

April, 2016

**Curriculum Vitae  
Thomas R. George**

1402 Washington Heights  
School of Kinesiology  
The University of Michigan  
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3303 Yellowstone Dr.  
Ann Arbor, MI 48105  
(734) 665-7908

**Education**

**Ph.D.** Department of Physical Education and Exercise Science  
Michigan State University, East Lansing, MI, May, 1993

**Major:** Physical Education and Exercise Science  
**Specialization:** Sport Psychology

**M.S.** Department of Physical Education, Health, and Sport Studies  
Miami University, Oxford, OH, August, 1988

**Major:** Physical Education and Sport Studies  
**Specialization:** Sport Psychology/Sport Sociology

**B.A.** Department of Psychology, cum laude, Northeastern State University,  
Tahlequah, OK, December, 1984

**Professional Experience**

**Assistant Professor of Practice:** Sport Management, and Health and Fitness, School of Kinesiology The University of Michigan, Ann Arbor, MI. September 1998 - present.

**Lecturer:** Department of Sport Management and Communication, Department of Physical Education, The University of Michigan, Ann Arbor, MI. June 1992 - August 1998.

**Research Associate I:** Department of Sport Management and Communication, The University of Michigan, Ann Arbor, MI. August 1992 - September 1993.

**Visiting Faculty:** Department of Psychology, Kalamazoo College, Kalamazoo, MI. September 1991-December 1991.

**Books and Book Chapters**

Clark, M., Smith, T., George, T., & Elliot, J. (Eds.) (1993). Youth baseball: A complete

handbook. Carmel, IN: Cooper Publishing.

Elliot, J., Ewing, M., & George, T. (1992). Introduction. In J. Elliot and M. Ewing (Eds.), Youth softball: A complete handbook. Dubuque, IA: Brown and Benchmark.

### **Refereed Publications**

Garcia, A.W., George, T.R., Coviak, C., Antonakos, C., & Pender, N.J. (1997). Development of the Child/Adolescent Activity Log: A comprehensive and feasible measure of leisure-time physical activity. International Journal of Behavioral Medicine, *4*, 324-339.

Lirgg, C.L., George, T.R., & Chase, M.A., & Ferguson, R. H. (1996). Impact of Conception of Ability and Task-type on Physical Self-efficacy. Journal of Sport and Exercise Psychology, *18*, 426-434.

George, T.R., & Feltz, D.L. (1995). Motivation in sport from a collective efficacy perspective. International Journal of Sport Psychology, *26*, 98-116.

Chase, M.A., Ewing, M., Lirgg, C. & George, T.R. (1994). The effects of basketball size and basket height on the shooting performance and self-efficacy of children. Research Quarterly for Sport and Exercise, *65*, 159-168.

George, T.R. (1994). Self-confidence and baseball performance: A causal examination of self-efficacy theory. Journal of Sport and Exercise Psychology, *16*, 381 -399.

George, T.R., Feltz, D.L., & Chase, M. (1992). Effects of model similarity on muscular endurance and self-efficacy: A second look. Journal of Sport and Exercise Psychology, *14*, 237-248.

### **Non-refereed Publications**

George, T.R. (2000). Let's be professional about this! The Michigan Association for Health, Physical Education, Recreation and Dance Journal. Spring, 18-19

### **Presentations**

Packard, D., McCormick, C., Ndambi, C., George, T., Pender, N., & Garcia, A. Health-related fitness evaluations using criterion-referenced standards of children as they make school transitions. Paper presented at the sixth annual Kinesiology Day, University of Michigan, Ann Arbor, MI, March 1999.

Welcher, R.L. & George, T.R. A comparison of water velocities of three starts in competitive swimming. Paper presented at the VIII International Symposium on Biomechanics and Medicine in Swimming, Jyvaskyla, Finland, June 1998.

