Stay Fit—Have Fun!

Registration is now open for Fall 2018 Kinesiology Community Programs!

Available Classes:

- Beginning & Intermediate Tennis
- Beginning & Intermediate Swim*
- Coached Swim Workouts
- Beginning & Intermediate Golf
- American Red Cross Adult/Child CPR/AED and First Aid

*May be taken for academic credit.

For more than three decades, the University of Michigan School of Kinesiology has offered community programs for Southeastern Michiganders at all stages of life. We’re proud to serve our neighbors through educational and motivational programs that inspire healthy and active lifestyles.

Learn more at kines.umich.edu/KCP
**FALL 2018 (September 10th–December 11th)**

**MONDAYS & WEDNESDAYS**

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:00–5:00 pm</td>
<td>Beginning Tennis (Sept. 10–Oct. 10)</td>
<td>$120</td>
</tr>
<tr>
<td>5:00–6:00 pm</td>
<td>Intermediate Tennis (Sept. 10–Oct. 10)</td>
<td>$120</td>
</tr>
<tr>
<td>6:00–7:00 pm</td>
<td>Coached Swim Workouts</td>
<td>$200</td>
</tr>
<tr>
<td>7:00–8:00 pm</td>
<td>Beginning Swim 1* (PE 140 001)</td>
<td>$250</td>
</tr>
<tr>
<td>8:00–9:00 pm</td>
<td>Intermediate Swim* (PE 142 001)</td>
<td>$250</td>
</tr>
</tbody>
</table>

**TUESDAYS & THURSDAYS**

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:00–7:00 pm</td>
<td>Coached Swim Workouts</td>
<td>$200</td>
</tr>
<tr>
<td>7:00–8:00 pm</td>
<td>Beginning Swim 2* (PE 141 001)</td>
<td>$250</td>
</tr>
<tr>
<td>8:00–9:00 pm</td>
<td>Beginning Swim 1* (PE 140 002)</td>
<td>$250</td>
</tr>
</tbody>
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**Golf Info to Come**

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**SAVE A LIFE!**

Get certified in American Red Cross Adult/Child CPR/AED and First Aid for only $50.

**Sundays, 8:00 am–noon**

- **September 16th**
- **October 7th or 28th**
- **November 4th or 11th**
- **December 9th**

**Room 3040 Central Campus Recreation Building (CCRB)**

Class will meet outside of Room 3064 CCRB and participants will then be escorted to Room 3040 CCRB.

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**Register Online at UM-KCP.eventbrite.com**

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**May be taken for academic credit. Check with your advisor to ensure if the credit will be accepted by your school/college.**

**To receive credit:**

- Register online at UM-KCP.eventbrite.com.
- Pay the registration fee.
- Contact the KCP director by email at kebwink@umich.edu to obtain an override to register on Wolverine Access.
- You must pay both the class fee to KCP and the hourly tuition rate for the class (to U-M if applicable).
- To drop the class, you must drop both on Wolverine Access and through the KCP office.
- You will not be allowed to enroll for swimming after it has met three times.

**Class locations:**

- **Tennis classes** are held on Palmer Courts north of Central Campus Recreation Building (CCRB).
- **Swim classes** are held in the Margaret Bell Pool inside CCRB. You must be a registered U-M student or have a U-M Recreational Sports membership in order to attend swim classes.
- **Golf classes** are held at Miles of Golf, 3113 Carpenter Rd, Ypsilanti, MI (734.973.9004).
- **Adult/Child CPR/AED and First Aid classes** will meet outside of Room 3064 CCRB and participants will then be escorted to Room 3040 CCRB. Enter building from the footbridge over Washtenaw Ave.