

# KCP WINTER 2023 SCHEDULE

Register online only at [UM-KCP.eventbrite.com](https://um-kcp.eventbrite.com)



## AMERICAN RED CROSS ADULT & PEDIATRIC CPR/AED & FIRST AID

Sunday, February 19, 2023, 10:00 am–noon .....\$75  
 Sunday, March 19, 2023, 10:00 am–noon .....\$75

Adult & Pediatric CPR/AED & First Aid is a blended learning class. Participants will be emailed a link the Thursday before class, to be completed online, and skills testing will take place on the Sunday you register for, from 10:00 am–noon. **Please meet outside of the main entrance on North University Ave. (across from Hill Auditorium) at 9:55 am to be escorted inside.**

Location: Kinesiology Building, 830 N. University Ave, #4600, Ann Arbor, MI 48109



## SWIMMING Beginner

### Beginner I: Saturdays, 6:00–7:00 pm

January 14–April 15, 2023 .....\$280

### Beginner II: Saturdays, 7:00–8:00 pm

January 14–April 15, 2023 .....\$280

**NO CLASS February 25 and March 4 (Winter Break).**

Please bring your own towel and goggles (optional, but recommended). Meet on the pool deck at your class time. This class is held off campus, so please allow extra travel time. Use the parking lot off Brooks St.

Location: Mack Indoor Pool, 715 Brooks St, Ann Arbor, MI 48103

Please visit [www.a2gov.org/departments/Parks-Recreation/parks-places/mack/Pages/default.aspx](https://www.a2gov.org/departments/Parks-Recreation/parks-places/mack/Pages/default.aspx) to learn more about the facility.



## PICKLEBALL Beginner/Novice

Tuesdays: January 10–31, 2023, 5:30–7:00 pm .....\$100  
 Tuesdays: February 7–28, 2023, 5:30–7:00 pm .....\$100  
 Tuesdays: March 7–28, 2023, 5:30–7:00 pm .....\$100  
 Tuesdays: April 4–25, 2023, 5:30–7:00 pm .....\$100  
 Tuesdays: May 2–30, 2023, 5:30–7:00 pm .....\$125

Paddles available for use during class. No street shoes allowed, please wear non-marking pickleball shoes. This class is held off campus, so please allow extra travel time.

Location: Wolverine Pickleball Warehouse, 119 Jackson Industrial Dr, Ann Arbor, MI 48103

Please visit [wolverinepickleball.com](https://wolverinepickleball.com) to learn more about the facility.



## EMPOWERMENT SELF-DEFENSE

Thursday, February 9, 2023, 5:00–7:00 pm .....\$30  
 Thursday, March 23, 2023, 5:00–7:00 pm .....\$30

Participants will enroll in one 2-hour session, which will include lecture, discussion, demonstration and practice of physical skills. Instructor: Candace Dorsey, Empowerment Self Defense Program Manager, University of Michigan–Division of Public Safety & Security. **Please meet outside of the main entrance on North University Ave. (across from Hill Auditorium) 5 minutes prior to class, to be escorted inside.**

Location: Kinesiology Building, 830 N. University Ave, #4600, Ann Arbor, MI 48109



## TENNIS Beginner & Intermediate

### Beginner:

January 21–April 16, 2023, 6:00–7:00 pm .....\$280

**PLEASE NOTE:** Due to the Varsity Tennis Center schedule, tennis will meet for a total of 12 sessions on Sundays, and some Saturdays. The dates this class meets are: January 21, February 4, 5, 11, 12, 19, March 12, 19, 26, April 2, 9, 16. We are unable to prorate for any missed classes.

### Intermediate:

January 21–April 16, 2023, 7:00–8:00 pm .....\$280

**PLEASE NOTE:** Due to the Varsity Tennis Center schedule, tennis will meet for a total of 12 sessions on Sundays, and some Saturdays. The dates this class meets are: January 21, February 4, 5, 11, 12, 19, March 12, 19, 26, April 2, 9, 16. We are unable to prorate for any missed classes.

Please bring your own racquet and wear non-marking sole tennis shoes. Winter tennis is held **INDOORS**.

Location: Varsity Tennis Center, 2250 S. State St, Ann Arbor, 48104

Please visit [mgoblue.com/sports/2017/6/16/facilities-tennis-center-html.aspx](https://mgoblue.com/sports/2017/6/16/facilities-tennis-center-html.aspx) to learn more about the facility.

## QUESTIONS? We've got answers.

Scan the QR code or go to [kines.umich.edu/KCP](https://kines.umich.edu/KCP) for class descriptions, facility information, the latest Health & Safety Practices, and more.

Please monitor [UM-KCP.eventbrite.com](https://um-kcp.eventbrite.com) for additional class offerings and potential openings in classes that are full.



SCHOOL OF KINESIOLOGY  
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