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Education and Training

1/1988-4/1992 Ph.D., University of Pittsburgh, (Exercise Physiology)
1/1989-4/1991 M.P.H., University of Pittsburgh (Epidemiology)
8/1986-12/1987 MS, University of Pittsburgh (Exercise Physiology)
8/1979-4/1983 BA, University of Pittsburgh (Business/Economics)

Certification and Licensure

1989-present Certified Exercise Specialist for Preventive and Rehabilitative
Exercise Programs, American College of Sports Medicine

Academic, Administrative, and Clinical Appointments

11/08 – Present **Adjunct Associate Professor**, School of Kinesiology, University
of Michigan.
7/08 – Present **Associate Professor**, Dept. of Physical Medicine and
Rehabilitation, School of Medicine, University of Michigan.
7/08 – Present **Director**, Laboratory for Physical Activity and Exercise
Intervention Research, Dept of PM&R, University of Michigan.
7/01-7/08 **Associate Professor**, Dept. of Human Performance and Exercise
Science; School of Medicine, West Virginia University.
2002 **Interim Graduate Coordinator**, Dept. of Human Performance
and Exercise Science; School of Medicine, West Virginia
University. (2002).
9/96-6/01 **Assistant Professor**, Department of Human Performance and
Exercise Science; School of Medicine, West Virginia University.
(September, 1996-2001).

- 4/96-8/96 **Associate Professor**, Department of Health, Physical Education, Recreation and Dance; College of Education, Eastern Michigan University (Tenured -April, 1996- August, 1996)
- 8/94-4/96 **Assistant Professor**, Dept. of Health, Physical Education, Recreation and Dance; College of Education, Eastern Michigan University (August, 1994 - April, 1996)
- 8/92-8/94 **Assistant Professor**, Department of Human Performance; College of Health and Human Performance, Mankato State University (August, 1992- August, 1994)
- 9/88-4/92 **Adjunct Assistant Professor**, Human Energy Research Laboratory; Department of Instruction and Learning; University of Pittsburgh (September, 1988- April, 1992)

Grants/Contracts

Current

Chang, Anne (PI), Gordon, P. (15%) Beta-Cell Function & Exercise In Older People W/ Impaired Glucose. American Diabetes Association) # N010641 (2007-2010)

Jones D (PI), Kelley G, Goins T, Gordon P (5%): Efficacy of a Physical Activity Intervention among Patients with Arthritis. AAMC/CDC MM-0944-06 (2005-2009), \$750,000.

Past

Goins T (PI), Jones D, Gordon P (5%): Rural Healthy Aging Network: Environmental Opportunities for Physical Activity among Aging Populations. (2005-2008), \$45,000

Gordon P. (PI): Acute and Chronic Gene Expression following Uni-lateral Arm Resistance Training. National Center for Medical Rehabilitation Research – Integrated Molecular Core, (2005-2006), \$24,500.

Gordon P (PI): Gender related differences in Gene Expression following Acute and Chronic Uni-lateral Arm Resistance Training. West Virginia Research Development Grant (2005-2006) \$16,200.

Gordon P (Site PI): IN: Hoffman, et al. Functional SNP's Associated with Human Muscle Size & Strength. NIH.R01 NS40606-01A1 (2001-2005), \$383,598.00.

Dino G(PI), Coen D, Tessaro I, Gordon P (10%) et al: Obesity Research Center, DHHS/CDC (2002-2003) \$1,877,594.

Gordon P (PI): Environmental Influences on Physical Activity Levels among West Virginians. (2001-2003) West Virginia Bureau of Public Health / Centers for Disease Control, \$55,103.00.

Krummel D (PI), Gordon P (Co-I, 15%), Larkin K, Tessaro I: Mothers' Overweight Management Study. NIH, RO1 DK57438-01 (2000-2003) \$509,014.00

Gordon P (PI), R Newcomer. Effects of a Community Walking Trail on Physical Activity Behavior. Centers for Disease Control, (2000-2002) \$68,496.00.

Gordon P (PI): West Virginia Cardiovascular Health Project: Environmental Influences on Physical Activity Level. (2000) WV Bureau of Public Health / Centers for Disease Control, \$35,103.00.

