

*Liability Waiver*

I, the undersigned, assume full responsibility for my health and well-being while participating in the Lifetime Fitness classes. I understand participation in this program is voluntary, therefore, neither Briarwood Mall nor its owners nor the University of Michigan, nor the School of Kinesiology, nor its instructors, nor its staff are responsible for injury sustained while participating in the classes. I also know that this program is not run or sponsored by Briarwood Mall.

**Please PRINT clearly.**

First Name Last Name

Street Address Apt.

City State Zip code

( )

Telephone Email Address

Signature Today’s Date

Lifetime Fitness is a free program open to all. Donations are the sole source of funding to help with operating costs. It takes about $0.50 per person each session to run the program. Please consider how much Lifetime Fitness means to you. A donation form is in each issue of the bi-monthly newsletter and a drop-box is available at each session for on-the-spot donations. There is also a link in the newsletter for convenient online gift making. Thank you!