 30 feet, and many of them were virtually independent. The camps had a 100% success rate, in that there were no injuries, and every child had improved by the end of the five-day camp. For some that meant riding the roller bike for much longer by the fifth day than on the first day. For others, it meant riding a two-wheel bicycle for several feet or several hours. Others “rode with the wind” outside, and learned to navigate cement, grass, and gravel.

During all five days of the camp there was a high sense of excitement that was contagious. “The smiles on the parents and the children are priceless; this means so much to all of us,” said *Tina Castillo*. The smiles on the volunteers and the trainers were equally meaningful. Participating in the daily victories of the bicycle camp riders was a life-changing experience for all of us.



George Wade: Helping Athletes Get Fit to Play Sports

Pat Materka

Some people measure their careers in achievements: degrees earned or positions held. **Dr. George A. Wade**, BS '64; MS '66, views his life in light of the people he's met—a series of lucky encounters that led him to Michigan, to Medical School, and ultimately to Idaho where he has established a landmark practice in orthopedic medicine.

If it were up to Wade, this article would not be about him, but about the professors, physicians, coaches and colleagues who supported him at every turn. Or, it would focus on the Idaho Sports Medicine Institute (ISMI), which he founded in 1979. Based at Boise State University, it was the first privately-owned clinic to be housed on a state-owned campus. The clinic has never been run for profit; rather its primary focus has been to ensure athletes and other patients access to physical therapy and rehabilitation.

To sum up Wade's philosophy, "You don't play sports to get fit; you get fit to play sports."

*To sum up Wade's philosophy,
"You don't play sports to get fit;
you get fit to play sports."*

Originally interested in coaching, Wade came to U-M from New Jersey on a track scholarship. He stayed on for a Master's degree, while also serving as an assistant track coach and teaching fellow in physical education. When one of his professors, **Dr. Andrew Kozar**, MA '57; PhD '61, left U-M to head the men's physical education department at University of Tennessee, he hired Wade as an instructor.

"I was planning to join the Marines. Andy convinced me to try teaching first, and then, within a month, he recommended me to med school," Wade recalls. "If I had entered the service, I probably would have been sent to Vietnam like my roommate, who died in combat."

"George was the best student I had the privilege to work with at Michigan," says Kozar. "I was impressed by his excellence as an athlete and his love of learning. Out-of-state students were not eligible to attend Tennessee's Medical School, so I called the president of UT and sold him on George's intellect and motivation to become a physician. He was admitted, and the rest is history."

After earning his MD at UT in 1970, Wade returned to Ann Arbor for his internship and residency in physical medicine, rehabilitation, and orthopedic surgery. For the next seven years, he also served as Assistant Team Physician under the legendary Gerald O'Connor, U-M Head Team Physician for 40 years and a pioneer in the field of sports medicine.

"Sports medicine was not the 'in' thing in the 70s that it is today," Wade points out. "Physical therapists did not believe injured athletes were deserving of special treatment. When I was applying for residency, I was advised to not even mention this interest."

Wade has understood the value of rehabilitation since childhood. At the age of nine, he was diagnosed with a mild case of polio, causing him to be bedridden for a number of weeks. "I can still remember lying in bed while everyone else was outside playing," he recalls. "When I was finally allowed to go outdoors, I was able to walk, but I couldn't run. I couldn't make my legs go. It was a terrible feeling."

ALUMNI PROFILE

Wade recovered, driving himself to win medals in high school track and All American status while a student at Michigan. He became an assistant track coach during his residency, working with his friend **Jack Harvey**, BS '68, who later became head U-M track coach and served for 25 years.

In the early 70s, the pair went on a rafting trip in Idaho. The excursion changed the course of Wade's life, again. "I just loved the area," he declares. "From the paddle raft, I saw people kayaking, and that looked like fun. I taught myself to kayak that winter and returned to Idaho every year on vacation."

By 1978, Wade decided to move to Idaho. In his mid-30s, he opened a solo orthopedic practice with the help of **Dr. Richard Gardner**, Idaho's first sports medicine orthopedist. In 1979, Wade succeeded Gardner as Boise State University's team physician and opened the Idaho Sports Medicine Institute, employing a physical therapist, an athletic trainer and an exercise physiologist. Five years later, BSU's athletic administration invited him to move the clinic adjacent to the football stadium. Athletic programs from across the country have visited Boise to learn how they could duplicate this symbiotic relationship.

Today the institute has four orthopedists, a sports medicine family practice physician, four physical therapists, an exercise physiologist and three athletic trainers, along with an annual fellow in sports medicine. Wade's partner since 1985 has been **Dr. Kirk Lewis**, MD '79, a 1974 U-M All America football player and 1975-76 team captain. There is rarely any staff turnover.

