

March 2008

Curriculum Vitae
Thomas R. George

University of Michigan Division of Kinesiology
2146 Observatory Lodge
1402 Washington Heights
Ann Arbor, MI 48109-2013
(734) 647-2711

Education

Ph.D. Department of Physical Education and Exercise Science
Michigan State University, East Lansing, MI, May, 1993

Major: Physical Education and Exercise Science
Specialization: Sport Psychology

M.S. Department of Physical Education, Health, and Sport Studies
Miami University, Oxford, OH, August, 1988

Major: Physical Education and Sport Studies
Specialization: Sport Psychology/Sport Sociology

B.A. Department of Psychology, cum laude, Northeastern State University,
Tahlequah, OK, December, 1984

Professional Experience

Director: Sport Management Undergraduate Program, Department of Sport Management, The University of Michigan, Ann Arbor, MI. September 2007 - present.

Assistant Professor of Practice: Department of Sport Management, Department of Physical Education, The University of Michigan, Ann Arbor, MI. September 1998 - present.

Lecturer: Department of Sport Management and Communication, Department of Physical Education, The University of Michigan, Ann Arbor, MI. June 1995 - August 1998.

Research Associate I: Department of Sport Management and Communication, The University of Michigan, Ann Arbor, MI. August 1992 - September 1993.

Visiting Faculty: Department of Psychology, Kalamazoo College, Kalamazoo, MI. September 1991-December 1991.

Books and Book Chapters

Clark, M., Smith, T., George, T., & Elliot, J. (Eds.) (1993). Youth baseball: A complete handbook. Carmel, IN: Cooper Publishing.

Elliot, J., Ewing, M., & George, T. (1992). Introduction. In J. Elliot and M. Ewing (Eds.), Youth softball: A complete handbook. Dubuque, IA: Brown and Benchmark.

Refereed Publications

Garcia, A.W., George, T.R., Coviak, C., Antonakos, C., & Pender, N.J. (1997). Development of the Child/Adolescent Activity Log: A comprehensive and feasible measure of leisure-time physical activity. International Journal of Behavioral Medicine, 4, 324-339.

Lirgg, C.L., George, T.R., & Chase, M.A., & Ferguson, R. H. (1996). Impact of Conception of Ability and Task-type on Physical Self-efficacy. Journal of Sport and Exercise Psychology, 18, 426-434.

George, T.R., & Feltz, D.L. (1995). Motivation in sport from a collective efficacy perspective. International Journal of Sport Psychology, 26, 98-116.

Chase, M.A., Ewing, M., Lirgg, C. & George, T.R. (1994). The effects of basketball size and basket height on the shooting performance and self-efficacy of children. Research Quarterly for Sport and Exercise, 65, 159-168.

George, T.R. (1994). Self-confidence and baseball performance: A causal examination of self-efficacy theory. Journal of Sport and Exercise Psychology, 16, 381 -399.

George, T.R., Feltz, D.L., & Chase, M. (1992). Effects of model similarity on muscular endurance and self-efficacy: A second look. Journal of Sport and Exercise Psychology, 14, 237-248.

Non-refereed Publications

George, T.R. (2000). Let's be professional about this! The Michigan Association for Health, Physical Education, Recreation and Dance Journal. Spring, 18-19

Presentations

Packard, D., McCormick, C., Ndambi, C., George, T., Pender, N., & Garcia, A. Health-related fitness evaluations using criterion-referenced standards of children as they make school transitions. Paper presented at the sixth annual Kinesiology Day, University of Michigan, Ann Arbor, MI, March 1999

Presentations

- Welcher, R.L. & George, T.R. A comparison of water velocities of three starts in competitive swimming. Paper to be presented at the VIII International Symposium on Biomechanics and Medicine in Swimming, Jyvaskyla, Finland, June 1998.
- Garcia, A.W., Broda, M.A., George, T.R., Antonakos, C., & Pender, N. The Child/Adolescent Exercise Log: A New, Accurate and Feasible Measure. Paper presented at the Fourth International Congress of Behavioral Medicine, Washington, D.C., March, 1996.
- Lirgg, C.L., George, T.R., & Chase, M.A., & Ferguson, R. H. Impact of Conception of Ability and Task-type on Physical Self-efficacy. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, June 1995.
- Garcia, A., Broda, M., Coviak, C., Fren, M., George, T., & Pender, N. Testing an explanatory model of exercise efficacy among children and adolescents. Paper presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Incline Village, NV, October 1994.
- George, T.R. Self-confidence and baseball performance: A causal examination of self-efficacy theory. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Brainerd, MN, June 1993.
- Chase, M.A., Ewing, M., Lirgg, C. & George, T.R. The effects of basketball size and basket height on the shooting performance and self-efficacy of children. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Pittsburgh, PA, June 1992.
- George, T.R. Implementing a psychological skills training program with Level 7 and Level 8 youth gymnasts. Paper presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Savannah, GA, October 1991.
- George, T. R., Feltz, D. L., & Chase, M. A. Effects of model similarity on muscular endurance and self-efficacy: A second look. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Asilomar, CA, June 1991.
- George, T.R., & Vealey, R.S. Mental preparation strategies and peak performance among intercollegiate baseball players. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Kent, OH, June 1989.

Professional Service

Michigan Association of Health, Physical Education, Recreation and Dance:

Vice president for Professional Development: November 1999 – November 2001

Division of Kinesiology, University of Michigan:

Chair - Sport Management program: August 2000 - present

Executive Committee: September 1998 - June 2000

Graduate Committee (Chair): September 1997 - July 2000

Awards Committee: January 1997 – December 2006.

Ad Hoc Reviewer: *The Sport Psychologist, Journal of Sport and Exercise Psychology, Research Quarterly for Exercise and Sport and Adapted Physical Activity Quarterly*

Ann Arbor Public Schools Community Education and Recreation:

Recreation Advisory Commission Board Member: December 2005-present

Educational Consultant and Instructor:

Conducted over 60 Program for Athletic Coaches' Education (PACE) training workshops for youth sport coaches, sponsored by Michigan State University, August 1988 - 2005.

Conducted over 20 Volunteers, Administrators, and Coaches (VAC) training workshops for youth sport coaches, sponsored by Wayne State University, August 1998 - present

Presented instructional/technical information on baseball, softball, soccer and hockey in more than 75 workshops to youth sport coaches, state of Michigan, August 1988 - present.

Sport Psychology Consultant

- The University of Michigan Department of Intercollegiate Athletics, Ann Arbor, MI: 1990-present
- Great Lakes Gymnastics Club, Lansing, MI
- Individual athletes in the southeast Michigan region

Honors and Awards

Teaching Excellence Award, Division of Kinesiology, University of Michigan, 1999, 2000, and 2005.