"WATS" the Importance of Alterations in Adipose Tissue Metabolism with Exercise Training?

With David Wright, Ph.D.
Professor and Tier II Canada Research Chair
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Wednesday, May 15 • 2:00-3:00pm
Bickner Auditorium (3735 CCRB)

Abstract: Dr. Wright investigates the effects of exercise and diet on adipose tissue function and metabolism, and in turn how these alterations, regulate skeletal muscle and whole-body glucose homeostasis. Since 2010 he has held a Tier II Canada Research Chair in Lipids, Metabolism and Health in the department of HHNS. His research continues to focus on how diet and exercise effect adipose tissue metabolism.

Sponsor: Jacob Haus, Ph.D. – School of Kinesiology