

An independent study course is designed by you, the student (in consultation with a faculty member), to investigate an area or field of specialization not normally covered in a regularly scheduled course offering by the department. Independent studies should not be undertaken solely because of difficulty fitting other classes into your schedule, nor because a course you wish to enroll in is full. If you are having trouble enrolling in a course, please call the Office of Student Services (OSS) at 734-764-4472 for assistance.

Students are eligible if currently enrolled at U-M, and have satisfied the necessary prerequisites for the independent study course. Prerequisites and program requirements can be found in the Kinesiology Bulletin online at [www.kines.umich.edu](http://www.kines.umich.edu). Prerequisites may also be found on Wolverine Access ([www.wolverineaccess.umich.edu](http://www.wolverineaccess.umich.edu)).

Deadline: Independent study contracts are due April 15th for spring, summer, and/or fall term independent studies; and December 1st for winter term independent studies.

Faculty members may not be available during the spring and summer terms. Please plan your schedule accordingly, and make arrangements well in advance to avoid any problems.

#### Instructions

1. Schedule an appointment to meet with the faculty sponsor.
2. Complete all pages of this document. The faculty sponsor will assist if necessary
3. You and your faculty sponsor must detail and agree:
  - i) on project details, including the material covered
  - ii) on project format
  - iii) on sources to be used, if applicable
  - iv) on method of evaluation and the number of meetings per semester
4. Return completed forms to Jennifer Knapp, room 1118, or Maple Le, room 2128, in Observatory Lodge. Forms will then be reviewed for processing.
5. Once the paperwork is complete, an override (permission) will be entered into Wolverine Access and you will receive an e-mail with instructions for registering.

#### **IMPORTANT NOTES REGARDING CREDIT**

- Students enrolled in an independent study at the University of Michigan are expected to actually complete the experience during the term that they are actually enrolled in the program, through the Registrar's Office. Students who complete a field experience at a time other than the term in which they are officially enrolled through the Registrar's Office for that course, do so at their own risk. This includes possible denial of professional liability or other insurance coverage by the University of Michigan, denial of a grade, and disciplinary action.
- Each major has specific guidelines and limits for independent study courses. Please refer to the Kinesiology Bulletin ([www.kines.umich.edu](http://www.kines.umich.edu)) for your specific program requirements and/or speak to your advisor regarding your specific program requirements.
- All proposals need to explain how this independent study will build upon your previous coursework or enhance your academic experience.
- The faculty expects that a course of independent study contain as much, if not more, work than a regularly scheduled course because you will not be spending time in a formal class. In your regular meetings with your faculty sponsor, you should come prepared to present the work you have completed and its results.
- You cannot take an independent study course to substitute for a regularly scheduled course.
- If you have previously participated in an independent study experience in Kinesiology, you must work with a different sponsor or explain how this experience is different from the previous experience(s).
- If you are continuing an independent study experience from a previous term, however, you may resubmit or extend your original contract with the same faculty sponsor, if that sponsor agrees to an extension.
- Any questions about this procedure should be directed to the faculty sponsor with whom you are working.

### Independent Study Contract Instructions to Students

TO BE COMPLETED BY THE STUDENT  
(Ask your faculty sponsor for help if necessary)

Term: \_\_\_\_\_  
(i.e. fall)

Year: \_\_\_\_\_  
(i.e. 2009)

Student Name: \_\_\_\_\_

UM ID: \_\_\_\_\_  
(8 digits)

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Overall GPA: \_\_\_\_\_

Other Independent Study Courses Taken: \_\_\_\_\_

\_\_\_\_\_  
(Attach your unofficial transcript for verification)

Level (check one):  FRESHMAN  SOPHOMORE  JUNIOR  SENIOR  GRAD  OTHER

Subject: \_\_\_\_\_  
(i.e. MOVESCI)

\*Course Number: \_\_\_\_\_  
(i.e. 402)

Credit Hours: \_\_\_\_\_  
(Determined by you and the faculty sponsor)

<p><b>SUBMISSION DEADLINES</b></p> <ul style="list-style-type: none"> <li>• April 15<sup>th</sup> for <b>spring, summer, or fall</b> independent studies</li> <li>• December 1<sup>st</sup> for <b>winter</b> term independent studies</li> </ul>
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Faculty Sponsor: \_\_\_\_\_

\*See the last page of this contract for list of **course numbers**. Students should select an appropriate course number in consultation with the supervising faculty sponsor.

