

An independent study course is designed by the student, in consultation with a faculty member, to investigate an area or field of specialization not normally covered in a regularly scheduled course offering by the program. Independent studies should not be undertaken solely because of difficulty fitting other classes into a schedule, nor because a desired course is full. Students who are having trouble enrolling in a course may contact the Office of Undergraduate Student Affairs (OUSA) at 734-764-4472 for assistance.

Students are eligible if currently enrolled at U-M, and have satisfied the necessary prerequisites for the independent study course. Prerequisites and program requirements can be found in the Kinesiology Bulletin online at [www.kines.umich.edu](http://www.kines.umich.edu). Prerequisites may also be found on Wolverine Access ([www.wolverineaccess.umich.edu](http://www.wolverineaccess.umich.edu)).

**Deadline:** Independent study contracts are due **April 15th** for spring, summer, and/or fall term independent studies; and **December 1st** for winter term independent studies. **Please plan schedules accordingly and make arrangements well in advance, to avoid any problems or fees.** Faculty members may not be available during the spring, spring/summer and summer terms.

### **Instructions:**

1. Students, please schedule an appointment to meet with the faculty sponsor.
2. Complete all pages of this contract. The faculty sponsor will assist, if necessary.
3. The student and faculty sponsor must detail and agree upon:
  - i) project details, including the material covered
  - ii) project format
  - iii) project timeline
  - iv) sources to be used, if applicable
  - v) method of evaluation and the number of meetings per semester
4. Return fully completed contracts, signed by both the faculty sponsor and the student by email to [kinesregistration@umich.edu](mailto:kinesregistration@umich.edu) or to the 2<sup>nd</sup> floor reception desk at 555 S. Forest. **IMPORTANT: Please allow 7-10 business days for processing.**
5. Once the contract is received, an override will be entered into Wolverine Access and the student will receive an e-mail with registration instructions.

### **IMPORTANT NOTES REGARDING CREDIT**

- Students enrolled in an independent study at the University of Michigan are expected to complete the experience during the term that they are actually enrolled in the program, through the Registrar's Office. Students who complete a field experience at a time other than the term in which they are officially enrolled through the Registrar's Office for that course, do so at their own risk. This includes possible denial of professional liability or other insurance coverage by the University of Michigan, denial of a grade, and disciplinary action.
- Each major has specific guidelines and limits for independent study courses. Please refer to the Kinesiology Bulletin ([www.kines.umich.edu](http://www.kines.umich.edu)) for your specific program requirements and/or speak to your advisor regarding your specific program requirements.
- All proposals need to explain how this independent study will build upon your previous coursework, enhance your academic experience, and fulfill requirements set by the School and the expected student-faculty sponsorship arrangement.
- The faculty expects that a course of independent study contain as much, if not more, work than a regularly scheduled course because the student will not be spending time in a formal class. In regular meetings with the faculty sponsor, the student should come prepared to present the work they have completed and its results.
- Students cannot take an independent study course to substitute for a regularly scheduled course.
- If a student has previously participated in an independent study experience in Kinesiology, they must work with a different sponsor or explain how this experience is different from the previous experience(s).
- If a student is continuing an independent study experience from a previous term, however, they may resubmit or extend their original contract with the same faculty sponsor, if that sponsor agrees to an extension.
- Any questions about this procedure should be directed to the faculty sponsor with whom the student is working.

TO BE COMPLETED BY THE STUDENT  
(Ask your faculty sponsor for help if necessary)

Term: \_\_\_\_\_  
(i.e. fall)

Year: \_\_\_\_\_  
(i.e. 2013)

Student Name: \_\_\_\_\_

UM ID: \_\_\_\_\_  
(8 digits)

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Overall GPA: \_\_\_\_\_

Other Independent Study Courses Taken: \_\_\_\_\_

\_\_\_\_\_  
(Attach your unofficial transcript for verification)

Level (check one):  FRESHMAN  SOPHOMORE  JUNIOR  SENIOR  GRAD  OTHER

Subject: \_\_\_\_\_  
(i.e. MOVESCI)

\*Course Number: \_\_\_\_\_  
(i.e. 402)

Credit Hours: \_\_\_\_\_  
(Determined by you and the faculty sponsor)

<p><b>SUBMISSION DEADLINES</b></p> <ul style="list-style-type: none"> <li>• April 15<sup>th</sup> for <b>spring, summer, or fall</b> independent studies</li> <li>• December 1<sup>st</sup> for <b>winter</b> term independent studies</li> </ul>
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Faculty Sponsor: \_\_\_\_\_

\*See the last page of this contract for list of **course numbers**. Students should select an appropriate course number in consultation with the supervising faculty sponsor.