Gordon P (PI): West Virginia Cardiovascular Health Project. West Virginia Bureau of Public Health and Centers for Disease Control, (1999) \$31,997.00.

Gordon P (PI): "Does Apo E Affect the Lipid Response to Exercise". Hartford Hospital, Hartford, Connecticut. (1999) \$6,000.00.

Simon K (PI), Anderson B, Krummel D, Barnett B, Tessaro I, Gordon P(5%) et al: "Prevention Research: Making a Difference in Appalachia". Centers for Disease Control (1998) \$416,000.00.

Gordon P (PI), Heath G, Christy D: " Relationship of Physical Activity with Coronary Artery Disease Risk Factors in Appalachia". CDC Center for Health Promotion and Disease Prevention. West Virginia PRC (1997) \$3,000.00.

Keteyian S (PI), Gordon P: "The Effects of Anaerobic Training on Anaerobic Performance in Patients with Stable Coronary Artery Disease". Medgraphics Corporation, St. Paul, MN (1996) \$7,113.00.

Gordon PM (PI), Welk G: "Assessment of Anaerobic Parameters in Patients with Stable Coronary Artery Disease." Research Grant, Eastern Michigan University. (1995) \$6,000.00.

Gordon PM (PI), Ecker K, Crouch D: "Evaluation of a University-Based Wellness Program." D.O.E.R., State of Minnesota. (1995) \$5,000.00.

Gordon PM (PI): "Validation of a Computerized Exercise Dynamometer and Integrated Exercise Software System." Medgraphics Corporation, St. Paul, MN (1994) \$10,000.00.

Gordon PM (PI): "Effects of Repeated Exercise Bouts on Acute Modifications to HDL-C, and HDL-C Subfractions." University Research Committee Grant, Mankato State University. (1994) \$3,000.00.

Gordon PM (PI): "Effects of Acute Exercise at Different Intensities on HDL-C, HDL-C Subfractions, and Enzyme Activity." School of Education, University of Pittsburgh. (1991) \$4,000.00.

Robertson RJ, Metz KF, Goss FL, Gordon PM (Co-I): "Use of a Simple Run Test in Predicting Fitness Levels." Buhl Grant, University of Pittsburgh. (1990) \$10,000.00.

Honors and Awards

2008 –present	NIH- KNOD Epidemiology Study Section –Ad Hoc Reviewer
2004-2008	NIH- KNOD Epidemiology Study Section Member
2005-present	NIH – Health of the Populations Special Emphasis Panel – Ad Hoc Reviewer
1997	Fellow - American College of Sports Medicine
9/95	Fellow - <u>Physical Activity and Public Health</u> - Centers for Disease Control

Memberships and Offices in Professional Societies:

1992-present	American College of Sports Medicine – Professional Member
1996-present	Mid-Atlantic Chapter of the American College of Sports Medicine
1994-1996	Midwest Chapter of the American College of Sports Medicine
1992-1994	Northland Chapter of the American College of Sports Medicine

Editorial Positions, Boards, and Peer-Review Service

Grants:

2000-present	Special Emphasis Panel, Centers for Disease Control
2004-present	NIH: NIDDK, KNOD Study Section member/Ad Hoc Reviewer
2006-present	NIH: Ad Hoc Reviewer, Health of the Populations Special Emphasis Panel

Journals:

- 1996-present Medicine and Science in Sports and Exercise
- 1997- present Research Quarterly
- 1997-present British J of Sports Medicine
- 1998-2001 Journal of Clinical Exercise Physiology
- 2003-present American J Preventive Medicine
- 2004-present Preventing Chronic Disease
- 2005-present Journal of Applied Physiology
- 2005-present Obesity Research
- 2005-present J of Physical Activity and Health
- 2008-present J Lipid Research
- 2008-present J Applied Physiol Nutr. Met.

Books/Chapters:

Dishman, R., R. Washburn, G. Heath. Physical Activity Epidemiology. Human Kinetics, Champagne, IL, 2002

Teaching
(Since July 2001)

Graduate Committees and Mentoring:

West Virginia University:

Doctoral: Six, Committee Member

Mentor: Phoebe Adams – 2005-2006

Co-Mentor: Ed Pistilli – 2001 – 2006

Mentor: Emily Spangler – 1999-2001

Masters: One, Committee Member

University of Michigan:

8/2008-present Dongmei Liu, Ph.D. post doctoral mentorship in physical activity and exercise research
9/2008-present Mike Borack, MS, Kinesiology – clinical internship research experience.

