

November 2019	Third Place Poster Presentation Award – Tykeson Fellows Conference, National Multiple Sclerosis Society
September 2018	American Congress of Rehabilitation Medicine Meeting – National Institute on Disability, Independent Living, and Rehabilitation Research, Advanced Rehabilitation Research and Training Fellow in the Young Investigators Symposium, Dallas, TX
June 2017	Consortium of Multiple Sclerosis Centers – Whitaker Award Finalist, New Orleans, LA
April 2016	The Graduate College – Academic Excellence and Good Citizenship. Champaign, IL
April 2014	The Graduate College – Service Award. Champaign, IL

Certificates

2016	Certificate in Foundations of Teaching. Center for Innovation in Teaching and Learning. University of Illinois Urbana-Champaign
2013 – Current	Neurostatus Certification Level C
2012 – Current	First Aid Cardiopulmonary Resuscitation, Automated External Defibrillator Certification

Professional Membership

2019 – Current	American College of Rheumatology
2017 – Current	American Congress of Rehabilitation Medicine
2017 – Current	Academy Health
2016 – Current	Society of Behavioral Medicine
2016 – Current	American College of Sports Medicine
2013 – Current	National Multiple Sclerosis Society
2013 – Current	The Consortium of Multiple Sclerosis Centers

Service

2021 – Current	Reviewer – <i>Topics in Stroke Rehabilitation</i>
2020 – Current	Member - Diversity, Equity, and Inclusion Committee, Department of Physical Medicine and Rehabilitation, Feinberg School of Medicine
2019 – Current	Reviewer – <i>Doody Enterprises</i>
2019 – 2020	Special Education Volunteer Instructor of Capoeira – Carl Schurz High School
2018 – Current	Reviewer – <i>Disability and Rehabilitation</i>
2018 – Current	Reviewer – <i>Disability and Health Journal</i>
2017 – Current	Volunteer at the Shirley Ryan AbilityLab Adaptive Sports + Fitness Program
2016 – 2017	Board Member - Students Advising on Graduate Education (SAGE)

2013 – 2017

Member – Black Graduate Student Association (BGSA)

Funded Grants

1. Principal Investigator (Gary S. Gilkeson Career Development Award, 2020-2022) A Progressive Home-Based Exercise Intervention for Persons with Systemic Lupus Erythematosus. *Lupus Foundation of America*, \$140,000
2. Diversity Leadership Associate (P2C, 2020-2025) Center for Smart Use of Technology to Assess Real-World Outcomes (C-STAR). *National Institute of Child Health and Human Development (NICHD) and National Institute of Neurological Diseases and Stroke (NINDS)*, \$3,721,750
3. Principal Investigator (Research Supplements to Promote Diversity in Health-Related Research, 2019-2021) Evaluation of the Social Cognitive Correlates of Physical Activity in Systemic Lupus Erythematosus and Assessing the Acceptability of the Lupus Intervention Fatigue Trial. *National Institute of Arthritis and Musculoskeletal and Skin Diseases*, \$253,263
4. Principal Investigator (Northwestern Medicine Enterprise Data Warehouse Pilot Data Program, 2018-2019) Disease characteristics and healthcare utilization patterns in advantaged and disadvantaged patients with multiple sclerosis at Northwestern Medicine, *Northwestern University Clinical and Translational Sciences Institute*, \$900
5. Principal Investigator (Postdoctoral Fellowship Award, 2018-2020). Disease characteristics and healthcare utilization patterns in advantaged and disadvantaged patients with multiple sclerosis. *National Multiple Sclerosis Society*, \$58,476

Published Manuscripts

1. Adamson, B., **Kinnett-Hopkins, D.**, Atharia, N., Sebastiao, E. (2020) The Experiences of Inaccessibility and Ableism Related to Physical Activity: A Photoelicitation Study Among Individuals with Multiple Sclerosis. *Disability and Rehabilitation*.
2. **Kinnett-Hopkins, D.**, Mummidisetty, C. K., Ehrlich-Jones, L., Crown, D., Bond, R., Applebaum, M., Jayaraman, A., Furbish, C., Forrest, G., Field-Fote, G., Heinemann, A. (2020) Users with Spinal Cord Injury Experience of Robotic Locomotor Exoskeletons: A Qualitative Study of the Benefits, Limitations, and Recommendations. *Journal of NeuroEngineering and Rehabilitation*
<https://doi.org/10.1186/s12984-020-00752-9>
3. Ehrlich-Jones, L., Crown, D., **Kinnett-Hopkins, D.**, Field-Fote, E., Furbish, C., Mummidisetty, C. K., Bond, R., Forrest, G., Jayaraman, A., Heinemann, A. (2020) Clinical Perceptions of Robotic Exoskeletons for Locomotor Training Following Spinal Cord Injury: A Qualitative Approach. *Archives of Physical Medicine and Rehabilitation*. <https://doi.org/10.1016/j.apmr.2020.08.024>
4. Heinemann, A. W, **Kinnett-Hopkins, D.**, Mummidisetty, C. K., Bond, R., Ehrlich-Jones, L., Furbish, C., Field-Fote, E., & Jayaraman, A. (2020). Appraisals of