Number of weekly conference hours between student and faculty sponsor: \_\_\_\_\_

Faculty Sponsor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

By signing below, I hereby certify that all information provided in this contract is true and accurate. I further acknowledge that, if I fail to provide true and accurate information, or if I fail to fulfill any of my responsibilities as set forth in this contract, (a) the School of Kinesiology may take appropriate disciplinary action against me and (b) I will not receive credit for this independent study, nor will I receive a refund of tuition or other fees associated with this independent study project.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

The student completes pages two and three, the faculty sponsor completes page four. The faculty sponsor must complete and sign page four.

<b>For Office Use Only:</b>	
Check one:	Complete Permission entered by: _____
	Date: _____
Incomplete	Reason: _____
	Student notified on: _____

TO BE COMPLETED BY THE STUDENT  
(Ask your faculty sponsor for help if necessary)

*Use a separate sheet if necessary.*

1. Describe in detail the content and overall objective of your project.

2. How are your objectives not covered by the current curriculum?

3. How will this study strengthen, enhance, or enrich your academic goals?

4. Estimated time to be spent, per week, on this project and the estimated amount of work to be completed.

1. How will the student's work be evaluated?

2. Who else will be involved in mentoring or supervising the student (if applicable)?

Faculty Sponsor Name: \_\_\_\_\_

Faculty Sponsor Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Course Number	Type	Course Title	Minimum Units	Maximum Units	Repeatability
AT 402	Indi	Teaching Experience	1	3	Up to 6 credits
AT 488	Indi	Independent Study	1	2	Up to 4 completions
HF 270	Indi	Honors Reading in Health & Fitness	1	3	Up to 6 credits
HF 280	Indi	Research Opportunity	1	4	Up to 8 credits
HF 290	Indi	Field Experience in Health & Fitness	1	4	No limit on repeat
HF 370	Indi	Honors Reading	1	3	Up to 6 credits
HF 380	Indi	Honors Research	1	3	Up to 6 credits
HF 402	Indi	Teaching Experience in Health & Fitness	1	3	Up to 6 credits
HF 470	Indi	Independent Study	1	3	Up to 6 credits
MOVESCI 290	Indi	Field Experience	1	8	Up to 4 completions
MOVESCI 380	Indi	Problems in Movement Science	1	3	No
MOVESCI 382	Indi	Honors Reading in Movement Science	1	3	No
MOVESCI 384	Indi	Honors Research in Movement Science	1	3	No
MOVESCI 390	Indi	Field Experience in Movement Science	1	8	Up to 4 completions
MOVESCI 402	Indi	Teaching Experience for MOVESCI Students	1	3	Up to 6 credits
MOVESCI 429	Lab	Lab Motor Control Development	1	3	Up to 2 completions
MOVESCI 439	Lab	Lab Biomechanics	1	3	Up to 2 completions
MOVESCI 449	Lab	Lab Exercise Physiology	1	3	Up to 2 completions
MOVESCI 464	Indi	Clinical Rotation in IONM I	3	3	No
MOVESCI 466	Indi	Clinical Rotation in IONM II	3	3	No
MOVESCI 467	Indi	Clinical Rotation in IONM III	3	3	No
MOVESCI 488	Indi	Independent Study	1	3	Up to 6 credits
MOVESCI 489	Indi	Senior Thesis	2	5	Up to 5 credits
MOVESCI 490	Indi	Senior Honors Thesis - A	1	5	No limit on repeat
MOVESCI 491	Indi	Senior Honors Thesis - B	1	5	Not repeatable
PHYSED 270	Indi	Honors Reading	1	3	Up to 6 credits
PHYSED 290	Indi	Field Experience	1	4	No limit on repeat
PHYSED 370	Indi	Honors Reading	1	3	Up to 6 credits
PHYSED 380	Indi	Honors Research	1	3	Up to 6 credits
HYSED 470	Indi	Independent Study	1	3	Up to 6 credits
PHYSED 490	Indi	Senior Honors	1	4	Not repeatable
SM 270	Indi	Honors Reading	1	3	Not repeatable
SM 290	Indi	Field Experience	1	4	No limit on repeat
SM 370	Indi	Honors Reading	1	3	Not repeatable
SM 380	Indi	Honors Research	1	3	Not repeatable
SM 390	Indi	Field Experience	0.5	4	No limit on repeat
SM 402	Indi	Teaching Experience for SM Students	1	2	Up to 4 credits
SM 470	Indi	Independent Study	1	3	Up to 6 credits
SM 490	Indi	Senior Honors Thesis	1	2	Not repeatable

- The ability to repeat a particular independent study course may have restrictions. Please check with the faculty sponsor or the Office of Student Services BEFORE taking an Independent Study Course as a repeat.
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