- Garcia, A.W., Broda, M.A., George, T.R., Antonakos, C., & Pender, N. The Child/Adolescent Exercise Log: A New, Accurate and Feasible Measure. Paper presented at the Fourth International Congress of Behavioral Medicine, Washington, D.C., March, 1996.
- Lirgg, C.L., George, T.R., & Chase, M.A., & Ferguson, R. H. Impact of Conception of Ability and Task-type on Physical Self-efficacy. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, June 1995.
- Garcia, A., Broda, M., Coviak, C., Fren, M., George, T., & Pender, N. Testing an explanatory model of exercise efficacy among children and adolescents. Paper presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Incline Village, NV, October 1994.
- George, T.R. Self-confidence and baseball performance: A causal examination of self-efficacy theory. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Brainerd, MN, June 1993.
- Chase, M.A., Ewing, M., Lirgg, C. & George, T.R. The effects of basketball size and basket height on the shooting performance and self-efficacy of children. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Pittsburgh, PA, June 1992.
- George, T.R. Implementing a psychological skills training program with Level 7 and Level 8 youth gymnasts. Paper presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Savannah, GA, October 1991.
- George, T. R., Feltz, D. L., & Chase, M. A. Effects of model similarity on muscular endurance and self-efficacy: A second look. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Asilomar, CA, June 1991.
- George, T.R., & Vealey, R.S. Mental preparation strategies and peak performance among intercollegiate baseball players. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Kent, OH, June 1989.

### **Professional Service**

#### **Michigan Association of Health, Physical Education, Recreation and Dance:**

Vice president for Professional Development: November 1999 – November 2001

#### **School of Kinesiology, University of Michigan:**

- Chair – Health and Fitness program: July 1, 2016 - present
- Director – Global Engagement: July 1, 2016 - present
- Director – Sport Management undergraduate program: September 2007-June 30, 2016
- Chair - Sport Management program: August 2000 – June 30, 2016

- Curriculum and Instruction Committee: September 2012-present
- Executive Committee: September 1998 - June 2000
- Graduate Committee (Chair): September 1997 - July 2000
- Awards Committee: January 1997 – December 2006.

#### **University of Michigan Committees**

- Sport-theme Semester Steering Committee member: October 2013-December 2015
- Campus-wide Entrepreneurship Steering Committee member: December 2013-September 2014
- Campus-wide Entrepreneurship Curriculum Committee member: November 2014-present
- Council on Global Engagement, Kinesiology representative: January 2015 - present

#### **Ad Hoc Reviewer:**

*The Sport Psychologist*

*Journal of Sport and Exercise Psychology*

*Research Quarterly for Exercise and Sport*

*Adapted Physical Activity Quarterly*

#### **Educational Consultant and Instructor:**

- Program for Athletic Coaches' Education (PACE) training workshops for youth sport coaches, sponsored by Michigan State University, August 1988 - 2005.
- Volunteers, Administrators, and Coaches (VAC) training workshops for youth sport coaches, sponsored by Wayne State University, August 1998 - 2008
- Presented instructional/technical information on baseball, softball, soccer and hockey in more than 100 workshops to youth sport coaches, state of Michigan, August 1988 - present.

#### **Sport Psychology Consultant**

- The University of Michigan Department of Intercollegiate Athletics, Ann Arbor, MI
- Great Lakes Gymnastics Club, Lansing, MI
- Individual athletes and teams in the southeast Michigan region

#### **Honors and Awards**

- Teaching Excellence Award, School of Kinesiology, University of Michigan, 1999, 2000, and 2005.
- Center for Global and Intercultural Studies, University of Michigan, Global Course Connections grant – \$10,000. “Behind the Scenes at the London 2012 Olympic Games.” March 2011.
- International Institute, University of Michigan, student support grant - \$10,000. “Behind the Scenes at the London 2012 Olympic Games.” February 2012.

**Community Service and Activities**

**Ann Arbor Public Schools:**

Host Committee Member – Rick’s Run for Kids: July 2015 - present

Recreation Advisory Commission Board Member: December 2005-present

- Chair – September 2011-September 2014
- Vice Chair – September 2009-September 2011

Huron High School Theatre (Huron Players)

- Treasurer: February 2013-September 2014

**Huron Rowing Association:**

Board Member – December 2011-February 2013