Robotic Locomotor Exoskeletons for Gait: Focus Group Insights from Potential Users with Spinal Cord Injuries. *Disability and Rehabilitation: Assistive Technology*. <https://doi.org/10.1080/17483107.2020.1745910>

5. **Kinnett-Hopkins, D.**, Motl, R., (2019). Preferences for exercise among black individuals with multiple sclerosis. *Multiple Sclerosis Journal: Experimental, Translational and Clinical* <https://doi.org/10.1177/2055217319834715>
6. **Kinnett-Hopkins, D.**, & Motl, R. (2018). Results of a feasibility study of a patient informed, racially tailored home-based exercise program for black persons with multiple sclerosis. *Contemporary Clinical Trials*, 75, 1–8. <http://doi.org/10.1016/j.cct.2018.10.009>
7. Scheidler, A. M., **Kinnett-Hopkins, D.**, Learmonth, Y. C., Motl, R., & Lopez-Ortiz, C. (2018). Targeted ballet program mitigates ataxia and improves balance in females with mild-to-moderate multiple sclerosis. *PloS One*, 13(10), e0205382. <http://doi.org/10.1371/journal.pone.0205382>
8. Learmonth, Y. C., **Kinnett-Hopkins, D.**, & Motl, R. W. (2018). Capitalising on the opinions of persons with multiple sclerosis to inform the main trial - participant opinions from participation in a feasibility study, a qualitative extension study. *Disability and Rehabilitation*, 1–8. <http://doi.org/10.1080/09638288.2018.1490823>
9. **Kinnett-Hopkins, D.**, Learmonth, Y., Hubbard, E., Pilutti, L., Roberts, S., Fanning, J., ... Motl, R. (2017). The interpretation of physical activity, exercise, and sedentary behaviours by persons with multiple sclerosis. *Disability and Rehabilitation*, 1–6. <http://doi.org/10.1080/09638288.2017.1383519>
10. Motl, R. W., Hubbard, E. A., Bollaert, R. E., Adamson, B. C., **Kinnett-Hopkins, D.**, Balto, J. M., ... McAuley, E. (2017). Randomized controlled trial of an e-learning designed behavioral intervention for increasing physical activity behavior in multiple sclerosis. *Multiple Sclerosis Journal - Experimental, Translational and Clinical*, 3(4), 2055217317734886. <http://doi.org/10.1177/2055217317734886>
11. Ensari, I., Kinnett-Hopkins, D., & Motl, R. W. (2017). Social cognitive correlates of physical activity among persons with multiple sclerosis: Influence of depressive symptoms. *Disability and Health Journal*, 10(4), 580–586. <http://doi.org/10.1016/j.dhjo.2017.03.006>
12. **Kinnett-Hopkins, D.**, Adamson, B., Rougeau, K., & Motl, R. W. (2017). People with MS are less physically active than healthy controls but as active as those with other chronic diseases: An updated meta-analysis. *Multiple Sclerosis and Related Disorders*, 13, 38–43. <http://doi.org/10.1016/j.msard.2017.01.016>
13. Dysterheft, J., Rice, I., Learmonth, Y., **Kinnett-Hopkins, D.**, & Motl, R. (2017). Effects of Daily Physical Activity Level on Manual Wheelchair Propulsion Technique in Full-Time Manual Wheelchair Users During Steady-State Treadmill Propulsion. *Archives of Physical Medicine and Rehabilitation*, 98(7), 1374–1381. <http://doi.org/10.1016/j.apmr.2017.01.007>
14. Learmonth, Y. C., Adamson, B. C., **Kinnett-Hopkins, D.**, Bohri, M., & Motl, R. W. (2017). Results of a feasibility randomised controlled study of the guidelines for exercise in multiple sclerosis project. *Contemporary Clinical Trials*, 54, 84–97. <http://doi.org/10.1016/j.cct.2016.11.012>
15. **Kinnett-Hopkins, D.**, Grover, S. A., Yeh, E. A., & Motl, R. W. (2016). Physical activity in pediatric onset multiple sclerosis: Validating a questionnaire for clinical