Courses:

West Virginia University:

Fall 2001:

EXPH 365: Exercise Physiology, Course Director/Instructor (100%) (3 credit hours) Total Enrollment: 35 students

MED 691: Clinical Aspects of Exercise and Health; IN: Human Function (3 graduate credit hour) Lecturer Instructor, (1 Unit), Total Enrollment: 100 students

Spring 2002:

EXPH 365: Exercise Physiology, Course Director/Instructor (100%) (3 credit hours) Total Enrollment: 35 students

EXPH 691: Graduate Exercise Prescription; Course Director/Instructor (100%) (3 graduate credit hours) Total Enrollment: 18 students

EXPH 797: Advanced Doctoral Study, Mentor/Instructor (3 credit hours) Total Enrollment: 2 Students

Summer I 2002:

EXPH 496: Senior Paper; Course Director/Instructor (100%) (3 credit hours) Total Enrollment: 3 students

Fall 2002:

EXPH 799: Graduate Colloquium, Course Director/Instructor (100%) (3 credit hours) Total Enrollment: 15 students

EXPH 791: Advanced Exercise Physiology, Course Director/Instructor (25%) (3 credit hours) Total Enrollment: 3

MED 691: Clinical Aspects of Exercise and Health; IN: Human Function (3 graduate credit hour) Lecturer Instructor (1 Unit), Total Enrollment: 105 students

Spring 2003:

EXPH 691: Graduate Exercise Prescription; Course Director/Instructor (100%) (3 graduate credit hours) Total Enrollment: 14 students

EXPH 470: Research Methods in Physical Activity; Course Director/Instructor (100%) (3 graduate credit hours) Total Enrollment: 18 students

Summer 2003:

EXPH 496: Senior Paper; Course Director/Instructor (100%) (3 credit hours)
Total Enrollment: 3 Students

EXPH 797: Advanced Doctoral Study, Mentor/Instructor (3 credit hours) Total Enrollment: 2 Students

Fall 2003:

EXPH 496: Senior Paper; Course Director/Instructor (100%) (3 credit hours)
Total Enrollment: 14 Students

EXPH 365: Exercise Physiology, Lecturer Instructor (33%) (3 credit hours) Total Enrollment: 55 students

EXPH 791: Advanced Exercise Physiology, Lecturer Instructor (14%) (3 credit hours) Total Enrollment: 3 (One unit)

MED 691: Clinical Aspects of Exercise and Health; IN: Human Function (3 graduate credit hour) Lecturer Instructor (1 Unit), Total Enrollment: 100 students

EXPH 799: Graduate Colloquium, Co-Instructor (3 credit hours) Total Enrollment: 15 students

Spring 2004:

EXPH 673: Graduate Exercise Prescription; Course Director/Instructor (100%) (3 graduate credit hours) Total Enrollment: 13 students

EXPH 470: Research Methods in Physical Activity; Course Director/Instructor (100%) (3 graduate credit hours) Total Enrollment: 22 students

PT 351: PT in the Community, Lecturer Instructor (1 unit)(3 graduate credits) Total Enrollment: 25 students

Summer 2004:

EXPH 496: Senior Paper; Course Director/Instructor (100%) (3 credit hours)

Total Enrollment: 5 Students

EXPH 797: Advanced Doctoral Study, Mentor/Instructor (3 credit hours) Total Enrollment: 1 Student

Fall 2004:

EXPH 365: Exercise Physiology, Lecturer Instructor (33%) (3 credit hours) Total Enrollment: 65 students

EXPH 791: Advanced Exercise Physiology, Lecturer Instructor (14%) (3 credit hours) Total Enrollment: 3 (2 units)

MED 691: Clinical Aspects of Exercise and Health; IN: Human Function (3 graduate credit hour) Lecturer Instructor, (1 unit), Total Enrollment: 110 students

Spring 2005:

EXPH 673: Graduate Exercise Prescription; Course Director/Instructor (100%) (3 graduate credit hours) Total Enrollment: 16 students

