

KINESIOLOGY
Freshman and Sophomore Plan
2003-2004 Bulletin

All freshman students entering Kinesiology at the University of Michigan will abide by the rules of the Bulletin which is in effect at the time of their admission. The Kinesiology Bulletin is published on our website, www.kines.umich.edu. The Bulletin includes Academic Program information for each of the degrees awarded in Kinesiology, and also includes important information about Academic Policies, Grading, Honors, Registration, and other important topics.

The attached Freshman and Sophomore Plan is meant to be a suggested guide to course selection and sequencing during your first and second years in Kinesiology. Students may elect to take recommended or required courses either term depending on personal scheduling preferences, unless a sequence is determined by prerequisites. Students may also make adjustments to the plans based on placement test or AP test results as well. Please plan to discuss this with your advisor.

Students who are undecided as to the program they wish to declare, can use the guide to select courses required by all the programs. Students can also examine the suggested first and second year courses for each program and make selections based on their interest in that program. The guide also includes information about Distribution requirements – courses taken outside of Kinesiology which fulfill requirements in Humanities/Language, Social Science, and Natural Science/Quantitative Reasoning required to complete your degree.

You can also use this guide as a tracking sheet. As you complete the suggested courses, record the term in which you took the course and the grade you earned. Bring this to your advising sessions to discuss with your Academic Advisor. This will help you keep track of your progress toward your degree.

Abbreviations:

AT – Athletic Training
MS – Movement Science
PE – Physical Education
SM – Sport Management

FA – Fall term
WI – Winter term
SP – Spring term
SU – Summer term

1 – Freshman year
2 – Sophomore year

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Kinesiology Core - all programs

Dept. Code	#	Course Name (Distribution Group)	Terms offered	Term Suggested	Year Suggested	Credits	Term taken	Grade
ENGLISH	125	College Writing	FA, WI	FA	1	4		
MOVESCI	110	Biological & Behavioral Bases of Human Movement	FA, WI	FA	1	4		
SPTMGMTC	101	Public Interpersonal Communication (HUM)	FA, WI	FA	1	3		
SPTMGMTC	111	Historical & Sociological Bases of Human Movement	FA, WI	FA (PE, SM) WI (AT, MS)	1	3		
PSYCH	111	Introduction to Psychology (SS) Note: PSYCH 112 is alternate choice for MS	FA, WI	WI (PE, SM)	1 (PE, SM) 2 (AT, MS)	4		
OR								
PSYCH	112	Psychology as a Natural Science (NS) Note: PSYCH 111 is an alternate choice for MS	FA, WI	WI (MS alt.)	2 (MS alt.)	3		
ENGLISH	225	Argumentative Writing (HUM)	FA, WI	FA	2	4		

Distribution Requirements – all programs

Courses selected should meet LS&A Distribution requirements for the areas listed. Select courses each term both Freshman and Sophomore years to substantially complete Distribution requirements by the end of Sophomore year. Please note that each program has additional requirements outside of Kinesiology which may count as distribution requirements. These are indicated on page 2.

Humanities & Language Requirement (HUM) 12 credits (AT, MS, SM) 9 credits (PE)				Natural Science & Quantitative Reasoning (NS) 12 credits (AT, MS, PE, SM)				Social Science (SS) 12 credits (AT, MS, SM) 9 credits (PE)			
Course	Credit	Term	Grade	Course	Credit	Term	Grade	Course	Credit	Term	Grade
SPTMGMTC 101	3							PSYCH 111	4		
ENGLISH 225	4										
Total				Total				Total			

Notes:

Over for specific program suggestions Freshman and Sophomore years

Athletic Training – additional courses required to apply to program at the end of the freshman year:

Dept. Code	#	Course Name (Distribution Type)	Terms offered	Term Suggested	Year Suggested	Credits	Term taken	Grade
AT	300	Human Anatomy (NS)	FA	FA	1	4		
AT	260	Introduction to Athletic Training	WI	WI	1	2		
PHYSED	316	First Aid & Safety Education	FA, WI	WI	1	2		
MATH	105	Data, Functions & Graphs (NS)	FA, WI	WI	1	4		

Movement Science – additional courses suggested Freshman and Sophomore years:

Dept. Code	#	Course Name (Distribution Type)	Terms offered	Term Suggested	Year Suggested	Credits	Term taken	Grade
MATH	105	Data, Functions & Graphs (NS)	FA, WI	WI	1	4		
PHYSIOL	201	Introduction to Human Physiology (NS)	FA	FA	2	4		
MEDADM	401	The Human Body (NS)	FA	FA	2	4		
CHEM	130	General Chemistry (NS)	FA, WI	WI	2	3		
MOVESCI	250	Statistics and Research Methods in Movement Science	WI	WI	2	4		

Physical Education – additional courses suggested Freshman and Sophomore years:

Dept. Code	#	Course Name (Distribution Type)	Terms offered	Term Suggested	Year Suggested	Credits	Term taken	Grade
PHYSED	316	First Aid & Safety Education	FA	FA	1	2		
MATH	105	Data, Functions & Graphs (NS)	FA, WI	WI	1	4		
PHYSED	310	Applied Human Anatomy and Physiology (NS)	FA	FA	2	5		
PHYSED	349	Water Safety Instructor/Life Guard	FA, WI, SP	FA	2	3		
PHYSICS	125	General Physics:Mechanics & Sound (NS)	FA	FA	2	4		
PHYSED	332	Principles of Motor Behavior or MOVESCI 320 Motor Control – 4 cr.	WI	WI	2	3 - 4		
PHYSED	252	Tests & Measurements or MOVESCI 250 Statistics and Research Methods in Movement Science - 4 cr.	WI	WI	2	3 - 4		
PHYSED	254	Fundamental Movement Skills in Children	WI	WI	2	3		
PSYCH	250	Introduction to Developmental Psychology (SS)	FA, WI	WI	2	4		

Sport Management – additional courses strongly suggested to be complete before applying to program Sophomore year:

Dept. Code	#	Course Name (Distribution Type)	Terms offered	Term Suggested	Year Suggested	Credits	Term taken	Grade
ECON	101	Principles of Economics I (SS)	FA, WI	FA, WI	1	4		
ECON	102	Principles of Economics II (SS)	FA, WI	FA, WI	1	4		
ACC	271	Principles of Accounting I (NS)	FA, WI	FA, WI	2	3		
STATS	100	Introduction to Statistical Reasoning (NS)	FA, WI	FA, WI	2	4		