"Dr. Wade is a very loyal man who listens to his employees and never stifles their creativity or enthusiasm," says ISMI Administrator **Vivian Ransom**, who has been with him nearly 25 years. "Dr. Wade works in numerous ways to advance the profession, such as, funding



The Idaho Sport Medicine Institute.

legislation early on to require athletic trainers to be registered in the state of Idaho, giving legitimacy to their positions. He also has spoken for and supported having athletic trainers in schools and has encouraged many young people who have expressed interest in medicine. Dr. Wade believes that his mentors influenced his career, and it is appropriate that he try to do the same."

"I spend a lot of my time at Boise State because I believe in education, and I believe in athletics," Wade says. "I enjoy traveling with the football team; I never considered that part 'work.' I'd say the most rewarding part of my job is when students or patients I've worked with come back and say something I've done has made a difference."

And, Wade continues to love the Idaho wilderness. He has run rivers with his son Jim, now a sophomore at Georgia Tech and a world class kayaker. Jim took up whitewater slalom racing and finished fifth in the country. Wade also enjoys downhill skiing—the "earn your turns" kind where you climb up the mountain, then ski through powder all the way down. No chair lifts for him.

Dr. Wade likes the solitude. "When you're at work, you have to be accessible all the time. On the river and on the mountain, you don't have to worry about the rest of the world. And when you get back, you find out that life went on without you," he explains cheerfully. "You're not indispensable."

"Yet Dr. Wade is still highly regarded throughout the community and surrounding states," Administrator Vivian Ransom attests. "His colleagues know him to be sometimes blunt, but certain to say what he thinks. He is not afraid to voice concerns when he sees a problem. Consequently, he is sought out for boards and committees—and awards." In 1997, Wade received the Michigan Kinesiology Alumni Association Lifetime Achievement Award and the Silver Medallion, BSU's highest honor.

He continues to serve as Clinical Instructor in Orthopaedics at the University of Washington and recently finished a 10-year term on the Boise Family YMCA board of directors. Recently Wade lent support to Kinesiology's proposed Sports Injury Prevention Center, a partnership with Med Sport/Orthopedic Surgery. The investigators involved are, **Dr. Riann Palmieri**, Athletic Training/Movement Science; **Dr. James Ashton Miller**, Biomedical Engineering; **Dr. Edward Wojtys**, Orthopaedic Surgery; and **Dr. Mary Fran Sowers**, School of Public Health.

"The Sports Injury Prevention Center will provide national leadership in sports medicine research by coordinating multidisciplinary collaboration of experts at U-M and nationwide," according to Kinesiology Director of Development **Jim McIntyre**. The center will help identify injury mechanisms, implement prevention strategies, and ultimately reduce the occurrence of sport injuries in children, young adults, "weekend warriors," and athletes at all ages, genders, and performance levels, from early adolescents through professional sports.

Those Center's objectives are precisely in sync with Wade's priorities, whose institute's mission is to return athletes to their sport or activity as soon as they can safely. "I really believe in this Center," says Wade. "It's a great project, and Michigan has the people and resources to make it a success."



KINESIOLOGY
studying movement

Commencement 2005



Dean Beverly Ulrich, before conferring the degrees said to the graduates, "It is my pleasure to share with you this pinnacle of achievement, your graduation...George Bernard Shaw wrote: 'Some men (and women) see things as they are and ask why? Others dream of things that never were and ask, why not?' I implore you, as Michigan graduates, as part of a proud tradition of leaders, to **dream on**—to go out into the world and ask, '**why not?!**'"

"As you go forward, I ask that you continue to challenge yourselves, to challenge others as you have challenged us, and to build a better world than the one that exists today," she said.



Above: Dean Ulrich congratulates the students.
Top left: One minute before graduation.
Center left: Two minutes before graduation.
Bottom Left: Lined up for graduation.

Dr. Harold (Bill) Kohl, lead epidemiologist and team leader for the Physical Activity and Health Branch of the Division of Nutrition and Physical Activity at the Centers for Disease Control and Prevention gave the commencement address. He spoke about science and the wonders of discovery and progress in the area of disease prevention. He encouraged the graduates to continue to “move” forward.

Shelly Kovacs, director of student services and director of alumni relations, presented the class of 2005 to Dean Ulrich. **Pat Van Volkinburg** served as the master of ceremonies and recognized the student award recipients. The following awards were presented:

Rebecca Chinsky received the Stephen J. Galetti Award, which honors the first chair of Kinesiology’s Department of Sport Management who retired in 1988. It is presented to a first- or second-year student who shows exceptional industry and potential.

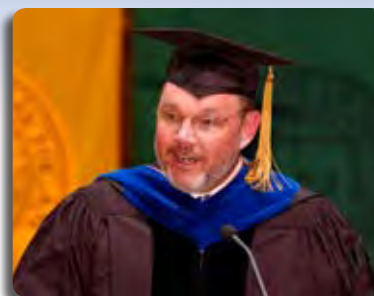
Daniel Goble and **David Rogers** received the Paul A. Hunsicker Memorial Award, which honors the memory of **Professor Paul Hunsicker**, chair of the Department of Physical Education for Men, 1958–70 and director of the Department of Physical Education, 1970–76. The award recognizes one graduate and one undergraduate student who has demonstrated superior scholarship, professional zeal, and promise.