EXPH 470: Research Methods in Physical Activity; Course Director/Instructor (100%) (3 graduate credit hours) Total Enrollment: 22 students

PT 351: PT in the Community; Lecturer Instructor (one unit) (3 graduate credits) Total Enrollment: 25 students

EXPH 799: Graduate Colloquium –Co-instructor. Enrollment: 12 students

Summer 2005:

EXPH 496: Senior Paper; Course Director/Instructor (100%) (3 credit hours) Total Enrollment: 6 Students

EXPH 797: Advanced Doctoral Study, Instructor/mentor (3 credit hours) Total Enrollment: 1 Students

Fall 2005:

EXPH 496: Senior Paper; Course Director/Instructor (100%) (3 credit hours) Total Enrollment: 22 Students

EXPH 365: Exercise Physiology, Lecturer Instructor (33%) (3 credit hours) Total Enrollment: 95 students

EXPH 791: Advanced Exercise Physiology, Lecturer Instructor (14%) (3 credit hours) Total Enrollment: 3

MED 691: Clinical Aspects of Exercise and Health; IN: Human Function (3 graduate credit hours) Lecturer Instructor (1 Unit), Total Enrollment: 110 students

EXPH 799: Graduate Colloquium–Co-instructor. Enrollment: 12 students

Spring 2006:

EXPH 470: Research Methods in Physical Activity; Course Director/Instructor (100%) (3 graduate credit hours) Total Enrollment: 38 students

EXPH 673: Graduate Exercise Prescription; Course Director/Instructor (50%) (3 graduate credit hours) Total Enrollment: 16 students

EXPH 496: Sr. Thesis; Instructor (100%) (3 credit hours) Total Enrollment: 15 students

PT 351: PT in the Community; Lecturer Instructor (1 unit) (3 graduate credits) Total Enrollment: 25 students

EXPH 672; Research Internship (3 graduate credits): Mentoring Instructor- 2 Masters Students

CHPR 691: Research Practicum (3 graduate credits): Mentoring Preceptor- 1 MPH student.

EXPH 799: Graduate Colloquium–Co-instructor. Enrollment: 12 students

Fall 2006:

EXPH 496: Senior Paper; Course coordinator / Instructor (100%) (3 credit hours) Total Enrollment: 33 Students

EXPH 365: Exercise Physiology, Lecturer Instructor (33%) (3 credit hours) Total Enrollment: 135 students

MED 733: Clinical Aspects of Exercise and Health; IN: Human Function (3 graduate credit hour) Lecturer Instructor (1 unit), Total Enrollment: 110 students

EXPH 799: Graduate Colloquium –co-instructor. Enrollment: 12 students

Spring 2007:

EXPH 470: Research Methods in Physical Activity; Course Director/Instructor (100%) (3 graduate credit hours) Total Enrollment: 43 students

EXPH 673: Graduate Exercise Prescription; Course Director/Instructor (50%) (3 graduate credit hours) Total Enrollment: 18 students

EXPH 496: Sr. Thesis; Instructor (100%) (3 credit hours) Total Enrollment: 10 students

PT 351: PT in the Community; Lecturer Instructor (1 unit) (3 graduate credits) Total Enrollment: 25 students

SEP 791: Sports Psychology Doctoral Seminar (1 unit) (3 Graduate Credits) Total Enrollment: 12 students

Fall 2007:

EXPH 496: Senior Paper; Course coordinator / Instructor (100%) (3 credit hours) Total Enrollment: 51 Students

EXPH 365: Exercise Physiology, Lecturer Instructor (33%) (3 credit hours) Total Enrollment: 144 students

MED 733: Clinical Aspects of Exercise and Health; IN: Human Function (3 graduate credit hour) Lecturer Instructor (1 unit), Total Enrollment: 110 students

Spring 2008:

EXPH 470: Research Methods in Physical Activity; Course Director/Instructor (100%) (3 graduate credit hours) Total Enrollment: 44 students

EXPH 496: Sr. Thesis; Instructor (100%) (3 credit hours) Total Enrollment: 70 students

PT 351: PT in the Community; Lecturer Instructor (1 unit) (3 graduate credits) Total Enrollment: 25 students

Additional Teaching:

West Virginia University CMED 312: Exercise and Public Health 1999-2002 (3 graduate credit hour) One unit, Lecturer, Total Enrollment: 60 students

University of Pittsburgh: Exercise Specialist Workshop: Epidemiology of Coronary Artery Disease (1997-1999).

