

2. Elective courses. Students choose courses that total 9 credit hours or more. Two of the courses must be Movement Science courses. Any Movement Science course at the 300 or 400 level can be elected except independent study courses. Other courses can be chosen from the following list.

AT 115 (3) - Prevention and Care of Athletic Injuries (winter)

MOVESCI 230 (4) – Human Musculoskeletal Anatomy (fall/winter)

MOVESCI 240 (3) - Introduction to Fitness and Health (fall)

MOVESCI 241 (3) - Exercise, Nutrition and Weight Control (fall/winter)

AT 326/PHYSED 326 (3) – Fundamentals of Strength and Conditioning (*PHYSED 310*) (fall)

PHYSED 332 (3) - Principles of Motor Behavior (*PHYSED 310*) (winter)

Physical Education Major

The Physical Education major offers students extensive preparation in education courses leading to K-12 certification, as well as providing students with strong preparation in the liberal arts. Students in Physical Education learn how to communicate to students of varying ages, abilities, and backgrounds on the intellectual, physiological, and biomechanical concepts of physical activity. The Physical Education curriculum includes grades K-6 and grades 7-12. Methods courses required of all students, emphasizes the importance of understanding the role of family, community, and school in a student's educational experience, and of psychological and sociological factors that can influence learning. The directed teaching requirement provides students with the opportunity to gain practical teaching experience under the supervision of both K-12 and University faculty.

Students who complete the Physical Education program will receive a Bachelor of Science (B.S.) degree in Kinesiology and a Michigan Secondary Provisional Certificate (K-12). For further information about Physical Education Program requirements, admission procedures, and application deadlines, students should consult the Physical Education Chair within Kinesiology.

The School of Education Office of Student Services also assists students in applying to the program and reviewing Physical Education requirements. This office, along with the Kinesiology Office of Student Services and the Physical Education Chair are the three main sources of information and support for Physical Education students.

Physical Education Admission Criteria

Students apply to the Physical Education Teacher Certification program with a second-level application through the School of Education. Each applicant is evaluated on the basis of probable success in teaching and availability of places in the program. Students may apply as sophomores to begin the program as juniors.

The criteria for admission include:

- A minimum 2.5 overall grade point average with particular attention given to courses required for certification.
- Experience with children (120 documented hours, minimum) that indicates a desire to teach; for example, experience as a tutor, camp counselor, coach, teacher's aide, or participation in the University of Michigan's Project Community, Project Outreach, U-Go Girls, or KidSport.
- Three recommendations from people able to address the student's potential to succeed as a teacher. One letter must be from an instructor or teaching assistant at the University level from the area of study in which the applicant wishes to complete his or her major.
- A statement of personal goals, which should include the applicant's commitment to education as a career.
- Copies of transcript (unofficial), SAT, and/or ACT scores.
- Passing score on the Michigan Test for Teacher Certification (MTTC) Basic Skills Test.

Prior to application, students should have completed the following courses: English Composition (ENGLISH 125), Introduction to Psychology (PYSCH 111), and Public and Small Group Communication (SM 101). In addition, students should have made progress toward the Humanities, Natural Science, and Social Science Distribution Requirement as well as toward the major and minor requirements.

Physical Education Admission Procedures

Students who wish teacher certification must formally apply to the University of Michigan Teacher Certification Program administered by the School of Education. Formal application to the certification program should occur during the sophomore year. Students must have junior standing (a minimum of 54 credit hours) at the time of enrollment in the program. The application for admission to the Teacher Certification Program is obtained from and returned to the School of Education Office of Academic Services. Admission begins during fall term only. Consult with the Office of Academic Services in the School of Education for deadlines.

Students who are unable to meet the fall deadline (transfer students, post-degree students and others) should apply as soon as possible for consideration on a space-available basis. Consult the Physical Education Chair for further information.

Teaching certification candidates must also satisfactorily complete a certified minor program of study and complete a minimum of 130 credit hours. All students must have a minimum grade point average of 2.000 overall immediately prior to the term of directed teaching and at the time of graduation and/or the certificate recommendation. This is calculated using all University of Michigan courses which appear on a student's transcript.