Associate Professor **Bruce Watkins** introduced **Nora Maloy**, who presented **Micah Brown** and **Raul Flores** with the Bernard Patrick Maloy Award for Excellence in Writing. The award honors the memory of Professor “**Pat**” **Maloy**, a scholar and dedicated teacher who inspired his students to take an interest in real-world issues of sport and public policy, and encouraged his students to express their thoughts through clear and concise writing.

Professor **Tom George** and Instructor **Kelli Donahue** in the Sport Management Department, were recognized with the Student Choice Awards for teaching excellence.

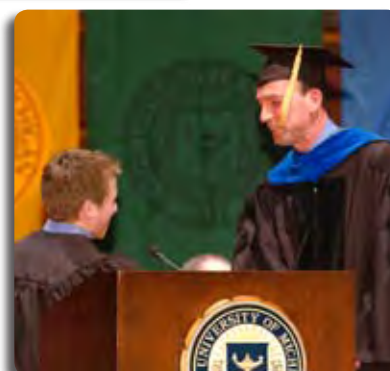
Above left: Kelli Donahue teaches Speech 101 for the Sport Management Department. When she learned that she received the Student Choice Award, she asked, “Will I have to give a speech?” Right: Micah Brown and Raul Flores.



Left: Dr. Harold Kohl.
Below left: Elizabeth Chinsky and Pat Van Volkinburg.
Below right: Shelly Kovacs (far left) and Jennifer Knapp (far right) with 2005 graduates.



Far left: Dann Goble and Pat Van Volkinburg.
Center left: David Rogers and Pat Van Volkinburg.
Immediate left: Keith Gordon receiving his doctoral hood from Professor Dan Ferris.
Below: Professor Tom George with Dan Faden.



HONORS RECEPTION

Honors Reception 2005



2005 University
Honors recipients

Dean Beverly Ulrich commended the student award recipients at the ninth annual Kinesiology Honors Reception, held on March 20, 2005 at Palmer Commons.

"I congratulate all of you, our outstanding Kinesiology students honored here today. We celebrate your achievements and your network of family and friends who support you in your goals. You are part of a rich tradition of leadership in Kinesiology, of people who used their talents to succeed in their professional endeavors and also to give back to the community. May you

always strive to uphold that fine and holistic tradition."



l to r: Angell Scholars
Stephanie Hirtle,
Christina Saindon,
and Katy Jackson.



l to r: Branstrom awardees
Emily van deWater, Genna
Waldman, Caitlin Meadows,
and Molly Rea.

Pat Van Volkinburg, Chair of Physical Education and Academic Program Coordinator, recognized the University Honors Branstrom Award, Angell Scholar, and the Kinesiology Award recipients. Pat commented that the Kinesiology Awards Committee tends to have lifelong members because it is a pleasure to give joy and recognition to such deserving students.

Patty Donohue-Ebach, Vice Chair of the Kinesiology Alumni Society Board, gave the opening remarks, stating that the Alumni Society Board is pleased to sponsor the annual honors reception. She introduced **Alex Kemp** and **Zak Kemp**, whose presence added to the significance of the Stan Kemp Award, which is named in memory of their father.

The following Kinesiology awards were presented:

Janet Hauck received the Laurie Campbell Award, which is presented to a woman for outstanding scholarship in a Physical Education major. Dr. Campbell taught in the Department of Physical Education for Women from 1929–59. The award was established by former students in honor of her 100th birthday.



Janet Hauck and
Pat Van Volkinburg.

HONORS RECEPTION

Eric Boso, Julia Carp, Katelyn Cecchini, Chia-Lin Chang, Jason Scibek, and Tamera Whyte were awarded the Stan Kemp Scholarship, which is presented to students who display Mr. Kemp's dedication, integrity, and idealism. It was established in 1994 by friends of the late *Stanley S. Kemp*, B.S. '67, football official and business and civic leader.



l to r: Zak Kemp, Patty Donohue-Ebach, Julia Carp, Jason Scibek, Eric Boso, Katelyn Cecchini, and Alex Kemp.



Chia-Lin Chang and Patty Donohue-Ebach



Jamie Lukos and Pat Van Volkinburg



Julia Looper and Pat Van Volkinburg



Pat Van Volkinburg and Molly Maloney



Ana Gjesdal and Pat Van Volkinburg.

Ana Gjesdal received the Phyllis Ocker Scholarship, which is awarded to a female varsity athlete who has distinguished herself in academics and athletics. It is named for Assistant Professor *Phyllis Ocker*, the Associate Director of Athletics for Women from 1978–90.

Jennifer Kreinbrink received the Phebe Martha Scott Achievement Award, which is presented to outstanding women who are outgoing, friendly, helpful, involved in campus and sports activities, and beginning their senior year in physical education or a related field.