Eastern Michigan University: (1994-1996) Exercise Physiology, ECG Analysis, Nutrition and Fitness, Lifetime Wellness, Cardiovascular and Respiratory Physiology, Metabolic and Neuromuscular Physiology

Mankato State University: (1992-1994) Exercise Physiology, Kinesiology, Graded Exercise Testing and Prescription, Nutrition for Sport and Exercise Techniques of Designing Aerobic Conditioning Programs I & II, Techniques of Designing Resistance Training Programs, Cardiac Rehabilitation, Advanced Exercise Physiology, ECG Interpretation, Graded Exercise Testing and Prescription, Physical Activity and Chronic Disease, Techniques of Research Design, Cardiovascular Physiology

Undergraduate Advising:

Freshmen/Transfer Mentoring Program: Advise and mentor 15 new students each year. (1997-2008)

Student Advisor: student counseling and course scheduling for 10% of the approximately 800 undergraduate students (1997-2008)

Clinical:

- 1986-1988. Athletic Trainer; Penn Hills High School, Pittsburgh, PA
- 1988- 1991 Exercise Specialist Consultant; Quality Assurance Programming and Control, Life Style Cardiac Rehabilitation Services
- 1991 – 1992 Program Director, Forbes Regional Cardiac Rehabilitation Program
- 1992-1994 Program Coordinator, Mankato State University Cardiac Rehabilitation Program
- 1996-1999 Faculty Advisor for the West Virginia University “Fitness Over Sixty” Exercise Program (6 hours per week)
- 1996-Present Faculty Advisor for the West Virginia University Phase III Cardiac Rehabilitation Program (as needed)
- 1996-Present Faculty Advisor for the West Virginia University Special Population Exercise Program (as needed)

Committee, Organizational and Volunteer Service

West Virginia University

Departmental:

- 1996-2003 Exercise Physiology Academic Standards Committee
- 1996-2008t Exercise Physiology Graduate Admissions Committee
- 1998-2001 Promotion and Tenure Committee
- 2001-2004 Exercise Physiology Curriculum Committee
- 2002 Interim Graduate Coordinator
- 2004-2008 Exercise Physiology Professional Ethics Committee: Chair

School:

- 1997-1999 Rehabilitation Center for Excellence
- 1998-2002 Distinguished Teacher Committee
- 1998-2008 Scientific Advisory Board, West Virginia Prevention Research Center
- 2002-2004 Ph.D. Program Task Force
- 2002-2004 Graduate Recruitment Committee
- 2202-2005 RDG/Bridge Grant Committee
- 2004-2008 Ph.D. Public Health Sciences: Chair of Physical Activity and Nutrition Track
- 2007-2008 Van Lier Research Committee – Chair
- 2004-2008 Van Lier Research Committee - member
- 2005-2008 Ph.D. Public Health Sciences Admission Committee

University:

- 1996-2008 Graduate Faculty- Mentor Status

Regional:

- 1997-2008 WV Coalition for Promoting Physical Activity (WVCfPA): Vice President

- 1999-2003 WV Cardiovascular Health Steering Committee
- 1997-1998 Healthy School Task Force: Data Evaluation Committee. Dept. of Education, State of West Virginia

National:

- 2001-present Media Referral Network, American College of Sports Medicine
- 1996-2006 Public Information Committee, American College of Sports Medicine
- 2001-2004 Health and Science Policy Committee, American College of Sports Medicine
- 1996-2002 National Coalition for Promoting Physical Activity (NCPA): Chair, State of West Virginia
- 1994-1996 Strategic Health Initiative for the National Health Objectives (SHINHO); Public Health sub-committee Chair, American College of Sports Medicine

Volunteer Service:

"Wellness in the Workplace." presented at the Executive Development Center, University of Pittsburgh, March, 1988.

"Environmental Considerations for Exercising with Heart Disease." Presented at Forbes Health System's Health-O-Rama, September 1989.

"Exercise and Your Heart." American Heart Association, Mayor's Heart Challenge, Key Note Speaker, Monroeville, Pennsylvania, February, 1990.

