Worth a Thousand Words

In the News

Breaking the glass goalpost

Women are making strides in leadership positions across the board—except in the front offices at many pro sports teams. "Sport has a responsibility to be a social change agent," says Dr. Ketra Armstrong, professor of sport management.

Read more

Playing it too safe?

Broad media coverage of concussion may make athletes and their parents more cautious. The flip side, says Dr. Steven Broglio, associate professor of athletic training, is that it might discourage kids from being physically active altogether.

Read more

Active brains boost scores

Students in "active learning" classrooms engage more in the material they study, rather than just passively listening. Dr. Melissa Gross, associate professor of movement science, has found that active learning improves exam scores—and image-based active learning may boost them even more.

Read more

The high price of sportscasting

As competition and the cost of broadcast rights increase, sport media outlets are feeling the pinch—ESPN laid off 100 employees this spring as a result. Dr. Rod Fort, professor of sport management, weighs in on the media industry's economic concerns.

Hear more
USDA food fight

The U.S. Department of Agriculture recently relaxed nutrition requirements for school lunches. **Dr. Rebecca Hasson**, assistant professor of health & fitness and movement science, says this change will have a negative impact on all kids—especially low-income and minority students.

Read and watch more

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Alumni Spotlight

**Lighting up kids' lives**

Leah Ketcheson (Ph.D. '14) is the executive director of LightUp, a non-profit organization whose mission is to improve the quality of life for children, youth, and adults with disabilities. LightUp provides one-on-one and small group adapted physical and social activities that are fun, build skills and confidence, and get everyone moving.

Read more

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**Take your place in history**

As U-M celebrates its bicentennial, it's an ideal time to touch base with alumni making up the Maize and Blue family. The goal is to have an up-to-date, permanent record of Michigan's 575,000+ living alumni—including you! Completing the brief Alumni Census will leave your mark on Michigan history.

Take the Alumni Census

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What have YOU been up to? Send us an update and you might be featured in our next Alumni Spotlight!  

Submit a Class Note

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Student Voices

**AKA honorees**

Sean Pradhan (Ph.D. '17) and Matthew Nagy (MVS '17) were honored by the American Kinesiology Association with a 2017 National Scholar Award—one of the highest honors a Kinesiology student can receive. Congratulations, Sean and Matt!

Read more

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**LEADER and best**

Now more than ever, grants and scholarships can help turn a student's dreams into reality. Rachel Sullivan (MVS '17) talks about how a Leadership, Excellence, Achievement, and Diversity (LEAD) scholarship from the U-M Alumni Association helped her pursue her passion.

Read more

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**Balancing act**

Like many students, basketball player **Moritz Wagner (SM '19)** had to learn how to juggle academics and athletics. More nerve-wracking than the NCAA tournament? A presentation for his SM 217 (Business Communications) class.

Read more

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We're on LinkedIn--connect with us!

- U-M Sport Management: bit.ly/connectSM
- U-M Health and Fitness: bit.ly/connectHF
- U-M IONM: bit.ly/connectIONM
Save the Dates

Wolverines in the D

On **Friday, August 18**, join us for the Tigers vs. Dodgers game and post-game fireworks (weather permitting). This special ticket package includes:

- Lower Baseline Box, Upper Box Infield, or Upper Reserved ticket
- Exclusive Detroit Tigers/University of Michigan hat (your choice of block M or bicentennial version, pictured)
- $5 donation to the Pat Maloy Scholarship Fund

Purchase tickets at [tigers.com/um](http://tigers.com/um). For groups of 15+, please email [jessica.ruddy@tigers.com](mailto:jessica.ruddy@tigers.com).

Homecoming

Join us for the Kinesiology Alumni-Student Mixer and Alumni Achievement Awards Banquet on **Friday, October 27**. The homecoming game against Rutgers is on Saturday, October 28, at noon.

Invitation to follow.

Bicentennial Trivia

In honor of the U-M Bicentennial, we’ll publish an historical trivia item each 2017 issue of *Movement*.

What are the names or addresses of the three buildings that the School of Kinesiology currently occupies, and what is the name of the building that we’ll move into in 2020?

Send your answer to Emily at emathews@umich.edu. The first person to guess correctly wins a School of Kinesiology swag bag!*  

*Current School of Kinesiology faculty and staff are ineligible to win.