

KERRY E. B. WINKELSETH

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(734) 483-7804

EXPERIENCE

Instructor

September 1996-present

University of Michigan, School of Kinesiology

- Planning and teaching the following courses:
 - Team Sports (required for Physical Education majors at Eastern Michigan University)
 - K-12 Rhythms and Dance (required for Elementary Education and Physical Education majors, elective for Kinesiology students)
 - Individual Sports and Selected Activities (required for Physical Education majors, elective for Kinesiology students)
 - Fundamental Movement Skills in Children (required for Physical Education majors, elective for Kinesiology Students)
 - American Red Cross Emergency Response (required for Athletic Training Majors, elective for Kinesiology Students)
 - American Red Cross Responding to Emergencies (elective for University students)
 - American Red Cross Water Safety Instructor/Lifeguard Instructor (elective for University students)
 - Selected Secondary Team Activities (required for Physical Education majors, elective for Kinesiology students)
 - Adult Exercise Programs (elective for University students)
 - School Health Programs (required for Health Education minors, elective for Kinesiology students)
 - Historical and Sociological Bases of Human Movement (required for Kinesiology students)
 - Developing, planning and teaching a course on HIV/AIDS, Other Communicable Diseases, and the Immune System (elective for Kinesiology students)
 - Academic advising for 10-12 undergraduate Physical Education students
 - Advising for Physical Education Majors Club and Kinesiology Student Government

Director

September 2000-present

U-Move Fitness, University of Michigan, School of Kinesiology

- Oversee hiring, training, and supervising of approximately 60 land and aquatic staff members
- Designing of long term market plan to ensure continued and growth and success of the program
- Developing procedures to ensure the safety of participants and staff
- Comprehensive administration of the program including oversight of: budgeting, marketing, and advertising

Director **September 1997-present**
KidSport Summer Day Camp, University of Michigan, School of Kinesiology

Maximum Camp Enrollment Per Session: 600 , Ages: 4-15

- Hiring, training, and supervising 54 land and aquatic staff members
- Designing, planning, and implementing the overall instruction for the camp
- Developing procedures to ensure the safety of the campers
- Comprehensive administration of the program including: budgeting, marketing, and advertising
- Established the Jeff Reese-KidSport Play Awards, scholarships which give disadvantaged children in the community an opportunity to attend KidSport
- Established the Rachael G. Townsend Senior Staff Award, which annually recognizes an outstanding senior staff member
- Established the Nathan M. Patterson Junior Staff Award, which annually recognizes an outstanding junior staff member
- Periodic instruction of campers in a variety of sports, games, and activities including American Red Cross: Water Safety, Basic First Aid, Cardiopulmonary Resuscitation (CPR), and Babysitting
- Coordinating, implementing, and marketing afternoon programs to partner with KidSport

Creator and Director **January 2003-present**
KidSport P.M. Summer Day Camp, University of Michigan, School of Kinesiology

- Developing a sport-specific afternoon camp for children ages 8-15
- Designing, planning, and implementing the overall instruction for the camp
- Developing procedures to ensure the safety of the campers
- Comprehensive administration of the program including: budgeting, marketing, and advertising
- Hiring, training, and supervising 8-16 staff members

Creator and Director **January 2002-February 2006**
U-Go Girls, University of Michigan, School of Kinesiology

- Hiring, training, and supervising eight staff
- Developing, planning, and implementing the overall organization of the camp
- Planning and implementing the instruction and skill practice sessions for the camp
- Marketing and advertising the program to the community
- Securing funding and applying for grants to cover program expenses

Creator and Director **January 1998-present**
U-Meet the Athlete, University of Michigan, School of Kinesiology

- Hiring, training, and supervising five staff members
- Developing, planning, and implementing the overall organization of the camp
- Planning and implementing the instruction and skill practice sessions for the camp
- Marketing and advertising the program to the community
- Coordinating with Athletic Department coaches
- Generating community funding to support program budget

Co-Director **January 1998-August 2003**
Kinesiology Aquatics Camp (KAC), University of Michigan, School of Kinesiology

Camp Enrollment: 30 adults, ages 15 and up

- Developing, planning, and implementing the overall organization of the camp
- Hiring, training, and supervising five instructors
- Planning and implementing the instruction and skill practice sessions for the camp
- Ensuring the safety of participants during skill practice sessions
- Instructing KAC participants in American Red Cross: Water Safety Instructor, Lifeguarding Instructor, Lifeguard Training, Waterfront Lifeguard, Waterfront Lifeguarding Instructor, CPR for the Professional Rescuer, CPR for the Professional Rescuer Instructor, Community First Aid and Safety, Community First Aid and Safety Instructor, Sport Safety Training, Sport Safety Training Instructor, Preventing Disease Transmission, Oxygen Administration, Oxygen Administration Instructor, Automated External Defibrillation (AED), AED Essentials Instructor, Fundamentals of Instructor Training, First Aid/CPR/AED Instructor, and Safety Training for Swim Coaches Instructor
- Planning and teaching responsibilities for American Red Cross First Aid and CPR class (elective for University students)