- practice and research. *Multiple Sclerosis and Related Disorders*, 10, 26–29.
<http://doi.org/10.1016/j.msard.2016.08.010>
16. Grover, S. A., Sawicki, C. P., **Kinnett-Hopkins, D.**, Finlayson, M., Schneiderman, J. E., Banwell, B., ... Yeh, E. A. (2016). Physical Activity and Its Correlates in Youth with Multiple Sclerosis. *The Journal of Pediatrics*, 179, 197–203.e2. <http://doi.org/10.1016/j.jpeds.2016.08.104>
 17. **Kinnett-Hopkins, D.**, & Motl, R. W. (2016). Social Cognitive Correlates of Physical Activity in Black Individuals With Multiple Sclerosis. *Archives of Physical Medicine and Rehabilitation*, 97(4), 590–595.
<http://doi.org/10.1016/j.apmr.2015.12.011>
 18. Balto, J. M., **Kinnett-Hopkins, D. L.**, & Motl, R. W. (2016). Accuracy and precision of smartphone applications and commercially available motion sensors in multiple sclerosis. *Multiple Sclerosis Journal - Experimental, Translational and Clinical* <http://doi.org/10.1177/2055217316634754>
 19. Adamson, B. C., Learmonth, Y. C., **Kinnett-Hopkins, D.**, Bohri, M., & Motl, R. W. (2016). Feasibility Study Design and Methods for Project GEMS: Guidelines for Exercise in Multiple Sclerosis. *Contemporary Clinical Trials*, 47, 32–39.
<http://doi.org/10.1016/j.cct.2015.12.002>
 20. Klaren, R. E., Sebastiao, E., Chiu, C.-Y., **Kinnett-Hopkins, D.**, McAuley, E., & Motl, R. W. (2016). Levels and Rates of Physical Activity in Older Adults with Multiple Sclerosis. *Aging and Disease*, 7(3), 278–84.
<http://doi.org/10.14336/AD.2015.1025>
 21. Motl, R. W., Learmonth, Y. C., Wójcicki, T. R., Fanning, J., Hubbard, E. A., **Kinnett-Hopkins, D.**, ... McAuley, E. (2015). Preliminary validation of the short physical performance battery in older adults with multiple sclerosis: secondary data analysis. *BMC Geriatrics*, 15, 157. <http://doi.org/10.1186/s12877-015-0156-3>
 22. Yeh, E. A., **Kinnett-Hopkins, D.**, Grover, S. A., & Motl, R. W. (2015). Physical activity and pediatric multiple sclerosis: Developing a research agenda. *Multiple Sclerosis (Houndmills, Basingstoke, England)*, 21(13), 1618–1625.
<http://doi.org/10.1177/1352458515606526>
 23. McAuley, E., Wojcicki, T. R., Learmonth, Y. C., Roberts, S. A., Hubbard, E. A., **Kinnett-Hopkins, D.**, ... Motl, R. W. (2015). Effects of a DVD-delivered exercise intervention on physical function in older adults with multiple sclerosis: A pilot randomized controlled trial. *Multiple Sclerosis Journal - Experimental, Translational and Clinical*, 1, 2055217315584838.
<http://doi.org/10.1177/2055217315584838>
 24. Learmonth, Y. C., **Kinnett-Hopkins, D.**, Rice, I. M., Dysterheft, J. L., & Motl, R. W. (2016). Accelerometer output and its association with energy expenditure during manual wheelchair propulsion. *Spinal Cord*, 54(2), 110–114.
<http://doi.org/10.1038/sc.2015.33>
 25. Wojcicki, T. R., Roberts, S. a., Learmonth, Y. C., Hubbard, E. a., **Kinnett-Hopkins, D.**, Motl, R. W., & McAuley, E. (2014). Improving physical functional and quality of life in older adults with multiple sclerosis via a DVD-delivered exercise intervention: a study protocol. *BMJ Open*, 4(12), e006250–e006250.
<http://doi.org/10.1136/bmjopen-2014-006250>