Pat Van Volkinburg and Jennifer Kreinbrink

Julia Looper and *Jamie Lukos* received the Lucile M. Swift Honor Award, which is presented to an undergraduate or graduate Kinesiology student who demonstrates professional promise. Lucile M. Swift, BS '39, created the award to help others attain the lifetime gift of education. A pioneer in the advancement of girls' athletics, she was a physical educator, physical therapist and humanitarian.

Molly Maloney received the Rachael G. Townsend Scholarship, which was presented for the first time in March 2005 in memory of Rachael G. Townsend. This award honors a woman majoring in Physical Education who demonstrates a strong commitment and involvement in physical education and/or athletics. The recipient must exemplify enthusiasm and have a passion for furthering a higher quality of physical education through leadership, citizenship, and service to the community. Her dedication to physical education should inspire other women.

2005 MOVEMENT FOR LIFE GOLF INVITATIONAL

Movement for Life GOLF INVITATIONAL

The third annual Movement for Life Golf Invitational was held at the University of Michigan Golf Course on August 22, 2005. The participants enjoyed beautiful weather, a challenging golf course, and excellent food. **Michael Leoni**, BA '88, led another spirited live auction after dinner.

Dr. Beverly Ulrich, professor and dean, presented, and thanked everyone for their support. This year the Golf Invitational proceeds were divided between two Kinesiology laboratories. The Motor Development Laboratory will use the proceeds for Dr. Beverly Ulrich's research on spina bifida. The Human Neuromechanics Laboratory will use the proceeds for **Dr. Dan Ferris**' research on stroke victims and people with spinal cord injuries.

About the Research

Spina bifida is the most common permanently disabling birth defect in this country. Each year 2,500 to 6,000 babies are born with spina bifida in the United States. Dr. Ulrich's research focuses on ways to give infants an early start in learning how to walk and run. There are over 200,000 spinal cord injury victims and over 4.5 million stroke victims in this country. The focus of Dr. Ferris' research is to study effective ways to improve the walking ability and rehabilitation process for these people. **Greg Sawicki**, doctoral student, presented on behalf of the Neuromechanics Laboratory.

Thank you to all of the many volunteers, sponsors, donors and participants who made the third annual Movement for Life Golf Invitational a success. Special thanks are due to **Mike Leoni**, BS '88, for his continuing support, and to the other members of the Movement for Life Golf Committee: **Tom Banfield**, **Don Eaton**, **Jim McIntyre**, **Matt Tapping**, and **Tim Wadhams**.

THANK YOU!

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Golf Invitational Sponsors

Please Note: Every effort has been made to insure the accuracy of this list.

If your name has been incorrectly listed or omitted, please let us know so that corrections can be made—both in future publications and for our records.

Contact Cheryl Israel at cisrael@umich.edu or by calling (734) 647-2689.

2005 MOVEMENT FOR LIFE GOLF INVITATIONAL



"FORE!"

Dean Ulrich (center)
with her family of golfers:
l to r: Justin Albert (nephew),
Sharen Albert (sister-in-law),
and Bruce Albert (brother).



Dean Beverly Ulrich presenting



Cueter Chrysler
donated a car for
the hole-in-one.



Tyrone Wheatly and
Shelly Kovacs



Thank you, to the
golf invitational
volunteers.

l to r:
Mike Shatusky,
Jan Shatusky,
Elise Buggs,
Anthony Carter,
Tim Wadhams,
Shelly Kovacs,
and Jim McIntyre.



Viewing some
of the auction
items.



**SAVE
THE
DATE
2006**

Mark your calendar for
the 2006 Movement for
Life Golf Invitational on
August 21, 2006 at the
U-M Golf Course.
Join in the fun!

M
KINESIOLOGY
studying movement

Kinesiology Alumni Reunion Brings Friends Together



l to r: Richard L. Honig, Career Achievement Award Winner; Dean Beverly Ulrich and Professor Emeritus Rodney J. Grambeau, Lifetime Achievement Award Winner.



l to r: Professor Emeritus Red Simmons, Dick Honig, Professor Emeritus Rodney Grambeau, and Professor Emeritus Newt Loken.

The Kinesiology Alumni Reunion was held on Friday, October 7, 2005 in the Great Lakes Room at Palmer Commons on the U-M central campus. "My joy tonight is in watching long-time friends simply being together to enjoy each other's company," said Dean Beverly Ulrich.

Richard (Dick) L. Honig, BS '63; MA '66, was recognized with the *Career Achievement Award*, which is given to Kinesiology alumni who have shown outstanding professional and personal achievement in their chosen field and/or public service in any field.

Honig was one of the founders of the Kinesiology Alumni Society Board in 1992, and he is now a Campaign Council member. Honig's Whistle Stop, headquartered in Ann Arbor, is the largest officiating supply and service company in the United States, and has over nine locations worldwide. The company grew out of Dick's vocation and his love of coaching and officiating. Ironically, Honig took an officiating class from **Dr. Rodney Grambeau**, 2005 Lifetime Achievement Award winner, that eventually led to his 40-year career in officiating.



l to r: Pete Kempf, Shelly Kovacs, Bev Ulrich (standing), Dick Honig, Liana Honig, Dale Ulrich (standing), Professor Emerita Joan Farrell, Patty Donohue-Ebach.

