

**APPLIED EXERCISE SCIENCE UNDERGRADUATE
RECORD SHEET
2022-2023 BULLETIN**

Name:				UM ID:							
Prerequisite Courses in Kinesiology				Required Core Courses in Applied Exercise Science				Required Supporting Courses in Kinesiology			
Course No.	Credit	Term	Grade	Course No.	Credit	Term	Grade	Course No.	Credit	Term	Grade
AES 218	3			MVS 230 & 231 OR Anatomy 403	4/5			SM 101	3		
AES 220^ (W) (C or better)	3			AES 242 (F)	3			MVS 110	3		
AES 221^ (W) (C or better)	1			AES 313 Exercise Psychology (W)	3			SM 217 or MVS 219	3		
AES 100	2			AES 315* (Exercise Prescript & Test) (W)	3			Total	9		
AES 290 (Field Experience)	2			AES 331	3			Courses Required Outside of Kinesiology			
Total	11			AES 332 (W)	3			Course No.	Credit	Term	Grade
<i>Students must declare one of two concentration tracks: Clinical or Management and complete 15 credits of electives within their declared track. Full list of concentration electives can be found on the Forms & Bulletins webpage.</i>				AES 403 (Internship)	3			ENGLISH 125 OR FYWR (C or better)	4		
				PICK TWO of the following 400-Level Courses				PSYCH 111 OR PSYCH 112	4		
Course No.	Credit	Term	Grade	Course No.	Credit	Term	Grade	MATH 105* (C or better)	4		
				AES 416 (W)	3						
				AES 446 (W)	3			One of the Following: MVS 250/STATS 250/STATS 280/SOC 210	3/4		
				AES 451 (W)	3						
				AES 460 (F)	3			Total	15/16		
				Total: 28 or 29 credits				^Students may take Physiol 201 instead of AES 220 & AES 221. Must earn a "C" or better.			
Total: 15 credits within declared concentration								*Students may take Math 115 (must earn C- or better) or may place out of the requirement with a Math placement exam score of "calculus definite"			

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Distribution Requirements											
Humanities (12 credits)				Natural Science/Math/Quantitative Reasoning (12 credits)				Social Science (12 credits)			
Course No.	Credits	Term	Grade	Course No.	Credits	Term	Grade	Course No.	Credits	Term	Grade
SM 101	3			MATH 105	4			PSYCH 111	4		
SM 217 or MVS 219	3			MVS 110	3			AES 313 Exercise Psychology	3		
				AES 220	3						
				AES 221	1						
				MVS 250/STATS 250/SOC 210	3 or 4						
Total				Total				Total			
Notes:											
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Study Abroad (Optional): Please see Global Engagement Coordinator for more information.											