

HEALTH & FITNESS UNDERGRADUATE RECORD SHEET 2016-2017

| | | | | | | | | | | | | |
|--|---------------|-------------|--------------|--|---------------|-------------|--------------|---|---------------|-------------|--------------|--|
| Name: | | | | | UM ID: | | | | Date: | | | |
| Prerequisite Courses in Kinesiology | | | | Required Core Courses in Health & Fitness | | | | Required Supporting Courses in Kinesiology | | | | |
| Course No. | Credit | Term | Grade | Course No. | Credit | Term | Grade | Course No. | Credit | Term | Grade | |
| HF 218* | 3 | | | HF 240 | 3 | | | AT 115 | 3 | | | |
| HF 220* | 3 | | | HF 242 | 3 | | | AT 326 | 3 | | | |
| HF 221* | 1 | | | HF 251 | 3 | | | AT 420 | 3 | | | |
| HF 241 | 3 | | | HF 313 (Methods Group Exercise & Fitness) | 3 | | | MVS 446 | 3 | | | |
| MVS 110 | 3 | | | HF 315* (Exercise Prescript & Test) | 3 | | | SM 101 | 3 | | | |
| Total | 13 | | | HF 313 (Analytics) | 3 | | | SM 111 | 3 | | | |
| OPTIONAL: Independent Study, Internships, Field Work, Reading, and Research | | | | HF 331 | 3 | | | SM 217/MVS 219 | 3 | | | |
| HF 280 Research | | | | HF 332 | 3 | | | HF 333 | 3 | | | |
| HF 290 Field Exp | | | | HF 403 Internship | 3 | | | SM 346 | 3 | | | |
| HF 402 Teaching Asst. | | | | HF 451 (Physical Act Lifespan) | 3 | | | Total | 27 | | | |
| HF 470 Independent Study/Research | | | | HF 425 | 3 | | | | | | | |
| HF 403 (additional internship) | | | | HF 434 | 3 | | | | | | | |
| Total | | | | HF 437 | 3 | | | Courses Required Outside of Kinesiology | | | | |
| | | | | Total | 39 | | | Course No. | Credit | Term | Grade | |
| | | | | | | | | FYWR | 4 | | | |
| | | | | | | | | PSYCH 111 (SS)or 112 (NS) | 4 | | | |
| | | | | | | | | MATH 105* | 4 | | | |
| | | | | | | | | Total | 12 | | | |
| Notes: | | | | | | | | | | | | |
| <p>*Please note: This program is currently undergoing a review and the curriculum is subject to change. Students will have the option to continue in the published program or to elect the revised program requirements as approved by the Health and Fitness faculty.</p> | | | | | | | | | | | | |
| <p>Footnotes:</p> <p>*Courses must be taken at UM</p> <p>All HF 300 and 400 level courses have enforced prerequisites of</p> <ul style="list-style-type: none"> • MATH 105 C or Better • HF/AT 220 C or Better • HF/AT 221 C or Better <p>Students can only transfer in 36 credits of HF required courses from outside Universities. This does not include approved study abroad courses.</p> | | | | | | | | | | | | |

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| Distribution Requirements | | | | | | | | | | | |
|--|---------|------|-------|---|---------|------|-------|--|---------|------|-------|
| Humanities (12 credits) | | | | Natural Science/Math/Quantitative Reasoning (12 credits) | | | | Social Science (12 credits) | | | |
| Course No. | Credits | Term | Grade | Course No. | Credits | Term | Grade | Course No. | Credits | Term | Grade |
| SM 101 | 3 | | | MATH 105 | 4 | | | PSYCH 111 | 3 | | |
| SM 217/MVS 219 | 3 | | | MVS 110 | 3 | | | SM 111 | 4 | | |
| | | | | HF/AT 220 | 3 | | | HF 437 | 3 | | |
| | | | | HF/AT 221 | 1 | | | | | | |
| | | | | HF 313 (Analytics) | 3 | | | | | | |
| | | | | | | | | | | | |
| Total | | | | Total | | | | Total | | | |
| Exceptions, Substitutions, Waivers, Other Notes Advisor - Please make any notes regarding approval of variations in degree program: | | | | | | | | | | | |
| Study Abroad (Optional): On UM campus, enroll in language, anthropology, history, archaeology, geography, or political science courses related to host country to meet distribution requirements. | | | | | | | | | | | |
| Last Reviewed: <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div>By: _____</div> <div>Date: _____</div> <div>By: _____</div> <div>Date: _____</div> </div> <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div>By: _____</div> <div>Date: _____</div> <div>By: _____</div> <div>Date: _____</div> </div> | | | | | | | | | | | |