KCP 2024 SPRING/SUMMER SCHEDULE
Visit kines.umich.edu/KCP to learn more and register for 2024 spring/summer community programs.

SWIMMING (Ages 18+)
Beginner I, Beginner II & Intermediate

- Beginner I: Saturdays from 5:00–6:00 pm ..................$140
- Beginner I: Saturdays from 6:00–7:00 pm ..................$140
- Beginner II: Saturdays from 6:00–7:00 pm ...............$140
- Intermediate: Saturdays from 7:00–8:00 pm .............$140

All levels:
- June 1–29
- July 13–August 10

Please bring your own towel and goggles (optional, but recommended). Meet on the pool deck at your class time. This class is held off campus, so please allow extra travel time.

Location: Whitmore Lake High School Community Pool, 7430 Whitmore Lake Rd, Whitmore Lake, MI 48189, use South Entrance.

Ypsilanti Community High School

Beginner: 5:00–6:00 pm
Intermediate: 6:00–7:00 pm

Both levels:
- Session 1: Mondays & Wednesdays, June 3–26 ........$200
- Session 1: Fridays, June 7–28 ..........................$100
- Session 2: Mondays & Wednesdays, July 15–Aug 7..$200
- Session 2: Fridays, July 19–August 9 .................$100

Please bring your own racquet. These classes are held outside. This class is held off campus, so please allow extra travel time.

Location: Ypsilanti Community High School Tennis Courts, 2095 Packard St, Ypsilanti, MI 48197

Varsity Tennis Center

Beginner: Sundays from 6:00–7:00 pm ......................$135
Intermediate: Sundays from 7:00–8:00 pm ...............$135

Both levels:
- Session 1: June 2–30
- Session 2: July 14–August 18 (no class July 21)

Please bring your own racquet and wear non-marking sole tennis shoes. These classes are held indoors.

Location: Varsity Tennis Center, 2250 S State St, Ann Arbor, MI 48104

Chippewa Tennis Club

Beginner: Saturdays from 11:00 am–12:00 pm .............$135
Intermediate: Saturdays from 12:00–1:00 pm ...............$135

Both levels:
- Session 1: June 1–29
- Session 2: July 13–August 10

Please bring your own racquet and wear non-marking sole tennis shoes. These classes are held indoors. This class is held off campus, so please allow extra travel time.

Location: Chippewa Tennis Club, 2525 Golfside Dr, Ypsilanti, MI 48197

PICKLEBALL (Ages 18+)
Beginner/Novice

Beginner/Novice: Tuesdays from 5:30–7:00 pm .......... $140
- May 7–28 August 6–27
- June 4–25 September 3–24
- July 9–30

Paddles available for use during class. No street shoes allowed, please wear non-marking tennis/court shoes. This class is held off campus, so please allow extra travel time.

Location: Wolverine Pickleball, 235 Metty Dr, Ann Arbor, MI 48103
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Questions? We’ve got answers.
Scan the QR code or visit kines.umich.edu/KCP for class descriptions, facility information, the latest Health & Safety Practices, inclement weather policy and more.
Please monitor kines.umich.edu/KCP for additional class offerings and potential openings in classes that are full.

AMERICAN RED CROSS ADULT CPR/AED & FIRST AID (Ages 18+)

Sunday, May 12th from 10:00 am–noon..................$50

Adult CPR/AED & First Aid is a blended learning class. Participants will be emailed a link the Thursday before class, to be completed online, and skills testing will take place on Sunday from 10:00 am–noon. Please meet outside of the main entrance on North University Ave. (across from Hill Auditorium) at 9:55 am to be escorted inside.

Location: School of Kinesiology Building, 830 N. University Ave, #4600, Ann Arbor, MI 48109

EMPOWERMENT SELF-DEFENSE (Ages 18+)

Thursday, May 16th from 5:00–7:00 pm.....................$30
Wednesday, August 14th from 5:00–7:00 pm...............$30

Participants will enroll in one 2-hour session, which will include lecture, discussion, demonstration, and practice of physical skills. Instructor: Candace Dorsey, Empowerment Self Defense Program Manager, University of Michigan–Division of Public Safety & Security. Please meet outside of the main entrance on North University Ave. (across from Hill Auditorium) at 4:55 pm, to be escorted inside.

Location: School of Kinesiology Building, 830 N. University Ave, #4600, Ann Arbor, MI 48109

DISC GOLF (Ages 18+)

Open to all levels of experience:

Wednesdays from 6:00–7:30 pm ..................$120

July 10–31
August 7–28
September 4–25

Are you interested in learning to play disc golf? Do you already play and want to improve your game? Join us this summer! You can use what you learn to get out to play while enjoying the outdoors. Please bring your own equipment. If you do not have equipment, starter sets are available for purchase on site (new or used). A starter set consists of a putter, a midrange, and a driver, and can be purchased at most big box stores, local sporting goods stores, and online retailers. This class is held off campus, so make sure to allow extra travel time.

Location: BRATS (private course), 5171 Waters Rd, Ann Arbor, MI, 48104

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We’ve got answers.

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GOLF (Ages 18+)
Beginner & Intermediate

Beginner: Mondays from 6:00–7:00 pm ....................... $135
Intermediate: Mondays from 7:15–8:15 pm ................. $135

Both levels:
Session 2: April 22–May 20
Session 3: June 17–July 15
Session 4: July 22–August 19
Session 5: August 26–September 23
Session 6: September 30–October 28

Beginning Adaptive Tennis for Kids (Ages 8–12)
Session 1: Tuesdays & Thursdays, June 4–27 from 5:00–6:00 pm ................................................................. $200
Session 1: Saturdays, June 8–29 from 10:00–11:00 am ................................................................. $100
Session 2: Tuesdays & Thursdays, July 16–August 8 from 5:00–6:00 pm ................................................ $200
Session 2: Saturdays, July 20–August 10 from 10:00–11:00 am ................................................ $100

Beginning Tennis for Kids (Ages 8–12)
Session 1: Tuesdays & Thursdays, June 4–27 from 6:00–7:00 pm ................................................................. $200
Session 1: Saturdays June 8–29 from 11:00 am–12:00 pm ................................................................. $100
Session 2: Tuesdays & Thursdays, July 16–August 8 from 6:00–7:00 pm ................................................ $200
Session 2: Saturdays, July 20–August 10 from 11:00 am–12:00 pm ................................................ $100

Please bring your own racquet. These classes are held outside. This class is held off campus, so please allow extra travel time.

Location: Ypsilanti Community High School Tennis Courts, 2095 Packard St, Ypsilanti, MI 48197

Beginning Golf for Kids (Ages 7–13)
Thursday from 6:00–7:00 pm ................................................................. $135
Session 1: June 20–July 18  Session 2: July 25–August 22

If you have your own clubs, please bring them. If you do not have equipment, you can borrow some during class. This class is held off campus, so make sure to allow extra travel time.

Location: Miles of Golf, 3113 Carpenter Rd, Ypsilanti, MI, 48197