Professor Emeritus Rodney (Rod) J. Grambeau, MA '48; EdD '59, was recognized with the *Lifetime Achievement Award*, which is given to individuals whose service to Kinesiology has enhanced and changed Kinesiology over their lifetime. Grambeau played a major role in the administration of Intramural and Recreational Sports, and from 1968 to 1975 he served as director of that program.

In 1988, the handball, paddleball, and racquetball courts in the Central Campus Recreation Building were named the Rod Grambeau Courts. Grambeau served as the chairman and editor of the *National Touch and Flag Football Rules* from 1955 to 1986. He has published extensively on paddleball, handball, touch football, injury prevention, and intramural programming, and he served as a consultant to the U.S. Olympic Committee. He chaired or served on various committees of the American Association of Health, Physical Education and Recreation, and the National Intramural Association.



Shelly Kovacs, Alumni Relations Director, and Jim McIntyre, Director of Development, gave the opening introductions.



Alumni Society
Board Chair
Pete Kempf.

Pete Kempf, MFA '76; MS '95, Chair of the Kinesiology Alumni Society Board, opened the award ceremony. He reminded everyone that the Board will begin to consider 2006 alumni award nominations in January. He introduced Award Sub-Committee members **Patty Donohue-Ebach**, BS '85; MS '86, and **Pat Bubel**, BS '56; MA '63; PhD '83 (NYU), who gave the award recognitions. "We are very pleased to recognize Richard Honig and Dr. Grambeau with these awards tonight," said Patty.

Dean Beverly Ulrich gave a state of Kinesiology address. Because the Kinesiology student numbers, special services for students and faculty research efforts have expanded, Kinesiology has outgrown its current facilities. Observatory Lodge (see the article on page 6), after the renovations are completed, will become the new Kinesiology home. She spoke of the students, whose energy and dedication to others drives them to give back by volunteering, working with the disabled and under-privileged through community service or in programs such as "You Go Girls" or "Kidsport." "We are very proud of all of them," said Ulrich.



Shelly Kovacs (center) recognized several former Kinesiology student government presidents who attended the reunion—(l to r) Emily Herman, Kelly Vaughn, Nicole Forrester, and Tomika Roberts. She also recognized Chrissi Rawak (not shown), who participated in the career networking session. Photography by Rodney Grambeau, Jr.



Patty Donohue-Ebach with Dr. Rodney J. Grambeau. "Dr. Grambeau was one of my favorite professors," said Patty Donohue-Ebach.

The Dean closed the evening with a poem "My Old Friend" by James Whitcomb Riley.

My Old Friend

*You've a manner all so mellow,
My old friend,
That it cheers and warms a fellow,
My old friend,
Just to meet and greet you, and
Feel the pressure of a hand
That one may understand,
My old friend.*

*Though dimmed in youthful splendor,
My old friend,
Your smiles are still as tender,
My old friend,
And your eyes as true a blue
As your childhood ever knew,
And your laugh as merry, too,
My old friend.*

*And so it is you cheer me,
My old friend,
For to know you and be near you,
My old friend,
Makes my hopes of clearer light,
And my faith of surer sight,
And my soul a purer white,
My old friend.*



ALUMNI NOTES



l to r: Elise Buggs, Shelly Kovacs, Chris Parker and Butch Woolfolk at the Kinesiology Alumni Reunion on October 7.

1970s

Solomon Espie, BS '70, is a physical education teacher for the Dallas Independent School District. He directs the Lisbon Elementary School Dance Company. He is also president of the Dance Council in North Texas.

1980s

Melon Dash, MS '80, is president of the Transpersonal Swimming Institute, LLC, a company which teaches swimming to adults who are afraid in the water. She produced an instructional video in 2000, which has sold internationally. She has also authored a course book, *Conquer your Fear of Deep Water/An Innovative Self-Study Swim Course*.

Patty Donohue-Ebach, BS'85; MS '86, completed her Masters Certification in Complementary Medicine and Wellness at Oakland University in June, 2005. She is teaching several wellness classes at Schoolcraft College this semester. Patty has been an active member of the Kinesiology Alumni Society (KAS) Board for many years, and she currently serves as vice chair. She also chairs the Communications Committee of the KAS Board Task Force.

Anthony Mitchell, BA '89, is the District Manager of Washington Sports Clubs, a Town Sports International company.

1990s

Beth Aparo, BA '99; BS '99, and **Brian Aparo**, BS '99, have an eight-month-old son—Nathan Jefferey Aparo.

Cinzia Bianchi, BS '99, obtained an MBA from Arizona State, and accepted a job as the marketing director at Healthworks Fitness in Boston.

Suzanne Dolemba, BS '97, (JD '04, University of San Diego School of Law) is practicing personal injury law in Las Vegas, NV.

