

**APPLIED EXERCISE SCIENCE UNDERGRADUATE
RECORD SHEET
2019-2020 BULLETIN**

Name:				UM ID:				Prepared By:			
Prerequisite Courses in Kinesiology				Required Core Courses in Health & Fitness				Required Supporting Courses in Kinesiology			
Course No.	Credit	Term	Grade	Course No.	Credit	Term	Grade	Course No.	Credit	Term	Grade
AES 218*	3			MVS 230	3			SM 101	3		
AES 220* (W)	3			MVS 231	1			MVS 110	3		
AES 221* (W)	1			AES 242 (F)	3			SM 217/MVS 219	3		
AES 100 (F)	2			AES 315* (Exercise Prescript & Test) (W)	3			Total	9		
AES 290 (Field Experience)	2			AES 331 (F)	3			Courses Required Outside of Kinesiology			
Total	11			AES 332 (W)	3			Course No.	Credit	Term	Grade
<i>OPTIONAL: Independent Study, Internships, Field Work, Reading, and Research: HF 280 (Research), Additional HF 290 or 403, HF 470 Independent Study</i>				AES 313 Exercise Psychology (W)	3			FYWR	4		
Required Concentration Electives(Clinical or Management)				AES 403 Internship	3			PSYCH 111 or PSYCH 112	4		
Course No.	Credit	Term	Grade	AES 451 (Physical Act Lifespan) (F)	3			MATH 105*	4		
				MVS 446 (Social Factors) OR AES 416 (Environmental Approaches) (W)	3			One of the Following: MVS 250/STATS 250/STATS 280/SOC 210	3 or 4		
				Total	28			Total	15 or 16		
Total	15										
Notes:											
Footnotes: *Courses must be taken at UM All HF 300 and 400 level courses have enforced prerequisites of <ul style="list-style-type: none"> • MATH 105 C or Better or MATH 115 C- or Better or Placement Exam Calculus Beyond Definite • AES/AT 220 C or Better • AES/AT 221 C or Better 											

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Distribution Requirements														
Humanities (12 credits)				Natural Science/Math/Quantitative Reasoning (12 credits)				Social Science (12 credits)						
Course No.	Credits	Term	Grade	Course No.	Credits	Term	Grade	Course No.	Credits	Term	Grade			
SM 101	3			MATH 105	4			PSYCH 111	4					
SM 217/MVS 219	3			MVS 110	3			AES 313 Exercise Psychology	3					
				AES/AT 220	3									
				AES/AT 221	1									
				MVS 250/STATS 250/SOC 210	3 or 4									
Total				Total				Total						
Exceptions, Substitutions, Waivers, Other Notes														
Advisor - Please make any notes regarding approval of variations in degree program:														
Study Abroad (Optional):														
Please see Global Engagement Coordinator for more information.														
Last Reviewed:														
By: _____			Date: _____			By: _____			Date: _____			By: _____		
_____			Date: _____			By: _____			Date: _____			_____		