



SCHOOL OF KINESIOLOGY
COMMUNITY PROGRAMS
UNIVERSITY OF MICHIGAN

ENROLL NOW!

FALL 2017 PROGRAMS & SCHEDULE



Beginning & Intermediate Tennis • Golf Lessons

Beginning & Intermediate Swim* • Coached Swimming Workouts

Tricks and Tips – Improve Your Swimming Strokes

American Red Cross Adult/Child CPR/AED and First Aid

REGISTER ONLINE AT UM-KCP.EVENTBRITE.COM

For more than three decades, the University of Michigan School of Kinesiology has offered community programs for Southeastern Michiganders at all stages of life. We're proud to serve our neighbors through educational and motivational programs that inspire healthy and active lifestyles.

Learn more at kines.umich.edu/KCP

MONDAYS & WEDNESDAYS

| | | |
|---------------|--|---------------|
| 4:00–5:00 pm | Beginning Tennis (Sept. 11–Oct. 12) | \$120 |
| 5:00–6:00 pm | Intermediate Tennis (Sept. 11–Oct. 12) | \$120 |
| 7:00–8:00 pm | Beginning Swim 1* (PE 140 001) | \$225 |
| 7:00–8:00 pm | Beginning Swim 1* (PE 140 002) | \$225 |
| 8:00–9:00 pm | Beginning Swim 2* (PE 141 001) | \$225 |
| 8:00–9:00 pm | Intermediate Swim* (PE 142 001) | \$225 |
| 9:00–10:00 pm | Coached Swimming Workouts | \$8 per class |

TUESDAYS & THURSDAYS

| | | |
|---------------|---|----------------|
| 4:00–5:00 pm | Beginning Tennis (Sept. 11–Oct. 12) | \$120 |
| 5:00–6:00 pm | Intermediate Tennis (Sept. 11–Oct. 12) | \$120 |
| 7:00–8:00 pm | Beginning Swim 2* (PE 141 002) | \$225 |
| 7:00–8:00 pm | Intermediate Swim* (PE 142 002) | \$225 |
| 8:00–9:00 pm | Beginning Swim 1* (PE 140 003) | \$225 |
| 8:00–9:00 pm | Coached Swimming Workouts | \$8 per class |
| 9:00–10:00 pm | Tricks and Tips – Improve Your Swimming Strokes | \$10 per class |

**May be taken for academic credit. Check with your advisor to ensure if the credit will be accepted by your school/college.*

SAVE A LIFE!



Sundays, 8:00 am–noon

September 17th or 24th

October 1st, 8th, 15th, 22nd, or 29th

November 5th or 12th

December 3rd or 10th

Get certified in American Red Cross
Adult/Child CPR/AED and First Aid for only \$45.

GOLF LESSONS: REGISTER ONLINE AT
UM-KCP.EVENTBRITE.COM

To receive credit:

- Register online at UM-KCPeventbrite.com.
- Pay the registration fee.
- Contact the KCP director by email at kebwink@umich.edu to obtain an override to register on Wolverine Access.
- You must pay both the class fee to KCP and the hourly tuition rate for the class (to U-M if applicable).
- To drop the class, you must drop both on Wolverine Access and through the KCP office.
- You will not be allowed to enroll for swimming after it has met three times.

Class locations:

Tennis classes are held on Palmer Courts north of Central Campus Recreation Building (CCRB).

Swim classes are held in the Margaret Bell Pool inside CCRB. You must be a registered U-M student or have a U-M Recreational Sports membership in order to attend swim classes.

Golf classes are held at Miles of Golf, 3113 Carpenter Rd, Ypsilanti, MI (734.973.9004).

Adult/Child CPR/AED and First Aid classes will meet outside of Room 3064 CCRB.



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