

**APPLIED EXERCISE SCIENCE UNDERGRADUATE  
RECORD SHEET  
2021-2022 BULLETIN**

Name:				UM ID:				Prepared By:			
Prerequisite Courses in Kinesiology				Required Core Courses in Applied Exercise Science				Required Supporting Courses in Kinesiology			
Course No.	Credit	Term	Grade	Course No.	Credit	Term	Grade	Course No.	Credit	Term	Grade
AES 218*	3			MVS 230	3			SM 101	3		
AES 220* (W) (C or better)	3			MVS 231	1			MVS 110	3		
AES 221* (W) (C or better)	1			AES 242 (F)	3			SM 217 or MVS 219 (ULWR)	3		
AES 100	2			AES 315* (Exercise Prescript & Test) (W)	3			<b>Total</b>	<b>9</b>		
AES 290 (Field Experience)	2			AES 331 (F)	3			<b>Courses Required Outside of Kinesiology</b>			
<b>Total</b>	<b>11</b>			AES 332 (W)	3			<b>Course No.</b>	<b>Credit</b>	<b>Term</b>	<b>Grade</b>
<i>OPTIONAL: Independent Study, Internships, Field Work, Reading, and Research: HF 280 (Research), Additional HF 290 or 403, HF 470 Independent Study</i>				AES 313 Exercise Psychology (W)	3			ENGLISH 125 or FYWR (C or better)	4		
<b>Required Concentration Electives (15 credits in Clinical or 15 credits in Management)</b>				AES 403 Internship	3			PSYCH 111 or PSYCH 112	4		
<b>Course No.</b>	<b>Credit</b>	<b>Term</b>	<b>Grade</b>	<b>^PICK ONE:</b>	3			MATH 105* (C or better)	4		
				AES 313: Des & Eval of Physical Activity (F)							
				AES 451 (W)	3			<b>One of the Following:</b> MVS 250/STATS 250/STATS 280/SOC 210	3 or 4		
				<b>^PICK ONE:</b>							
				MVS/AES 446 (W)							
				AES 416 (W)							
				<b>Total</b>	<b>28</b>			<b>Total</b>	<b>15/16</b>		
<b>Total</b>	<b>15</b>										

**Notes:**

Footnotes:  
 \*Courses must be taken at UM  
 ^ Courses cannot double count as major requirement and concentration elective.  
 All AES core courses (AES 242, AES 331, and AES 332) have advisory or enforced prerequisites of:

- MATH 105 C or Better or MATH 115 C- or Better or Placement Exam Calculus Beyond Definite
- AES 220 and AES 221 C or Better or PHYSIOL 201 C or Better

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<b>Distribution Requirements</b>														
<b>Humanities (12 credits)</b>				<b>Natural Science/Math/Quantitative Reasoning (12 credits)</b>				<b>Social Science (12 credits)</b>						
Course No.	Credits	Term	Grade	Course No.	Credits	Term	Grade	Course No.	Credits	Term	Grade			
SM 101	3			MATH 105	4			PSYCH 111	4					
SM 217 or MVS 219	3			MVS 110	3			AES 313 Exercise Psychology	3					
				AES 220	3									
				AES 221	1									
				MVS 250/STATS 250/SOC 210	3 or 4									
<b>Total</b>				<b>Total</b>				<b>Total</b>						
<b>Exceptions, Substitutions, Waivers, Other Notes</b>														
Advisor - Please make any notes regarding approval of variations in degree program:														
<b>Study Abroad (Optional):</b>														
Please see Global Engagement Coordinator for more information.														
<b>Last Reviewed:</b>														
By: _____			Date: _____			By: _____			Date: _____			By: _____		
_____			Date: _____			By: _____			Date: _____			_____		