Number of weekly conference hours between student and faculty sponsor: \_\_\_\_\_

Faculty Sponsor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

By signing below, I hereby certify that all information provided in this contract is true and accurate. I further acknowledge that, if I fail to provide true and accurate information, or if I fail to fulfill any of my responsibilities as set forth in this contract, (a) the School of Kinesiology may take appropriate disciplinary action against me and (b) I will not receive credit for this independent study, nor will I receive a refund of tuition or other fees associated with this independent study project.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

The student completes pages two and three, the faculty sponsor completes page four. The faculty sponsor must complete and sign page four.

<b>For Office Use Only:</b>	
Check one:	Complete Permission entered by: _____
	Date: _____
	Reason: _____
	Student notified on: _____

**Independent Study Contract  
Instructions to Students**

TO BE COMPLETED BY THE STUDENT  
(Ask your faculty sponsor for help if necessary)

*Use a separate sheet if necessary.*

1. Describe in detail the content and overall objective of your project.

2. How are your objectives not covered by the current curriculum?

3. How will this study strengthen, enhance, or enrich your academic goals?

4. Estimated time to be spent, per week, on this study.

1. How will the student's work be evaluated?

2. Who else will be involved in mentoring or supervising the students (if applicable)?

Faculty Sponsor Name: \_\_\_\_\_

Faculty Sponsor Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Course Number	Type	Course Title	Minimum Units	Maximum Units	Repeatable for credit
AT 402	Indi	Teaching Experience	1	3	Yes
AT 488	Indi	Independent Study	1	2	Yes
MOVESCI 290	Indi	Field Experience	1	8	Yes
MOVESCI 380	Indi	Problems in Movement Science	1	3	No
MOVESCI 382	Indi	Honors Reading in Movement Science	1	3	No
MOVESCI 384	Indi	Honors Research in Movement Science	1	3	No
MOVESCI 390	Indi	Field Experience in Movement Science	1	8	Yes
MOVESCI 402	Indi	Teaching Experience for MOVESCI Students	1	3	Yes
MOVESCI 429	Lab	Lab Motor Control Development	1	3	Yes
MOVESCI 439	Lab	Lab Biomechanics	1	3	Yes
MOVESCI 449	Lab	Lab Exercise Physiology	1	3	Yes
MOVESCI 488	Indi	Independent Study	1	3	Yes
MOVESCI 489	Indi	Senior Thesis	2	5	No
MOVESCI 490	Indi	Senior Honors Thesis - A	1	5	Yes
MOVESCI 491	Indi	Senior Honors Thesis - B	1	5	No
PHYSED 270	Indi	Honors Reading	1	3	Yes
PHYSED 290	Indi	Field Experience	1	4	Yes
PHYSED 370	Indi	Honors Reading	1	3	Yes
PHYSED 380	Indi	Honors Research	1	2	Yes
PHYSED 390	Indi	Field Experience	1	8	Yes
PHYSED 402	Indi	Teaching Experience for PE Students	1	3	Yes
PHYSED 470	Indi	Independent Study	1	3	Yes
PHYSED 490	Indi	Senior Honors	2	2	No
SM 270	Indi	Honors Reading	1	3	No
SM 290	Indi	Field Experience	1	4	Yes
SM 370	Indi	Honors Reading	1	3	No
SM 380	Indi	Honors Research	1	3	No
SM 390	Indi	Field Experience	1	4	Yes
SM 402	Indi	Teaching Experience for SM Students	1	3	Yes
SM 470	Indi	Independent Study	1	3	Yes
SM 490	Indi	Senior Honors Thesis	1	2	No

- The ability to repeat a particular independent study course may have restrictions. Please check with the faculty sponsor or the Office of Student Services BEFORE taking an Independent Study Course as a repeat.
- Prerequisites and program requirements can be found in the Kinesiology Bulletin online at [www.kines.umich.edu](http://www.kines.umich.edu).
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