Fitness Instructor **December 1987-present**
U-Move Fitness, University of Michigan, School of Kinesiology

- Areas of expertise including aerobics (low and high impact), step aerobics, aerobics for senior citizens, interval training, weight training, swimming (all levels), and water exercise

Lecturer **September 1994-September 1996**
University of Michigan, School of Kinesiology

- Planning and teaching the following courses:
 - Children's Rhythms (required for Elementary Education and Physical Education majors)
 - American Red Cross Responding to Emergencies (elective for University students)
 - American Red Cross Water Safety Instructor (elective for University students)
- Planning and teaching independent study on HIV/AIDS (elective class for Kinesiology students)
- Academic advising for 10-12 undergraduate Physical Education students

Aquatics Director **June 1994-July 1996**
KidSport Summer Camp, University of Michigan, School of Kinesiology

Camp enrollment: 125 children, ages 5 to 11

- Supervising 8 pool staff
- Planning and implementing the aquatic instruction for the camp
- Ensuring the safety of the children in the locker room and pool areas
- Implementing and providing for the practice of safety techniques and rescues by the aquatic instructors
 - Instructing children in American Red Cross Water Safety, American Red Cross Basic First Aid, American Red Cross Cardiopulmonary Resuscitation, American Red Cross Babysitting and a variety of sports such as volleyball, basketball, soccer, softball and football

Director of Training **September 1991-December 1996**
U-Move Fitness, University of Michigan, School of Kinesiology

- \$250,000 budget, approx. 5,000 participants/year including faculty, staff and students; 60 classes offered
- Hiring, training, and supervising 16-27 fitness instructors
- Training and certifying instructors in American Red Cross Adult CPR and Standard First Aid
- Developing and implementing an Emergency Action Plan to ensure the professional and timely care of injured participants
- Scheduling of all instructors and class offerings
- Developing new programs
- Organizing and implementing promotional and fund-raising activities
- Introducing new developments in the fitness field to instructors
- Organizing, scheduling, maintaining and purchasing equipment

Aquatics Director **January 1994-December 1996**

- Hiring, training and supervising 12 aquatics instructors and assistants
- Training and certifying instructors and assistants in American Red Cross Community CPR, American Red Cross Cardiopulmonary Resuscitation for the Professional Rescuer and American Red Cross Standard First Aid
- Developing and implementing an Emergency Action Plan to ensure the professional and timely care of injured participants
- Scheduling of all instructors, assistants and class offerings
- Developing new programs
- Organizing and implementing promotional and fund-raising activities
- Introducing new developments in the aquatics field to instructors and assistants
- Organizing, scheduling, maintaining and purchasing equipment
- Publishing a bi-monthly newsletter for the program's participants

Graduate Coordinator **September 1992-July 1993**
University of Michigan, School of Kinesiology

- Recruiting potential graduate students
- Coordinating and organizing a promotional college relations day
- Academic advising for 30-40 undergraduate students and 60 graduate students
- Coordinating internships for undergraduate and graduate students
- Providing initial personal counseling and referral to undergraduate and graduate students

EDUCATION

M.S. in Kinesiology, University of Michigan, Ann Arbor, Michigan, 1991
(Sports Management and Communication)

B.S. in Kinesiology, University of Michigan, Ann Arbor, Michigan, 1986
(Teacher Education in Physical Education K-12, Health Education minor)

HONORS

- Teaching Excellence Award from Kinesiology at the University of Michigan, 1997
- Paul A. Hunsicker Memorial Award for superior scholarship and professional promise from the faculty of Kinesiology at the University of Michigan, 1990
- Graduated with distinction, 1986

CERTIFICATIONS

- Michigan Teaching Certificate in Physical Education K-12 and Health Education
- American Red Cross Instructor Trainer and Instructor in the following:
 - Responding to Emergencies
 - Water Safety Instruction
 - Lifeguard Training and Waterfront Lifeguard
 - Safety Training for Swim Coaches
 - CPR for the Professional Rescuer
 - CPR/Automated External Defibrillator (AED)/First Aid
 - Sport Safety Training
 - HIV/AIDS Education
- American Red Cross Basic certifications in the following:
 - Oxygen Administration
 - CPR/AED for the Professional Rescuer
 - Preventing Disease Transmission
 - Lifeguard Training
- Aquatic Training Institute Certification
 - Pool Technician

REFERENCES

- Courtney Schell, Business Colleague (616) 914-6820
- Sheila Calhoun, Business Colleague (734) 647-9852
- Dorothy Saxner, Client (734) 761-4735
- Mimi Dalaly, Personal (248) 514-6686
- Cecilia Sheehan, Personal (734) 332-3362
- Dania Habeck, Personal (810) 252-8553