

HEALTH & FITNESS UNDERGRADUATE RECORD SHEET

2016-2017-Amended 9/2016

Name:					UM ID:				Prepared By:			
Prerequisite Courses in Kinesiology				Required Core Courses in Health & Fitness				Required Supporting Courses in Kinesiology				
Course No.	Credit	Term	Grade	Course No.	Credit	Term	Grade	Course No.	Credit	Term	Grade	
HF 218*	3			HF 240	3			MVS 446	3			
HF 220*	3			HF 242	3			SM 101	3			
HF 221*	1			HF 313 (Methods Group Exercise & Fitness)	3			SM 111	3			
HF 241	3			HF 315* (Exercise Prescript & Test)	3			SM 217/MVS 219	3			
MVS 110	3			HF 313 (Analytics)	3			HF 333	3			
Total	13			HF 331	3							
OPTIONAL: Independent Study, Internships, Field Work, Reading, and Research				HF332	3							
HF 280 Research				HF 403 Internship	3							
HF 290 Field Exp				HF 451 (Physical Act Lifespan)	3							
HF 402 Teaching Asst.				HF 434	3			Total	15			
HF 470 Independent Study/Research				HF 437	3							
HF 403 (additional internship)				HF 251	3			Courses Required Outside of Kinesiology				
Total								Course No.	Credit	Term	Grade	
				Total	33			FYWR	4			
								PSYCH 111 (SS)or 112 (NS)	4			
								MATH 105*	4			
								Total	12			
Notes:												
<p>*Please note: This program is currently undergoing a review and the curriculum is subject to change. Students will have the option to continue in the published program or to elect the revised program requirements as approved by the Health and Fitness faculty.</p>												
<p>Footnotes:</p> <p>*Courses must be taken at UM</p> <p>All HF 300 and 400 level courses have enforced prerequisites of</p> <ul style="list-style-type: none"> • MATH 105 C or Better • HF/AT 220 C or Better • HF/AT 221 C or Better <p>Students can only transfer in 36 credits of HF required courses from outside Universities. This does not include approved study abroad courses.</p>												

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Distribution Requirements											
Humanities (12 credits)				Natural Science/Math/Quantitative Reasoning (12 credits)				Social Science (12 credits)			
Course No.	Credits	Term	Grade	Course No.	Credits	Term	Grade	Course No.	Credits	Term	Grade
SM 101	3			MATH 105	4			PSYCH 111	3		
SM 217/MVS 219	3			MVS 110	3			SM 111	4		
				HF/AT 220	3			HF 437	3		
				HF/AT 221	1						
				HF 313 (Analytics)	3						
Total				Total				Total			
Exceptions, Substitutions, Waivers, Other Notes Advisor - Please make any notes regarding approval of variations in degree program:											
Study Abroad (Optional): On UM campus, enroll in language, anthropology, history, archaeology, geography, or political science courses related to host country to meet distribution requirements.											
Last Reviewed: <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div>By: _____</div> <div>Date: _____</div> <div>By: _____</div> <div>Date: _____</div> </div> <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div>By: _____</div> <div>Date: _____</div> <div>By: _____</div> <div>Date: _____</div> </div>											