"Principles of Exercise Prescription," presented at Duquesne Light's Preventive Medicine Seminar. Pittsburgh, Pennsylvania, March, 1991.

Workshop on Anabolic Steroids and Recreational Drug Use, presented at Franklin Regional High School. Pittsburgh, Pennsylvania, October, 1991.

"Exercise and Weight Loss". Weight Management Seminar, presented at Forbes Regional Hospital. Pittsburgh, Pennsylvania, February, 1992.

"Selecting Home Exercise Equipment for the Cardiac Patient", presented to the Mended Hearts support group of the American Heart Association. Pittsburgh, Pennsylvania, March, 1992.

“Careers in Sports Medicine”, presented at Woodland Hills High School. Pittsburgh, Pennsylvania, April, 1992.

"The Wellness Perspective", presented to the College of Nursing, Mankato State University, Mankato, Minnesota, May 1993.

"Exercise in the Home", presented to the Mended Hearts Program of the American Heart Association, Immanuel-St. Josephs Hospital, Mankato, MN, August 1993.

"Mr. Bones", presented to the third grade classes of Roosevelt Elementary School, Mankato, MN, February 1994.

"Careers in Sportsmedicine" presented as part of the Explore Eastern program for high school students, Ypsilanti, MI, April, 1995.

"Environmental Considerations in the Cardiac Population" presented as part of the TEACH Training Seminar for Health Professionals, Novi, MI, May 1995.

"The Health Advantages of Exercise" presented as part of the West Virginia University Wellness Lecture Series. October 8, 1996.

“Are Sports Drinks Necessary” interview on the Doctors on Call Show, West Virginia University, April 1997.

“Jumping Rope for Exercise” interview on the Doctors on Call Show, West Virginia University, January 1998.

“Epidemiology of Coronary Artery Disease” presented to the ACSM Exercise Specialist Workshop, Pittsburgh, PA, June 1997, 1998.

“Findings from the Surgeon General’s Report on Physical Activity and Health”, presented to the Morgantown North Rotary Club, July, 1998.

“Diet and Exercise” Presented on the Doctors on Call show on January 21, 1999.

“Careers in Exercise Physiology” Presented to the Honors Students of WV, Morgantown, WV July, 2000, 2001, 2002.

“Exercise Physiology as a Profession.” Presented at Trinity Christian High School, Morgantown, WV, May, 2001, 2002, 2003, 2004, 2005, 2006.

Gordon P. Exercise and Health: Use it or Lose it, Presented at the 2004 Snowshoe Institute, Snowshoe, West Virginia, 2004.

“Exercise Physiology as a Health Profession”, presented to the Health Care Fundamentals Class, Williamstown High School, April, 2004.

“Exercise and Health” Presented at Trinity Christian High School, Morgantown, WV. February, 2005.

“Walking for Health” Presented on the Doctor’s on Call show on April 14, 2005.

Varsity Athletic Conditioning Programming – Trinity Christian High School – Since 2005.

Visiting Professorships, Seminars, and Extramural Invited Presentations

1. Visich PS, Michael TJ, Gordon PM, Goss FL, Robertson RJ. Effects of Fasting on hysiological Responses During Maximal Treadmill Exercise. Presented at the American College of Sports Medicine national meeting, Salt Lake City, Utah, 1990.
2. Robertson RJ, Goss FL, Gordon PM, Michael TJ. Optimal Pedal /Crank Rate (PCR) During Arm and Leg Exercise in Water: Perceptual and Metabolic Determinants. Presented at the American College of Sports Medicine national meeting, Orlando, 1991
3. Gordon PM, Goss FL, Warty V, Denys B, Robertson RJ, Metz K. Acute Changes in HDL-C and HDL-C Subfractions Following Exercise at Different Intensities. Presented at the American College of Sports Medicine Mid-Atlantic Regional meeting, Westminster, MD, February 21, 1992.
4. Gordon PM. Thermoregulatory Considerations of Running a Marathon. Presented to the Pittsburgh Marathon Committee, Monroeville, PA. April 10, 1992.
5. Visich P, Goss FL, Warty V, Denys B, Robertson RL, Metz K, Gordon P. The Effect of Caloric Expenditure on Acute Changes in High Density Lipoprotein Cholesterol and High Density Lipoprotein Subfractions. Presented at the American College of Sports Medicine national meeting, Dallas, TX. 1992.
6. Gordon PM, Goss FL, Warty V, Denys B, Robertson RJ, Metz K. The Acute Effects of Exercise at Different Intensities on HDL-C and HDL-C Subfractions. Presented at the American College of Sports Medicine national meeting, Dallas, TX, 1992.
7. Visich PS, Gordon P, Goss F. Acute Changes in HDL-C, HDL-C Subfractions and Lipid Enzymes Following ACSM Exercise Guidelines. Presented at the American College of Sports Medicine national meeting, Seattle, WA, 1993.
8. Gordon PM, Visich PS, Goss FL. Comparison of Exercise and Diurnal Changes on HDL-C, HDL Subfractions and Lipid Enzymes. Presented at the American College of Sports Medicine national meeting, Seattle, WA, 1993.