Mike Kittredge, BA '97, is working for Northland Investment Corporation in Tampa, FL. He has been networking with other U-M alumni in the area. Mike is married to **Julie Zuckerman Kittredge**—a U-M LS&A alumna.

Casey Kurth, BA '99, is a salesman for Neurocrine Biosciences, Inc. He works out of Cleveland, OH.

Andrew Pudduck, BA '96, is living in Seattle, and he is working on conceiving and producing consumer integration events for Procter & Gamble Diaper Derbys, NIKE, and Starbucks. His most recent project is the "Thank You Lance" cards and towers that are currently touring the country.

Nicholas C. Watson, BS '97; MD '03, is a resident in anesthesia at the University of Vermont.

2000s

Jennifer Bahner, BS '01, is in her last year of medical school at the University of Wisconsin—Madison. She plans to go into dermatology.

Kari Cezat, BA '05, was accepted into the National Aeronautics and Space Administration (NASA) Contracting Intern Program, which is designed to teach participants about procurement with NASA. Keri is the first University of Michigan applicant to be accepted into this program.

"I am writing all of you in Kinesiology to say thank you. Thank you for the challenges, the encouragement, and the drive you instilled in me. I was pushed to my limits, not knowing if it was all worth the effort, and now I know. I accepted a position with NASA—yes, NASA, as in the National Aeronautics and Space Administration. During my interview I applied theories that I was taught by each one of my Kinesiology professors. Thanks to you I obtained my dream job."

—Kari Cezat, BA '05

Nicole Dawson, BS '03, is in Los Angeles, CA, where she races on a professional class one race team for Martin 242s. She is also the vice president of marketing for the London Poker Club.com, and creates as well as manages international marketing campaigns. She occasionally captains private yachts out of Marina Del Rey, CA.

Melissa Doettl, BS '02, is completing her field work this fall and will graduate with a Master's degree in Occupational Therapy from Eastern Michigan University.

Lauren Katz (Buchsbaum), BS '01, obtained her Master's degree in physical therapy from Hunter College in New York City, NY, in June, 2004. She now works at the Hospital for Joint Diseases in Manhattan. She was married in October, 2004 to **Daniel Buchsbaum**—a U-M LS&A alumnus.

"Hello to everyone in Kinesiology. I learned so much during my four years. It has taken me a long way!"

—Lauren Katz Buchsbaum, BS '01

Leah J. (Marsh) Hayes, BS '03, is the Assistant Director/Lead Navigator for the African American Family Resource Information Center and Network. She is looking at interventions aimed at reducing health disparities that affect infant mortality in Genesee County. This is a project of the Greater Flint Health Coalition.

Kate Kullgren, BS '03, is living in Seattle, WA. She and her husband, Erik Makinson, have started a youth outdoor recreation program, Adventures West, and will provide outdoor experiences to youth and families in the Pacific Northwest.



Shelly Kovacs with
Carey Larabee.

Benjamin Long, BS '04; BA '04 (Psychology), is with the neuropsychology department at the U-M Medical School. He is the studying coordinator for a cognitive study on baclofen use in cerebral palsy treatment, and for several mobility studies in Alzheimer's disease and other memory/cognition impairments. He plans to attend graduate school to obtain his PhD in clinical psychology or clinical neuropsychology.

Jarett Mason, BS '00, is the assistant director of Sports Medicine at DePaul University in Chicago, IL.

Matt Niemiec, BS '03, is in the Physical Therapy Masters Program at Wayne State University. He serves as a student representative for the 2006 class. He completed a four-week clinical education at the Ann Arbor Veterans Hospital last summer.

"I would like to send a word of appreciation to the Kinesiology faculty and staff. You have all greatly helped to prepare me for my current and future endeavors. I would like to send a special message to Dr. Dan Ferris, who went above and beyond to provide me with an outstanding background and the resources with which I owe many of my student and professional successes."

— Matt Niemiec, BS '03

Christiana Ranum, BS '02, is in the Physical Therapy Doctorate Program at Samuel Merritt College in Oakland, CA.

Marc Ressler, BA '03, is the assistant director of media relations at the U-M Athletic Department. He handles all of the daily publicity needs and publications for the women's soccer, men's and women's tennis, and women's swimming and diving programs.

Kristel Rodriguez, BA '04, is a traffic coordinator at Sudler & Hennessey. In the year following her graduation, she traveled extensively, visiting Brazil, France, Germany, The Bahamas, Puerto Rico, The Dominican Republic, The Virgin Islands, and Japan.

Emily Schettenhelm, BS '04, is attending physical therapy school in Colorado. She returned to Michigan last June to volunteer for Dr. Dale Ulrich's Bicycle Camp for Down Syndrome children that was held in Macomb County.

