



SCHOOL OF KINESIOLOGY
COMMUNITY PROGRAMS
UNIVERSITY OF MICHIGAN

ENROLL NOW!

WINTER 2018 PROGRAMS & SCHEDULE



Beginning & Intermediate Tennis • Beginning & Intermediate Swim*

Coached Swimming Workouts • Tricks and Tips – Improve Your Swimming Strokes

WSI: American Red Cross Water Safety Instructor*

LG: American Red Cross Lifeguarding*

American Red Cross Adult/Child CPR/AED and First Aid

**May be taken for academic credit.*

REGISTER ONLINE AT UM-KCP.EVENTBRITE.COM

For more than three decades, the University of Michigan School of Kinesiology has offered community programs for Southeastern Michiganders at all stages of life. We're proud to serve our neighbors through educational and motivational programs that inspire healthy and active lifestyles.

Learn more at kines.umich.edu/KCP

WINTER 2018 *(January 17th–April 17th)*

No classes on: January 15th and February 26th–March 4th

MONDAYS & WEDNESDAYS

7:00–8:00 pm	Beginning Swim 1* (140 001)	\$210	Bell Pool
7:00–8:00 pm	Beginning Swim 1* (140 002)	\$210	Bell Pool
8:00–9:00 pm	Beginning Swim 2* (141 001)	\$210	Bell Pool
6:00–9:00 pm	WSI: Water Safety Instructor* (349-001) (Jan. 17th–Feb. 21st)	\$175	3733 CCRB/Bell Pool
6:00–9:00 pm	LG: Lifeguarding* (143-001) (Mar. 5th–Apr. 16th)	\$175	3733 CCRB/Bell Pool
9:00–10:00 pm	Coached Swimming Workouts	\$7 per class	Bell Pool
9:00–10:00 pm	Tricks and Tips – Improve Your Swimming Strokes	\$7 per class	Bell Pool

TUESDAYS & THURSDAYS

7:00–8:00 pm	Intermediate Swim* (142 001)	\$210	Bell Pool
7:00–8:00 pm	Coached Swimming Workouts	\$7 per class	Bell Pool
8:00–9:00 pm	Beginning Swim 1* (140 003)	\$210	Bell Pool
8:00–9:00 pm	Beginning Swim 1* (140 004)	\$210	Bell Pool
9:00–10:00 pm	Coached Swimming Workouts	\$7 per class	Bell Pool
9:00–10:00 pm	Tricks and Tips – Improve Your Swimming Strokes	\$7 per class	Bell Pool

****May be taken for academic credit. Check with your advisor to ensure if the credit will be accepted by your school/college.***

SUNDAYS

8:00–9:00 pm	Beginning Tennis (Jan. 14th–Apr. 15th)	\$120	Varsity Tennis Courts
9:00–10:00 pm	Intermediate Tennis (Jan. 14th–Apr. 15th)	\$120	Varsity Tennis Courts

No classes on: January 28th, February 25th, March 4th, and April 1st
Bring own tennis racquet and non-marking sole tennis shoes.

SAVE A LIFE!

Sundays, 8:00 am–noon

Room 3040 Central Campus Recreation Building (CCRB)

Class will meet outside of Room 3064 CCRB.

January 21st or 28th

March 11th, 18th, or 25th

February 4th, 11th, or 18th

April 8th or 15th

Get certified in American Red Cross
Adult/Child CPR/AED and First Aid for only \$45.

To receive credit:

- Register online at UM-KCP.eventbrite.com.
- Pay the registration fee.
- Contact the KCP director by email at kebwink@umich.edu to obtain an override to register on Wolverine Access.
- You must pay both the class fee to KCP and the hourly tuition rate for the class (to U-M if applicable).
- To drop the class, you must drop both on Wolverine Access and through the KCP office.
- You will not be allowed to enroll for swimming after it has met three times.

Class locations:

Tennis classes are held on Palmer Courts north of Central Campus Recreation Building (CCRB).

Swim classes are held in the Margaret Bell Pool inside CCRB. You must be a registered U-M student or have a U-M Recreational Sports membership in order to attend swim classes.

WSI and Lifeguarding classes will meet in room 3733 CCRB/Bell Pool. Enter building from Geddes Road Kinesiology entrance.

Adult/Child CPR/AED and First Aid classes will meet outside of Room 3064 CCRB.



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