9. Robertson R, Metz K, Goss F, Kang J, Sprowls C, Moyna NM, DaSilva S, Michaels T, Gordon P, Visich P. Validation of a Run Test to Predict Maximal Oxygen Uptake in Young Men and Women Using Perceived Exertion and Heart Rate as Reference Variables." Presented at the American College of Sports Medicine national meeting, Indianapolis, IN, 1994.
10. Sharma M, Romas J, Gordon P, Slobof H. The effect of Lactobacillus Acidophilus on Blood Lipid in Moderate to Severe Hypercholesterolemia. Presented at the American Public Health Association annual meeting, Washington, D.C., 1994.
11. **Gordon PM.** Determining the Lactate Threshold - Current Techniques. Tutorial Lecture presented at the American College of Sports Medicine regional meeting, St. Cloud, MN, 1994.
12. Goodwin J, O'Mailia M, Eckerson J, Gordon P. Variable Practice: Is There a Point of Diminishing Returns? Presented at the North American Society for Psychology of Sport and Physical Activity Conference, Pacific Grove, CA, 1995.
13. Eckerson J, Stout J, Housh T, Johnson G, Gordon P. Validity of Interlaboratory Bioelectrical Impedence Equations for Estimating Percent Fat in Lean Males. Presented at ACSM National meeting, Minneapolis, MN 1995.
14. Visich, P., P. Gordon, F. Goss, D. Visich, J. Mayhew. Acute Changes in HDL-C Following Similar Caloric Expenditures an Moderately Versus Highly Trained Runners. Presented at the American College of Sports Medicine national meeting, Minneapolis, MN, 1995.
15. Gordon P, Danduran M, Sullivan JJ, Visich P, Eckerson J, Goodwin J, Ecker K. Effect of Caffeine on Exercise Performance Following Muscle Glycogen Depletion. Presented at the American College of Sports Medicine national meeting, Minneapolis, MN, 1995.
16. Eckerson JM, Gordon PM, Goodwin JE, Welk G. The Reliability of a Computer Automated Wingate Test for Measuring Anaerobic Indices in High Power Athletes. Presented at the AAPHERD national meeting, Atlanta, GA, 1996.
17. Visich P, Gordon PM, Goss F, Warty V, Denys B, Robertson R. The Effect of a 600 Kcal Expenditure on Acute Changes in High Density Lipoprotein Cholesterol. Presented at the American College of Sports Medicine national meeting, Cincinnati, OH, 1996.
18. Fowler S, Gordon PM, Warty V, Visich P, Keteyian S. The Effects of Acute Exercise on HDL-C and HDL-C Subfractions in Moderately Trained Females. Presented at ACSM National meeting, Cincinnati 1996.