Sarah Schreiber, BS '03, is entering her third and final year of law school at the University of Denver College of Law. Last July she competed in



l to r: Noel Cimmino with his wife, Ilyssa, daughter Isabella, and Nora Maloy at the 2005 commencement ceremony.

her first triathlon—the Danskin—at the Aurora Reservoir in Aurora, CO. She finished in the top half of her age group (50th out of 119 girls ages 20–24), and in the top third overall (899 out of 2,761 finishers).

Kristin Stoops (Skar), BS '02, is teaching health and physical education in the L'Anse Creuse Public Schools in Livonia. She and her husband, Jason, have a seven-month-old daughter—Gabriella Kristin Stoops on April 1, 2005.

Anne Thorius, BA '01, is attending the MBA program in Marketing Communication Management at the Copenhagen Business School in Denmark.

Emily Toth, BS '00, is pursuing her Master's Degree as a Physician Assistant at Detroit Mercy.

Matt Trevor, BA '04, is with the U-M Athletic Media Relations Department as the Sports Information Director for ice hockey and women's rowing.

Alicia Jeffreys Valdez, BA '01, is the Director of Brand Management for the Detroit Pistons/Detroit Shock in Auburn Hills, MI.

Jeffrey Wank, BA '01, is working for Rebel Entertainment Partners, a talent and literary agency specializing in unscripted television. He previously served as assistant to the producer on the production of Room 9 Entertainment's debut feature film, "Thank You for Smoking," which premiered at the Toronto Film Festival. The film stars Aaron Eckhart, Robert Duvall, Katie Holmes, and William H. Macy. He continues to volunteer as Mentorship Co-Chair for the University of Michigan Entertainment Coalition.

KINESIOLOGY NOTES

Templin Elected as NASPE President

Tom Templin, PhD '78, department chair and professor of the Department of Health and Kinesiology at Purdue University, was elected President of the National Association for Sport and Physical Education (NASPE). He took office last June. Templin will



Tom Templin speaking at the fall 2004 Kinesiology commencement ceremony.

serve as the national spokesperson for the organization, which is the only national association dedicated to strengthening basic knowledge about sport, physical activity and physical education among professionals and the general public. NASPE believes that daily physical activity is critical to improved school and work performance, and the health of individuals, and they put that belief and their expertise into action in schools and communities across the nation.. The organization advocates for quality sport, physical activity and physical education programs to tackle obesity in children and health related problems, and the importance of physical activity for everyone.

Templin was instrumental in establishing the development of physical education standards for the state of Indiana, and he served on the task force for the second edition of the *National Standards for Beginning Physical Education Teachers*. He has published numerous conceptual and empirical papers in the area of teacher socialization, and he has served as a co-author and co-editor of several books.

Carey Larabee Receives James Neubacher Award

Carey Larabee, BA '02, received the 2005 James Neubacher Award in the Michigan Room at the Michigan League on Friday, October 28. This prestigious University of Michigan award is bestowed annually to a person who has made substantial contributions in the area of promoting participation in programs and services, and enhancing acceptance and awareness of people with disabilities. Larabee gave a heartfelt speech in which he thanked **Shelly Kovacs** for his nomination, and talked about how much he values his friends and colleagues in Ann Arbor.

Larabee now holds a position at Disney World in Orlando, FL. His role is to evaluate ways to improve the accessibility of Disney World to physically challenged people. For the past three years Carey has worked for the Ann Arbor Center for Independent Living.

Carey Larabee (front) with his Jim Neubacher Award. l to r: Angie Sullivan, student advisor; Pat Van Volkinburg, Shelly Kovacs, Tommy Amaker, basketball coach; and Patrick Bernard.

Kinesiology Students Take their Place Among Softball Champions

Nine of the nineteen members of the U-M 2005 national champion softball team are Kinesiology students. The Wolverines were 65-7 for the season claiming the 52nd national championship in school history and the second for a women's program. They were the first team east of the Mississippi to win the WCWS.

In addition to their athletic accomplishments seven of the nine Kinesiology students have earned UM Academic Achievement Awards which recognizes student-athletes who have maintained at least a 3.0 GPA that year. Two were named to Academic All-Big Ten Teams during their careers.

Senior co-captain **Jessica Merchant** from Wayland, MI, has maintained a 3.2 GPA in sport management and was named academic All-Big Ten as a junior. **Jennifer Kreinbrink**, a movement science senior from Aliso Viejo, CA received the Stan Kemp Memorial Scholarship in 2004 and the Phebe Scott Achievement Award in 2005.

Michelle Teschler, a senior in sport management, from Casco, MI has been Athlete Academic Achievement Award winner for the last two years and a 2004 Academic All-Big Ten. **Grace Leutele**, a junior in sport management, from Sierra Vista, AZ, completed an internship with the Detroit Tigers between her freshman and sophomore years and has maintained a 3.0 GPA through her academic career. **Rebekah Milian**, a junior in physical education, from Grand Blanc, MI; has achieved University Honors every semester since enrolling at UM with a 3.86 GPA. She is the two-time recipient of the Leo and Edna Drewett Award for Academic Excellence.