Manuscripts Under Review

1. Wong, J., Engel, E., **Kinnett-Hopkins, D.L.**, Burns, J., Ehrlich-Jones, L. (under review). The effect of promoting physical activity through motivational interviewing on motor functioning and balance for people with Parkinson's disease: A randomized controlled trial. *Complimentary Therapies in Clinical Practice*
2. Engel, E., Eisenstein, A., **Kinnett-Hopkins, D.**, Todd, A., Bega, D., Ehrlich-Jones, L. (under review). Development of an Exercise Web-Based Motivational Interviewing Behavioral Intervention for Persons with Parkinson's Disease: A Qualitative Study. *Health Promotion Practice*

Published Book Chapters

Scheidler, A. M., Tisha, A. L., **Kinnett-Hopkins, D. L.**, Learmonth, Y. C., Motl, R., & López-Ortiz, C. (2017). Targeted Dance Program for Improved Mobility in Multiple Sclerosis. *In Converging Clinical and Engineering Research on Neurorehabilitation II* (pp. 1073-1077). Springer International Publishing.

Presentations & Invited Talks

Kinnett-Hopkins, D., Prioritizing Patient Safety while Maintaining Study Integrity during COVID-19: Lupus Intervention Fatigue Trial Modifications and Lessons Learned. American College of Rheumatology. Virtual Conference. *November 2020*.

Kinnett-Hopkins, D., Race and Health. Oakland University, Detroit, MI. November 2020. (Invited Presentation)

Kinnett-Hopkins, D., Clinical Psychology – Working with People with Disabilities. *Chicago, IL, March 2020*. (Invited Presentation)

Kinnett-Hopkins, D., Disease Characteristics and Healthcare Utilization of Advantaged and Disadvantaged Persons with Multiple Sclerosis. *Atlanta, GA, November 2019*.

Kinnett-Hopkins, D., Race & Healthcare – Why is it so complicated? Oakland University, Detroit, MI. November 2019. (Invited Presentation).

Kinnett-Hopkins, D., Wonder Woman Wednesday Panelist. *Young Women's Leadership Charter School, Chicago, IL. March 2019*. (Invited Presentation).

Kinnett-Hopkins, D., & Motl, R.W., Feasibility of a patient informed, racially tailored home-based exercise program for blacks with multiple sclerosis. *American Congress of Rehabilitation Medicine, Dallas, TX. September 2018*.

Kinnett-Hopkins, D., & Motl, R.W., The feasibility of a patient informed, racially tailored home-based exercise program for blacks with multiple sclerosis. *Academy Health, Seattle, Washington. June 2018.*

Kinnett-Hopkins, D. L. & Motl, R. W. Patient opinions on the design of a racially tailored exercise intervention for black individuals with multiple sclerosis. *Society of Behavioral Medicine. San Diego, California March 2017.*

Kinnett-Hopkins, D. L. & Motl, R. W. Feasibility of a patient informed, racially tailored, home-based exercise intervention for black individuals with multiple sclerosis. *Consortium of Multiple Sclerosis Centers. New Orleans, Louisiana June 2017.*

Kinnett-Hopkins, D. L., Motl, R. W., Hubbard, E. A., McAuley, E., Pilutti, L. A., & Learmonth, Y. C. The meaning of physical activity, exercise, and sedentary behavior in persons with multiple sclerosis. *Consortium of Multiple Sclerosis Centers. National Harbor, Maryland June 2016.*

Kinnett-Hopkins, D. L., & Motl, R. W. Social-cognitive determinants of physical activity in African Americans with multiple sclerosis. *Consortium of Multiple Sclerosis Centers. Indianapolis, IN, May 2015.*

Kinnett-Hopkins D.L., & Motl R.W. Social cognitive determinants of physical activity in African-Americans with multiple sclerosis. *Northwestern University's 18th Annual Graduate Research Conference.* Evanston, IL, April 2015.

Kinnett-Hopkins D.L., Motl R.W. Do Demographic and Clinical Variables Predict Change in Physical Activity Over Time in Persons with RRMS? *Consortium of Multiple Sclerosis Centers.* Dallas, TX, May 2014.

Kinnett-Hopkins D.L., Motl R.W. Do Demographic and Clinical Variables Predict Change in Physical Activity Over Time in Persons with RRMS? *University of Illinois at Urbana-Champaign Community of Scholars Research Symposium.* Champaign, IL, March 2014.