19. Brawner, C. A., S.J. Keteyian, P. Gordon, C. Grimes. Heart Rate Kinetics During Sudden Strenuous Exercise in Patients With Coronary Artery Disease. Presented at the American College of Sports Medicine national meeting, Cincinnati, OH, 1996.
20. Keteyian S, Gordon P, Brawner C, Grimes C. Cardiovascular Response to and Safety of Wingate Testing in Patients with Coronary Artery Disease. Presented at the American College of Sports Medicine national meeting, Cincinnati, OH, 1996.
21. Gordon PM, Keteyian S, Grimes C, Brawner C, Goodwin J. Anaerobic Parameters Using a Modified Wingate Test in Patients with Coronary Artery Disease. Presented at the American College of Sports Medicine national meeting, Cincinnati, OH, 1996.
22. Goodwin J, Grimes C, Eckerson J, Gordon P. Practice Makes Perfect in Learning a Closed Motor Skill: Or Does It? Presented at the International Pre-Olympic Scientific Congress, Dallas, TX, 1996.
23. Crespo C, Gordon P. Current Issue: Promoting Health through Physical Activity at the Community Level. Presented at the American College of Sports Medicine national meeting, Denver, CO, 1997.
24. Gordon P. The Effects of Exercise Training on HDL Cholesterol. Invited Speaker at the Mid-West American College of Sports Medicine meeting, South Bend, IN, 1997.
25. Schoenleber JA, Gordon P, Kessinger K, Ecker K, Danduran M, Sullivan J. Comparison of a Wingate Anaerobic Test with a 40-Yard Sprint Test in Football Players. Presented at the American College of Sports Medicine national meeting, Orlando, FL, 1998.
26. Gordon P, Heath G, Christy D, Holmes A. The use of Regular Physical Activity Among Individuals Trying to Lose Weight in Appalachia. Presented at the American College of Sports Medicine national meeting, Orlando, FL, 1998.
27. Gordon PM. Physical Activity and Health in Children and Adolescents. Presented at the Nutrition and Child Health Conference, Fairmont State College, Fairmont, WJ, June 1998.
28. Chetlin R, Schoenleber J, Bryner R, Gordon P, Ullrich I, Yeater R. The Effect of Two Oral Creatine Doses on Aerobic Performance During the Wingate Test. Presented at the National Strength and Conditioning Meeting, June 1998.
29. Chetlin R, Schoenleber J, Bryner R, Gordon P, Ullrich I, Yeater R. The Effect of Two Oral Creatine Doses on Aerobic Performance During the Wingate Test. Presented at the Mid-Atlantic American College of Sports Medicine meeting, October 1998.

30. Gordon PM. Physical Activity and Osteoporosis. Presented to the Nutrition and Physical Activity Coalitions, Jacksons Mill, WV, October 1998.
31. Gordon P, Krummel D. The Relation Between Leisure-Time Physical Activity and Nutritional Intake. Presented at the American College of Sports Medicine national meeting, Seattle, WA, 1999.
32. Spangler E, Gordon P, Demerath E, Neal W. Correlation of Physical Activity with Cardiovascular Risk Factors in Appalachian Fifth Grade Students. Presented at the American College of Sports Medicine national meeting, Indianapolis, IN, 2000.
33. Moyna N, Tsongalis G, Meckes C, Gordon P, Visich P, Miles M, Angelopoulos T, Zoeller R, Pescatello L, Thompson PD. Apo E Genotype Affects the Increase in Maximal Oxygen Uptake with Exercise Training. Presented at the American Heart Association National Meeting, 2000.
34. Gordon PM. Evaluation of a Community Recreation Trail on Physical Activity Levels. Presented at Research to Practice and Policy: Making a Difference in Appalachia Conference in Charleston, WV, 2000.
35. Gordon PM. Using State Data to Monitor the Healthy People 2010 Objectives in Your Community. Presented at the American College of Sports Medicine national meeting in Baltimore, MD, 2001.
36. Spangler E, Gordon P, Neal W, Muratova V, Demerath E, Minor V. Effects of Body Weight Status on Cardiovascular Risk Factors in Fifth Grade Children. Presented at the American College of Sports Medicine national meeting in Baltimore, MD, 2001.
37. Crespo C, Gordon P, Heath G, Stewart C. Using State Data to Monitor the Healthy People 2010 Objectives in Your Community. Presented at the American College of Sports Medicine national meeting in Baltimore, MD, 2001.
38. Krueger LM, Moyna NM, Tsongalis G, Meckes CL, Miles M, Zoeller R, Visich P, Gordon P, Angelopoulos T, Pescatello LS, Bausserman L, Ordovas J, Mather J, Thompson PD. Angiotensin Converting Enzyme Genotype Does Not Affect the Blood Pressure Responses to Exercise Training. American Heart Association meeting, 2001.
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