The other Kinesiology students are **Lauren Talbot**, a sophomore in physical education, from Walled Lake, MI; **Stephanie Winter**, a junior in physical education, from St. Charles, MO; **Tiffany Worthy**, a junior in sport management, from Yorba Linda, CA; and **Samantha Findlay**, a sophomore in kinesiology from Lockport, IL. Findlay was named the Women's College World Series MVP.





l to r: Craig Wisberg, David Russell, Richard Schmidt, Alan Salmoni, Susan Moxley, Diane Ross, Beverly Ulrich, and John Shea.

PhD Reunion and Round Table Honors Schmidt

Former Kinesiology faculty member **Dr. Richard Schmidt** and several PhD alumni who studied under him held a round table discussion, June 3 with more than 30 faculty, staff and students. Schmidt was a Kinesiology faculty member from 1970 to 1974, and recently retired from The University of California at Los Angeles. He now heads his own consulting firm, Human Performance Research, in Marina del Rey, CA, and he is a Professor Emeritus at UCLA. The PhD alumni, who completed their doctoral studies in motor learning and control, returned to Ann Arbor in honor of Schmidt's retirement. Professor Emerita **Joan Farrell** hosted a lunch for Dr. Schmidt and the alumni in Ann Arbor.

The alumni included: **Susan Moxley**, MA '73, PhD '74, Suffragan Bishop of the Anglican Church in Nova Scotia; **Diane Ross**, MS '65; PhD '75, professor emerita, Division of Kinesiology and Health Sciences, California State University, Fullerton, CA; **David Russell**, MA '72; PhD '74, professor emeritus, School of Physical Education, University of Otago, Dunedin, NZ; **Alan Salmoni**, MA '73; PhD '74, professor and chair of the School of Kinesiology at Western Ontario; **John Shea**, PhD '74, professor and chair, Kinesiology, School of Health, Physical Education and Recreation, Indiana University, Bloomington, IN; **Craig Wisberg**, MA '73; PhD '74, professor of sport psychology, Department of Exercise, Sport and Leisure at the University of Tennessee.

Kozar Inducted into Hall of Fame

Dr. Andrew Kozar, (MS '57, PhD '61) was inducted into the Cotton Bowl Hall of Fame last spring for his outstanding performance in the 1951 Cotton Bowl. As a sophomore fullback for the University of Tennessee, he carried 20 times for 92 yards and two touchdowns late in the fourth quarter for a 20-14 over Texas.

Dr. Kozar came to the University of Michigan for his graduate study and was recruited to the PE faculty by the late Paul Hunsicker. He remained a member of the U-M faculty until 1966 when he returned to his undergraduate alma mater as professor and chair of the Department of Exercise, Sports and Leisure Studies. He served as assistant to the University of Tennessee president from 1975 through 1986. Since then, he has served in his previous department as a University Professor at UT Knoxville.

The Kinesiology Alumni Society Board recognized him with the Alumni Achievement Award in 1998.



Dean Beverly D. Ulrich, former Vice President Al Gore, Dean Paula Allen-Meares (Social Work) and Dean Rosina Bierbaum (School of Natural Resources).

Kinesiology Co-Sponsors Gore Lecture

Kinesiology was a co-sponsor for the 2005 School of Natural Resources Peter M. Wege Lecture featuring former Vice President Al Gore on October 24, 2005. The School of Social Work was also a co-sponsor.

Vice President Gore's presentation was titled "Global Climate Change," and he spoke to a packed house at the Power Center for the Performing Arts. He talked about the changes in our climate and environment having adverse effects on the world, as a result of an ever-increasing use of our natural energy. Gore's presentation was followed by small group discussions, a reception and a dinner in the Michigan League.

"Kinesiology is proud to be a co-sponsor of this event," said **Dean Beverly Ulrich**. "As concerned public and private citizens we recognize that we all share the responsibility to fight the current direction of climate change in the world; and that it will not happen without our concerted efforts. In Kinesiology, we study human movement- the ways activity sustains health, and the role of healthy activity in maintaining mobility and quality of life. A strong environment sustains activity levels that, in turn, sustain health. We must have clean safe places to live, work, and to move."



KINESIOLOGY
studying movement



On the ten-year anniversary of the establishment of the Stan Kemp Memorial Scholarship Fund, founding trustees Dick Honig (BSED '66), Don Dufek (BSED '51), and Dave Fisher (BSECE '68) were treated to a luncheon with ten of the fifty scholarship recipients. Standing l to r: Fisher, Dufek, Ana Gjesdal (BA '05 Spt. Mgt., BA '05 Psych.), Eric Boso (winter '07 expected), Chia-Lin Chang (PhD candidate), Elise Buggs (BA '98) Julia Carp, Jennifer Kreinbrink (winter '06 expected), Jim McIntyre, Tammy Whyte (BS '05), Jake Kemp, and Shelly Kovacs. Seated, l to r: Dean Beverly D. Ulrich, Carey Larabee (BA '02), Honig, and Jason Scibek, (PhD candidate, '05).



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